



Monday 08/31/2026	Tuesday 09/01/2026	Wednesday 09/02/2026	Thursday 09/03/2026	Friday 09/04/2026
Bulldog Period 8:00am - 8:35am	Bulldog Period 8:00am - 8:35am	Bulldog Period 8:00am - 8:35am	Bulldog Period 8:00am - 8:35am	Bulldog Period 8:00am - 8:35am
Stage Rehearsal 8:40am - 9:05am	PreK 8:40am - 9:05am Steady Beat	Stage Rehearsal 8:40am - 9:05am	PreK 8:40am - 9:05am Steady Beat	Stage Rehearsal 8:40am - 9:05am
2nd Grade 9:10am - 9:50am Steady Beat Review	Teaching / Learning Activities "Hello There" BoBo - So, Mi "Obeying the Rules" review - Quaver	2nd Grade 9:10am - 9:50am Steady Beat Review	Teaching / Learning Activities "Hello There" BoBo - So, Mi "Obeying the Rules" review - Quaver	4th Grade Choir 9:30am - 10:15am
Alabama CoS Standards Sing on pitch using good posture.	Introduction to steady beat - what has a beat? "Music Has A Steady Beat" song with movement - Quaver	Alabama CoS Standards Sing on pitch using good posture.	Introduction to steady beat - what has a beat? "Music Has A Steady Beat" song with movement - Quaver	5th Grade Choir 10:15am - 11:00am
3rd Grade 9:55am - 10:35am Star Spangled Banner	Introduction to body percussion. Students will pick a place to put the beat using body percussion and the "Copy Me" song (Copy me, copy me, everybody copy me, copy me copy, let's all copy me). Students will use body percussion to find the beat in classical music - Quaver	3rd Grade 9:55am - 10:35am Star Spangled Banner	Introduction to body percussion. Students will pick a place to put the beat using body percussion and the "Copy Me" song (Copy me, copy me, everybody copy me, copy me copy, let's all copy me). Students will use body percussion to find the beat in classical music - Quaver	Lunch 12:10pm - 12:35pm
Teaching / Learning Activities Musician of the Week: Whitney Houston - SSB Performance BoBo - So, Mi, La, Do Breath Support - Quaver breathing exercise History of SSB - MusicPlay SSB Definitions - MusicPlay SSB first verse - memorization Grateful Nation - first verse	Introduction to the stretchy band. Students will use the stretchy band to show steady beat. http://www.youtube.com/watch?v=6Z0p8t9oCSs "Goodbye, Farewell"	Teaching / Learning Activities Musician of the Week: Whitney Houston - SSB Performance BoBo - So, Mi, La, Do Breath Support - Quaver breathing exercise History of SSB - MusicPlay SSB Definitions - MusicPlay SSB first verse - memorization Grateful Nation - first verse	Introduction to the stretchy band. Students will use the stretchy band to show steady beat. http://www.youtube.com/watch?v=6Z0p8t9oCSs "Goodbye, Farewell"	Planning 12:40pm - 2:35pm
Alabama CoS Standards Demonstrate proper vocal technique by using pure head tone, good posture, and correct rhythm.	2nd Grade 9:10am - 9:50am	Alabama CoS Standards Demonstrate proper vocal technique by using pure head tone, good posture, and correct rhythm.	2nd Grade 9:10am - 9:50am	



4th Grade 10:40am - 11:20am
Beat/Rhythm Review
Teaching / Learning Activities
Musician of the Week: Dolly Parton BoBo - Review all solfege Review Steady Beat "Pass the Beat" - steady beat circle game Rhythm Duration Review - Whole, Half, Quarter, and Eighth Rhythm Flashcards - Musicplay "Lovely Day" - Rhythm play along with drumsticks: http://www.youtube.com/watch?v=5yg1vfYCAfw&t=1s Half Note Review and Echo - MusicPlay "Gimmie that Sunshine" - half note rhythm play along 16th note review "Sunroof" - Rhythm play along with drumsticks: http://www.youtube.com/watch?v=ohHf2RM1MbI&t=1s
Alabama CoS Standards
Perform rhythm patterns, including syncopation and eighth- and sixteenth-note combinations on various rhythm instruments.
Perform a varied repertoire of music using vocal technique, pure head tone, good diction, good posture,

Steady Beat Review
Alabama CoS Standards
Sing on pitch using good posture.
Bass/Gray 10:00am - 10:25am
Steady Beat - Under the Sea
Teaching / Learning Activities
"Hello, Hello" - Quaver "Under the Sea" from The Little Mermaid - steady beat with egg shakers "Slippery Fish" with hand movements - MusicPlay The Pout-Pout Fish by Deborah Diesen. Sing story while keeping steady beat. "The Goldfish" by Laurie Berkner - song with movement. Aquarium from Carnival of the Animals with scarves "Jellyfish, Jellyfish" with scarves - MusicPlay "Goodbye, Farewell" - Quaver
4th Grade 10:40am - 11:20am
Beat/Rhythm Review
Teaching / Learning Activities
Musician of the Week: Dolly Parton BoBo - Review all solfege Review Steady Beat

Planning 10:40am - 11:20am
5th Grade 11:25am - 12:05pm
Beat/Rhythm Review
Teaching / Learning Activities
Musician of the Week: Dolly Parton BoBo - Review all solfege Review Steady Beat "Pass the Beat" - steady beat circle game Rhythm Duration Review - Whole, Half, Quarter, and Eighth Rhythm Flashcards - Musicplay "Lovely Day" - Rhythm play along with drumsticks: http://www.youtube.com/watch?v=5yg1vfYCAfw&t=1s Half Note Review and Echo - MusicPlay "Gimmie that Sunshine" - half note rhythm play along 16th note review "Sunroof" - Rhythm play along with drumsticks: http://www.youtube.com/watch?v=ohHf2RM1MbI&t=1s
Alabama CoS Standards
Perform rhythm patterns, including syncopation and eighth- and sixteenth-note combinations on various rhythm instruments.
Perform a varied repertoire of music using vocal

Steady Beat Review
Alabama CoS Standards
Sing on pitch using good posture.
3rd Grade 9:55am - 10:35am
Star Spangled Banner
Teaching / Learning Activities
Musician of the Week: Whitney Houston - SSB Performance BoBo - So, Mi, La, Do Breath Support - Quaver breathing exercise History of SSB - MusicPlay SSB Definitions - MusicPlay SSB first verse - memorization Grateful Nation - first verse
Alabama CoS Standards
Demonstrate proper vocal technique by using pure head tone, good posture, and correct rhythm.
4th Grade 10:40am - 11:20am
Beat/Rhythm Review
Teaching / Learning Activities
Musician of the Week: Dolly Parton BoBo - Review all solfege Review Steady Beat



proper pitch and rhythm, and breath control.	"Pass the Beat" - steady beat circle game Rhythm Duration Review - Whole, Half, Quarter, and Eighth	technique, pure head tone, good diction, good posture, proper pitch and rhythm, and breath control.	"Pass the Beat" - steady beat circle game Rhythm Duration Review - Whole, Half, Quarter, and Eighth
5th Grade 11:25am - 12:05pm	Rhythm Flashcards -	Lunch 12:10pm - 12:35pm	Rhythm Flashcards -
Beat/Rhythm Review	Musicplay	1st Grade 12:40pm - 1:05pm	Musicplay
Teaching / Learning	"Lovely Day" - Rhythm play	Steady Beat Review	"Lovely Day" - Rhythm play
Activities	along with drumsticks:	Alabama CoS Standards	along with drumsticks:
Musician of the Week: Dolly	http://www.youtube.com/ watch?v=5yg1vfYCAfw&t=1s	Performing accompaniments	http://www.youtube.com/ watch?v=5yg1vfYCAfw&t=1s
BoBo - Review all solfege	Half Note Review and Echo	on pitched or nonpitched	Half Note Review and Echo
Review Steady Beat	- MusicPlay	percussion instruments	- MusicPlay
"Pass the Beat" - steady	"Gimmie that Sunshine" -	using a steady beat	"Gimmie that Sunshine" -
beat circle game	half note rhythm play along	1st Grade 1:10pm - 1:35pm	half note rhythm play along
Rhythm Duration Review -	16th note review	Steady Beat Review	16th note review
Whole, Half, Quarter, and	"Sunroof" - Rhythm play	Alabama CoS Standards	"Sunroof" - Rhythm play
Eighth	along with	Performing accompaniments	along with
Rhythm Flashcards -	drumsticks:	on pitched or nonpitched	drumsticks:
Musicplay	http://www.yout ube.com/ watch?v=ohHf2RM1MbI&t=	using a steady beat	http://www.yout ube.com/ watch?v=ohHf2RM1MbI&t=
"Lovely Day" - Rhythm play	ube.com/ watch?v=5yg1vfYCAfw&t=1s	Kindergarten 1:40pm -	1s
along with drumsticks:	Alabama CoS Standards	2:05pm	Alabama CoS Standards
http://www.youtube.com/ watch?v=5yg1vfYCAfw&t=1s	Perform rhythm patterns,	Steady Beat and Program	Perform rhythm patterns,
Half Note Review and Echo	including syncopation and	Introduction	including syncopation and
- MusicPlay	eighth- and sixteenth-note	Teaching / Learning	eighth- and sixteenth-note
"Gimmie that Sunshine" -	combinations on various	Activities	combinations on various
half note rhythm play along	rhythm instruments.	"Hello There"	rhythm instruments.
16th note review	Perform a varied repertoire	BoBo - So, Mi, La	Perform a varied repertoire
"Sunroof" - Rhythm play	of music using vocal	"Move to the Beat" by	of music using vocal
along with	technique, pure head tone,	Stephanie Leavell.	technique, pure head tone,
drumsticks:	good diction, good posture,	What is beat?	good diction, good posture,
http://www.yout ube.com/ watch?v=ohHf2RM1MbI&t=	proper pitch and rhythm,	http://www.youtube.com/ watch?v=1aEkD7BFhkM&list	proper pitch and rhythm,
1s	and breath control.	=RD1aEkD7BFhkM&start	and breath control.
Alabama CoS Standards	5th Grade 11:25am - 12:05pm	dio=1	Planning 11:25am - 12:05pm
Perform rhythm patterns,	Beat/Rhythm Review	"Music has a Steady Beat" -	Lunch 12:10pm - 12:35pm
including syncopation and	Teaching / Learning	Quaver song	1st Grade 12:40pm - 1:05pm
eighth- and sixteenth-note	Activities		Steady Beat Review
combinations on various	Musician of the Week: Dolly		
rhythm instruments.			
Perform a varied repertoire			



of music using vocal technique, pure head tone, good diction, good posture, proper pitch and rhythm, and breath control.
Lunch 12:10pm - 12:35pm
1st Grade 12:40pm - 1:05pm
Steady Beat Review
Alabama CoS Standards Performing accompaniments on pitched or nonpitched percussion instruments using a steady beat
1st Grade 1:10pm - 1:35pm
Steady Beat Review
Alabama CoS Standards Performing accompaniments on pitched or nonpitched percussion instruments using a steady beat
Kindergarten 1:40pm - 2:05pm
Steady Beat and Program Introduction
Teaching / Learning Activities "Hello There" BoBo - So, Mi, La "Move to the Beat" by Stephanie Leavell. What is beat? http://www.youtube.com/watch?v=1aEkD7BFhkM&list=RD1aEkD7BFhkM&start_radio=1 "Music has a Steady Beat" -

Parton BoBo - Review all solfege Review Steady Beat "Pass the Beat" - steady beat circle game Rhythm Duration Review - Whole, Half, Quarter, and Eighth Rhythm Flashcards - Musicplay "Lovely Day" - Rhythm play along with drumsticks: http://www.youtube.com/watch?v=5yg1vfYCAfw&t=1s Half Note Review and Echo - MusicPlay "Gimmie that Sunshine" - half note rhythm play along 16th note review "Sunroof" - Rhythm play along with drumsticks: http://www.youtube.com/watch?v=ohHf2RM1MbI&t=1s
Alabama CoS Standards Perform rhythm patterns, including syncopation and eighth- and sixteenth-note combinations on various rhythm instruments. Perform a varied repertoire of music using vocal technique, pure head tone, good diction, good posture, proper pitch and rhythm, and breath control.
Lunch 12:10pm - 12:35pm
1st Grade 12:40pm - 1:05pm

Beat or No Beat - Quaver Introduction to Body Percussion Silly Cat Steady Beat using body percussion - http://www.youtube.com/watch?v=YEpvGVTjhww Sir Duke - Steady beat with body percussion "Bounce, Bounce" - Steady beat song with stretchy band
Alabama CoS Standards Memorizing songs Recognizing the presence or absence of a steady beat
Kindergarten 2:10pm - 2:35pm
Steady Beat and Program Introduction
Teaching / Learning Activities "Hello There" BoBo - So, Mi, La "Move to the Beat" by Stephanie Leavell. What is beat? http://www.youtube.com/watch?v=1aEkD7BFhkM&list=RD1aEkD7BFhkM&start_radio=1 "Music has a Steady Beat" - Quaver song Beat or No Beat - Quaver Introduction to Body Percussion Silly Cat Steady Beat using body percussion -

Alabama CoS Standards Performing accompaniments on pitched or nonpitched percussion instruments using a steady beat
1st Grade 1:10pm - 1:35pm
Steady Beat Review
Alabama CoS Standards Performing accompaniments on pitched or nonpitched percussion instruments using a steady beat
Kindergarten 1:40pm - 2:05pm
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Teaching / Learning Activities "Hello There" BoBo - So, Mi, La "Move to the Beat" by Stephanie Leavell. What is beat? http://www.youtube.com/watch?v=1aEkD7BFhkM&list=RD1aEkD7BFhkM&start_radio=1 "Music has a Steady Beat" - Quaver song Beat or No Beat - Quaver Introduction to Body Percussion Silly Cat Steady Beat using body percussion - http://www.youtube.com/watch?v=YEpvGVTjhww Sir Duke - Steady beat with body percussion



Quaver song Beat or No Beat - Quaver Introduction to Body Percussion Silly Cat Steady Beat using body percussion - http://www.youtube.com/watch?v=YEpvGVTjhww Sir Duke - Steady beat with body percussion "Bounce, Bounce" - Steady beat song with stretchy band
Alabama CoS Standards Memorizing songs Recognizing the presence or absence of a steady beat

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Steady Beat Review
Alabama CoS Standards Performing accompaniments on pitched or nonpitched percussion instruments using a steady beat

Planning 1:10pm - 1:35pm

Kindergarten 1:40pm - 2:05pm

Steady Beat and Program Introduction
Teaching / Learning Activities "Hello There" BoBo - So, Mi, La "Move to the Beat" by Stephanie Leavell. What is beat? http://www.youtube.com/watch?v=1aEkD7BFhkM&list=RD1aEkD7BFhkM&start_radio=1 "Music has a Steady Beat" - Quaver song Beat or No Beat - Quaver Introduction to Body Percussion Silly Cat Steady Beat using body percussion - http://www.youtube.com/watch?v=YEpvGVTjhww Sir Duke - Steady beat with body percussion "Bounce, Bounce" - Steady beat song with stretchy band
Alabama CoS Standards Memorizing songs

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Alabama CoS Standards Memorizing songs Recognizing the presence or absence of a steady beat
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"Bounce, Bounce" - Steady beat song with stretchy band
Alabama CoS Standards Memorizing songs Recognizing the presence or absence of a steady beat

Kindergarten 2:10pm - 2:35pm

Steady Beat and Program Introduction
Teaching / Learning Activities "Hello There" BoBo - So, Mi, La "Move to the Beat" by Stephanie Leavell. What is beat? http://www.youtube.com/watch?v=1aEkD7BFhkM&list=RD1aEkD7BFhkM&start_radio=1 "Music has a Steady Beat" - Quaver song Beat or No Beat - Quaver Introduction to Body Percussion Silly Cat Steady Beat using body percussion - http://www.youtube.com/watch?v=YEpvGVTjhww Sir Duke - Steady beat with body percussion "Bounce, Bounce" - Steady beat song with stretchy band
Alabama CoS Standards



body percussion -
<http://www.youtube.com/watch?v=YEpvGVTjhww>

Sir Duke - Steady beat with body percussion
"Bounce, Bounce" - Steady beat song with stretchy band

Alabama CoS Standards
Recognizing the presence or absence of a steady beat
Memorizing songs

Recognizing the presence or absence of a steady beat

Kindergarten 2:10pm - 2:35pm

Steady Beat and Program Introduction

Teaching / Learning Activities

"Hello There"

BoBo - So, Mi, La

"Move to the Beat" by Stephanie Leavell.

What is beat?

http://www.youtube.com/watch?v=1aEkD7BFhkM&list=RD1aEkD7BFhkM&start_radio=1

"Music has a Steady Beat" - Quaver song
Beat or No Beat - Quaver
Introduction to Body Percussion

Silly Cat Steady Beat using body percussion -

<http://www.youtube.com/watch?v=YEpvGVTjhww>

Sir Duke - Steady beat with body percussion

"Bounce, Bounce" - Steady beat song with stretchy band

Alabama CoS Standards
Memorizing songs
Recognizing the presence or absence of a steady beat

Memorizing songs
Recognizing the presence or absence of a steady beat