



**Sierra Charter School
RETURN TO WORK TOOLKIT:
COVID-19 Safety Plan**

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INTRODUCTION: PURPOSE, SCOPE AND RESPONSIBILITIES

Sierra Charter School (SCS) is committed to maintaining a safe work environment that continues to reflect guidance from federal, state, and local public health officials to mitigate the spread of COVID-19. For the first time in over 100 years, we found ourselves developing new processes with the goal of protecting staff, students, parents and members of the public. While testing and vaccines are widely available, we must continue to practice strategies to decrease the spread of COVID-19. Together, our actions contribute to the wellness of our schools and community as a whole and protect the most fragile and high-risk individuals around us.

This Return-to-Work Toolkit is designed to set forth standards and protocols for the safety and well-being of SCS employees, students and any other persons accessing the school campus. Its contents are to be implemented school-wide. SCS is responsible to provide systems to support compliance and strategies to promote employee safety, including strategies to mitigate the spread of COVID-19.

This document serves as the SCS COVID-19 Safety Plan (CSP) and Cal/OSHA COVID-19 Prevention Program (CPP). This document was developed with the most current information known at the time and may be amended as guidance from federal, state and local agencies change.

When you have COVID-19 related questions, contact one of the following SCS Administrators:

Lisa Marasco, Principal/CEO, lmarasco@sierracharter.org
(559) 476-3401 work, (559) 285-1676 cell

Sherry lida, Business Director/CFO, siida@sierracharter.org
(559) 476-3402 work, (559) 930-0959 cell

Dwayne Stewart, Assessment & Technology Director/CIO, dstewart@sierracharter.org
(559) 476-3403 work, (559) 706-5279 cell

All employees are expected to adhere to the standards and protocols contained in this document. All administrators are responsible to implement and enforce all aspects of this document.

DEFINITIONS

Asymptomatic testing: This testing can be used for surveillance, usually at a cadence of every 2 weeks or less frequently, to understand whether the school has a higher or lower rate of COVID-19 rates than the community, to guide decisions about safety for school administrators and to inform LHDs about in-school rates. Asymptomatic testing can also be used for screening, usually at a higher cadence (weekly or twice weekly) than surveillance testing to identify asymptomatic or pre-symptomatic cases, in order to exclude cases that might otherwise contribute to in-school transmission. Screening testing is indicated for situations associated with higher risk (higher community transmission, individuals at higher risk of transmission (e.g., adults and high school students transmit more effectively than elementary aged students).

Close Contact*: A person within six feet for more than 15 minutes (cumulative per day) regardless of whether person(s) is wearing a mask.

Common area: Common areas include all areas of the building accessed by the public or staff members for shared purposes, including lobbies and waiting areas, meeting rooms, hallways and restrooms and break rooms.

Contact Tracing¹: Contact tracing is a process used by the public health department to slow the spread of infectious disease. A contact tracer helps identify people who may have had close contact with a COVID-19 positive patient and gives close contacts information on how to get care and treatment, and how to self-isolate, if needed.

Cohort²: A stable group of no more than 14 children or youth and no more than two supervising adults (or a configuration of no more than 16 individuals total in the cohort) in a supervised environment in which supervising adults and children stay together for all activities (e.g., meals, recreation, etc.), and avoid contact with people outside of their group in the setting.

Hybrid Model (also known as Blended Learning Model): When a portion of the school's student population attends in-person while the other portion is engaged in a distance learning model. Students are rotated between in-person and distance learning models.

Isolation*: Separates infected people who have a confirmed COVID-19 test from others. Symptomatic COVID-19 positive individuals must isolate for a minimum of 10 days from onset of symptoms and at least one day without fever and an improvement in respiratory symptoms. Asymptomatic COVID-19 positive individuals must isolate for 10 days from test collection date.

Index Case*: a person with a positive COVID-19 test.

Physical distancing: According to the CDC, physical distancing means keeping space between yourself and other people outside of your home by staying at least six feet (about two arm's length) from other people and staying out of crowded places and avoiding mass gatherings. Also known as Social Distancing.

¹Definition was retrieved from, Centers for Disease Control and Prevention (2020). *Contact tracing*. Retrieved from: <https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/contact-tracing.html>.

²Definition was retrieved from, California Department of Public Health (2020). *Guidance for small cohorts/groups of children and youth*. Retrieved from: <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/small-groups-child-youth.aspx>.

* Definition was retrieved from, Fresno County Department of Public Health (2020). *Return to school: A guide to responding to COVID-19 cases in k-12 school settings*. Retrieved from: <https://www.co.fresno.ca.us/Home/ShowDocument?id=49500>.

Fully Vaccinated: People are considered fully vaccinated for COVID-19 when it is two weeks or more after they have received the second dose in a 2-dose series (Pfizer-BioNTech or Moderna), or two weeks or more after they have received a single-dose vaccine (Johnson and Johnson [J&J]/Janssen).

Not Fully Vaccinated: People are considered not fully vaccinated for COVID-19 if they do not meet the requirements defined as a fully vaccinated person, regardless of their age. See Fully Vaccinated definition.

Outbreak: According to CalOSHA, three (3) or more COVID-19 cases in an “exposed workplace” within a 14-day period or identified as an outbreak by a local health department. According to FCDPH, two or more positive COVID-19 cases in a classroom or three positive COVID-19 cases within a school.

Quarantine*: Separates individuals who are close contacts of a confirmed COVID-19 positive case but who are not yet ill. Refer to the “Return to Work/School After illness Protocol: Students and Staff” section of this toolkit for quarantine/isolation periods.

Response testing: This testing is used to identify positive individuals once a case has been identified in a given stable group. Response-based testing can be provided for symptomatic individuals or for asymptomatic individuals with known or suspected exposure to an individual infected with SARS-CoV-2.

Social Distancing: *See Physical distancing.

Stable Groups³: A stable group is a group with fixed membership that stays together without mixing with any other groups for any activities.

Surveillance Testing: *See Asymptomatic Testing.

Symptomatic Testing: This testing is used for individuals with symptoms of COVID-19 at school. In this situation, the school guidance requires that these individuals stay home and isolate in case they are infectious. The Guidance includes the possibility of return to school in the case of a negative test for SARS-CoV-2 and 24 hours after fever is resolved and symptoms are improving.

10/1 Rule*: Current CDC guidelines state that the index case must self-isolate for at least 10 days from the date symptom began (for symptomatic patients) OR at least 10 days from the day the positive test was collected, PLUS one day with no symptoms without the use of medications. If index case has serious underlying medical conditions, contact FCDPH for consultation regarding isolation period.

³ Definition was retrieved from, *COVID-19 and Reopening In-Person Instruction Framework & Public Health Guidance for K-12 Schools in California 2020-2021 School Year*, January 14, 2021.

PROTECTION GUIDELINES

Purpose: To identify the employer and employee responsibilities to maintain a safe work environment for staff and students.

Employer Responsibilities:

- Extend grace and civility to all those you interact with while in the workplace
- Implement daily self-monitoring health screening processes for staff and students
- Provide PPE (including N95 for unvaccinated employees for voluntary use) and cleaning supplies for employees
- Post additional signage throughout buildings and classrooms to raise awareness regarding health and safety protocols
- Ensure routine cleaning of frequently touched surfaces
- Identify and evaluate COVID-19 hazards and investigate, respond, and correct these hazards in the workplace
- When required, have COVID-19 testing available for staff and students

Employee Responsibilities:

- Extend grace and civility to all those you interact with while in the workplace
- Self-certify your health daily (See Health Screening Self-Certification Protocol)
- When required, wear face covering in accordance with the Facial Covering Protocol
- Wash hands often with soap and water for at least 20 seconds, especially after going to the bathroom, before eating and after blowing your nose, coughing or sneezing; if soap and water are not available, use an alcohol-based (60% or higher) hand sanitizer
- Avoid touching eyes, nose and mouth with unwashed hands
- If you are ill, stay home, except to get medical care, utilize your leave entitlements and return to work when symptom-free (See Return to Work/School After Illness Protocol)
- Cover your cough with a tissue or cough into your sleeve; throw tissue in the trash after use and thoroughly wash hands
- Maintain a clutter-free work surface and workstation for efficient and regular cleaning

COVID-19 TESTING

Purpose: SCS is committed to the safety and well-being of our staff, students, and community. Therefore, SCS is in the process of establishing a testing process on campus that will be conducting symptomatic, response, and/or surveillance COVID-19 testing in consultation with local public health officials to monitor the prevalence of COVID-19 on campus and meet regulatory requirements.

Testing Information

Who: SCS employees on a voluntary basis.

What: A self-administered COVID-19 nasal swab test. (This test involves inserting a cotton swab one inch into each nostril. Detailed instructions on how to self-administer the nasal swab test will be given at the time of testing.)

Where: SCS School Nurse's office or other designated room.

When: Surveillance testing will be offered weekly, and participation is voluntary. If an employee is symptomatic or was exposed to a COVID-19 positive person, testing is available on an as-needed basis.

How: SCS will coordinate COVID-19 testing with a SCS-selected laboratory.

What is the cost?

There will be no charge to the SCS employee.

Fully vaccinated employees are exempt from surveillance testing, but may participate. Students or staff who have tested positive for active infection with SARS-CoV-2 virus within the last 90 days are exempt from asymptomatic testing. Any school currently open is subject to the minimum testing requirement standards established by Cal/OSHA. These standards include response testing for exposed cases and outbreak testing for everyone weekly until no longer considered an outbreak.

VACCINATIONS

SCS recognizes that vaccination is effective at preventing COVID-19, protecting against both transmission and serious illness or death. Vaccinations are free to anyone who would like to receive them. To learn more about the different vaccinations available, go the Fresno County Department of Public Health website: <https://www.co.fresno.ca.us/departments/public-health/covid-19/covid-19-vaccine-information>. To find a vaccination clinic and to schedule an appointment, go to www.myturn.ca.gov

To comply with CalOSHA standards, SCS is required to document the vaccination status of employees. Therefore, SCS employees will notify administration and submit a copy of completed vaccination record.

CRITERIA FOR CLASSROOM/SCHOOL CLOSURE

The Fresno County Department of Public Health (FCDPH) considers an outbreak two or more positive COVID-19 cases in a classroom or three positive COVID-19 cases within a school. School administration and FCDPH will consult about classroom and/or school closures. The decision to close a classroom or school will be made by the Fresno County Health Officer on a case-by-case basis.

The specific criteria are outline by the FCDPH which can be found here: <https://www.co.fresno.ca.us/Home/ShowDocument?id=49500>

HEALTH SCREENING SELF-CERTIFICATION PROTOCOL

Purpose: SCS encourages employees, students and visitors to self-certify their health prior to entering the school campus as a preventive measure to mitigate the spread COVID-19 and to promote good health.

EMPLOYEE HEALTH SCREENING

On a daily basis, all SCS employees should be mindful of the following symptoms prior to coming to work:

1. Fever and/or chills (100.4 degrees or higher)
2. A new or worsening cough
3. Shortness of breath
4. Loss of taste and/or smell
5. Congestion and/or runny nose
6. Sore throat
7. Fatigue
8. Muscle and/or body aches
9. Headache
10. Nausea/vomiting and/or diarrhea
11. Exposure to COVID-19 in the past 14 days

- **If symptoms are secondary to an underlying disease(s) or condition(s), such as allergies, asthma, migraine headaches, or dietary concern(s), and have not worsened compared to baseline, then the employee can continue to work and follow precautions as stated above.**
- If you have new or worsening symptoms, stay home and contact a SCS administrator.

STUDENT SCREENING

On a daily basis, Parents/Guardians should be mindful of the following symptoms prior to sending their child to school:

1. Fever and/or chills (100.4 degrees or higher)
2. A new or worsening cough
3. Shortness of breath
4. Loss of taste or smell
5. Congestion and/or runny nose
6. Sore throat
7. Fatigue
8. Muscle and/or body aches
9. Headache
10. Nausea/vomiting and/or diarrhea
11. Exposure to COVID-19 in the past 14 days

- If the parent/guardian answers “no” to all questions, they can allow their child to come to school.

- If the parent/guardian answers “yes” to any of the questions, they will need to stay home and consult with their doctor and report illness to the student’s teacher.

When the student does not appear to be well or states they do not feel well during the school day, the student will be evaluated by a school nurse/designated staff member.

PARENT OR VISITOR SCREENING

Parents and Visitors should be mindful of the following symptoms prior to entering the campus:

1. A fever and/or chill (100.4 degrees or higher)
2. A new or worsening cough
3. Shortness of breath
4. Loss of taste or smell
5. Congestion and/or runny nose
6. Sore throat
7. Fatigue
8. Muscle and/or body aches
9. Headache
10. Nausea/vomiting and/or diarrhea
11. Exposure to COVID-19 in the past 14 days

Visitors should reschedule appointments if experiencing any of the above symptoms.

RETURN TO WORK/SCHOOL AFTER ILLNESS PROTOCOL: STUDENTS & STAFF

Purpose: To provide guidance on when to allow a student to return back to school and an employee to return back to work after showing signs of a fever and respiratory illness.

CRITERIA FOR RETURN TO WORK/SCHOOL AFTER FEVER OR ILLNESS

Staff and students may return to work/school when the following criteria is met:

1. At least 24 hours have passed since resolution of fever without the use of fever-reducing medications; and
2. Other symptoms have improved

Staff members or students should have a negative test for SARS-CoV-2, OR healthcare provider documentation that symptoms are typical of the staff member’s or student’s underlying chronic condition (e.g., allergies or asthma) OR healthcare provider confirmation of an alternative named diagnosis (e.g., Streptococcal pharyngitis, Coxsackie virus).

CRITERIA FOR RETURN TO WORK/SCHOOL AFTER CONFIRMED POSITIVE COVID-19 TEST

In accordance with the Fresno County Department of Public Health (FCDPH), students and staff may return to work/school after a positive COVID-19 test, as soon as the following criteria is met:

- If tested positive for COVID-19 and ASYMPTOMATIC, they can return to work/school:
 - **Time-based strategy.** Can return to work if:
 - 10 days have passed since the date of their first positive COVID-19 diagnostic test, assuming they have not subsequently developed symptoms since their positive test. If they develop symptoms, then the symptom-based (and in some special cases test-based strategy in consultation with physician/infectious disease specialist) should be used.
 - **Time-based strategy for severely immunocompromised.** Can return to work if:
 - 20 days have passed since the date of their first positive COVID-19 diagnostic test, assuming they have not subsequently developed symptoms since their positive test. If they develop symptoms, then the symptom-based (and in some special cases test-based strategy in consultation with physician/infectious disease specialist) should be used.
- Tested positive for COVID-19 and SYMPTOMATIC, they can return to school/work:
 - Symptom-based strategy. Can return to work if:
 - At least 10 days have passed since symptoms first appeared and at least 1 day (24 hours) have passed since last fever without the use of fever-reducing medications and
 - Other symptoms (e.g., cough, shortness of breath, body aches, etc.) have improved.
 - **Symptom-based strategy for severe to critical illness or who are severely immunocompromised.** Can return to work if:
 - At least 20 days have passed since symptoms first appeared, and
 - At least 1 day (24 hours) have passed since last fever without the use of fever-reducing medications, and
 - Other symptoms (e.g., cough, shortness of breath, body aches, etc.) have improved.

CRITERIA FOR RETURN TO WORK/SCHOOL AFTER EXPOSURE TO A CONFIRMED POSITIVE COVID-19 PERSON

Fully vaccinated persons (staff and students) do not need to quarantine if exposed to a confirmed positive COVID-19 case. Fully vaccinated persons who were exposed to a confirmed positive COVID-19 case should continue to self-monitor for symptoms and stay home if symptoms develop.

Not fully vaccinated staff members who are asymptomatic close contacts may discontinue quarantine after Day 10 from the date of last exposure without testing. If close contact develops symptoms, the close contact will need to isolate for 10 days from the start of symptoms. See *Criteria for Return to Work/School After a Confirmed Positive COVID-19 Test* above for guidance.

Not fully vaccinated students exposed to a COVID-19 positive while indoors, and both the not fully vaccinated student and the positive student or staff are MASKED, the exposed student can use a MODIFIED 10-DAY QUARANTINE. These students may remain in school if they:

- Are asymptomatic
- Continue to appropriately mask, as required
- Undergo at least twice weekly testing during the 10-day quarantine

- Continue to quarantine for all extracurricular activities at school, including sports, and activities within the community setting.

Not fully vaccinated students exposed to a COVID-19 positive while indoors, and both or either of the persons are UNMASKED, the not fully vaccinated student must:

- Quarantine can end after Day 10 from the date of last exposure without testing OR
- Quarantine can end after Day 7 if a diagnostic specimen is collected after Day 5 from the date of last exposure and tests negative.
- The student released from quarantine earlier than 14 days from the day exposed, asymptomatic close contacts will need to continue daily self-monitoring for symptoms and wear masks as required through day 14

NOTE: If any quarantine student becomes symptomatic, they must follow the guidelines outlined in “Criteria for Return to work/School After Illness” section above before returning to school.

ROLE OF SCHOOL NURSE AND/OR CONTACT TRACER

Once alerted to a fever or respiratory illness in a student or staff, a member of the school nurse or contact tracer should communicate with the individual to obtain information about onset of symptoms, specific symptoms and any other pertinent information regarding the illness.

- School nurse or contact tracer should call student or staff daily to check on symptoms and to offer support to the ill individual.
- Once ill individual meets criteria listed above, the school nurse/designee will clear the student or staff member to return to work/school.

FACE COVERING PROTOCOL

Purpose: The following shall be the protocol for wearing a face covering while on campus as a measure to mitigate the spread of COVID-19.

“Face covering” means a surgical mask, a medical procedure mask, a respirator worn voluntarily, or a tightly woven fabric or non-woven material of at least two layers. A face covering has no visible holes or openings and must cover the nose and mouth. A face covering does not include a scarf, ski mask, balaclava, bandana, turtleneck, collar, or single layer of fabric.



NOTE: You may wear a face shield in accordance with the picture to the right. To comply with cloth drape, employee shall tape a paper towel to the bottom of the face shield and replace paper towel on a daily basis.

Employees who are not fully vaccinated have the right to request an N95 respirator for voluntary use. SCS will provide the respirator at no cost to employees and instructions on how to properly fit and wear the respirator. If employee does not request an N95 respirator, they must wear an approved face covering as defined above.

SCS Staff

In response to the Fresno County Department of Public Health’s July 16, 2021, strong recommendation to wear face coverings again in all public indoor settings, regardless of vaccination status. **When on**

the SCS campus, face coverings must be worn in all SCS buildings when not alone in a room. Employees may remove face coverings when alone in a room. Face coverings must be readily accessible and donned in the event any other person enters employee workspaces, and when travelling through all buildings.

Face coverings may be removed when outdoors. Employees should consider wearing a face covering outdoors when in crowded areas.

SCS Students

Students must wear face coverings in compliance with the school's protocol, and in accordance with the California Department of Public Health Return to School Guidance.

SCS Parents & Visitors

Parents and visitors must wear a face covering when entering and moving around the campus. Face coverings may be removed when alone in a room.

PHYSICAL DISTANCING PROTOCOL: IN THE SCHOOL SETTING

Purpose: To provide guidance to staff on best practices for physical distancing in the school setting.

Classrooms

- The California Department of Public Health Return to School Guidance, dated July 12, 2021 removes the requirement for physical distancing student to student in the classroom setting as long as masking is implemented at the school. If possible, three feet is recommended. Also, seating charts are required in all classrooms.
- In compliance with CalOSHA regulations, all staff shall remain six feet apart from any other staff member, student, parent or visitor.

CLEANING AND DISINFECTING PROTOCOL

Purpose: To provide information on cleaning and disinfecting efforts during the COVID- 19 pandemic.

On April 5, 2021, the CDC updated its guidance on cleaning and disinfecting a facility. The CDC found that the risk for people to become infected if they touch surfaces the virus has landed on and then touch their nose, mouth, or eyes is low. Additionally, the guidance states that cleaning with soap and water at least once a day is generally sufficient. More frequent cleaning may be needed when a space is used by those who may not consistently wear masks, wash hands, or cover coughs and sneezes.

In all buildings high-touch surfaces in common areas will be disinfected once per day. Staff may utilize cleaning supplies that will be provided at stations around the buildings to clean computers, monitors, mouse and keyboards and personal workspaces. In the school setting, staff will be provided disinfecting and cleaning supplies as appropriate.

Only approved Environmental Product Agency (EPA) products will be used to disinfect. The list of EPA-approved products can be found [here](#). Products that do not require EPA registration may be used.

All product label instructions shall be followed by anyone using a disinfecting product, paying attention to appropriate Personal Protective Equipment (PPE) and required product dwell time to effectively disinfect.

DISINFECTING AFTER A CONFIRMED COVID-19 CASE

After identification of a confirmed COVID-19 positive case in an office or school setting within the previous 24 hours, cleaning and disinfecting of the spaces where the case spent significant time will be arranged. In accordance with the *COVID-19 and Reopening In-Person Instruction Framework & Public Health Guidance for K-12 Schools in California, 2020-2021 School Year dated January 14, 2021*, this will be done after staff and students have left for the day. The space does not need to be closed to staff and students prior to the cleaning and disinfection.

Should the Fresno County Department of Public Health (FCDPH) or FCSS staff become aware that an outbreak may be underway, SCS will consult with the FCDPH on the need for additional cleaning and disinfecting.

ENGINEERING CONTROLS AND VENTILATION

In order to maintain adequate ventilation and air quality in schools and offices, the SCS has taken the following actions:

- Encouraged staff to open windows and doors as appropriate and safe
- Contracted with a qualified heating ventilation and air conditioning (HVAC) company to ensure that all units are operating optimally and provide adequate fresh air ventilation
- Changed HVAC system filters to minimum efficiency rating value (MERV) 8 wherever possible
- Provided each classroom, buildings and offices with a portable high-efficiency air filtration unit

SCS EMPLOYEE AND STUDENT COVID-19 EXPOSURE RESPONSE PLAN

Purpose: SCS recognizes the importance of responding quickly and appropriately to possible or confirmed COVID-19 exposure to an SCS employee or student. Therefore, the SCS has created the following employee and student exposure response plan and flowcharts.

PROCESS FOR EMPLOYEES TO REPORT COVID-19 RELATED ILLNESS

Purpose: SCS has established a ***First Notice Reporting*** process to ensure all employees report a COVID-19 Related Illness in a consistent, timely manner.

Employees are expected to report a COVID-19 Related Illness to SCS when:

- You have experienced COVID-19 related symptoms, **OR**
- You were alerted that you are considered a close contact to a positive COVID-19 case, **OR**
- You have tested positive for COVID-19, or after being identified as a close contact are awaiting COVID-19 test results.

Employees are expected to follow the steps as indicated below:

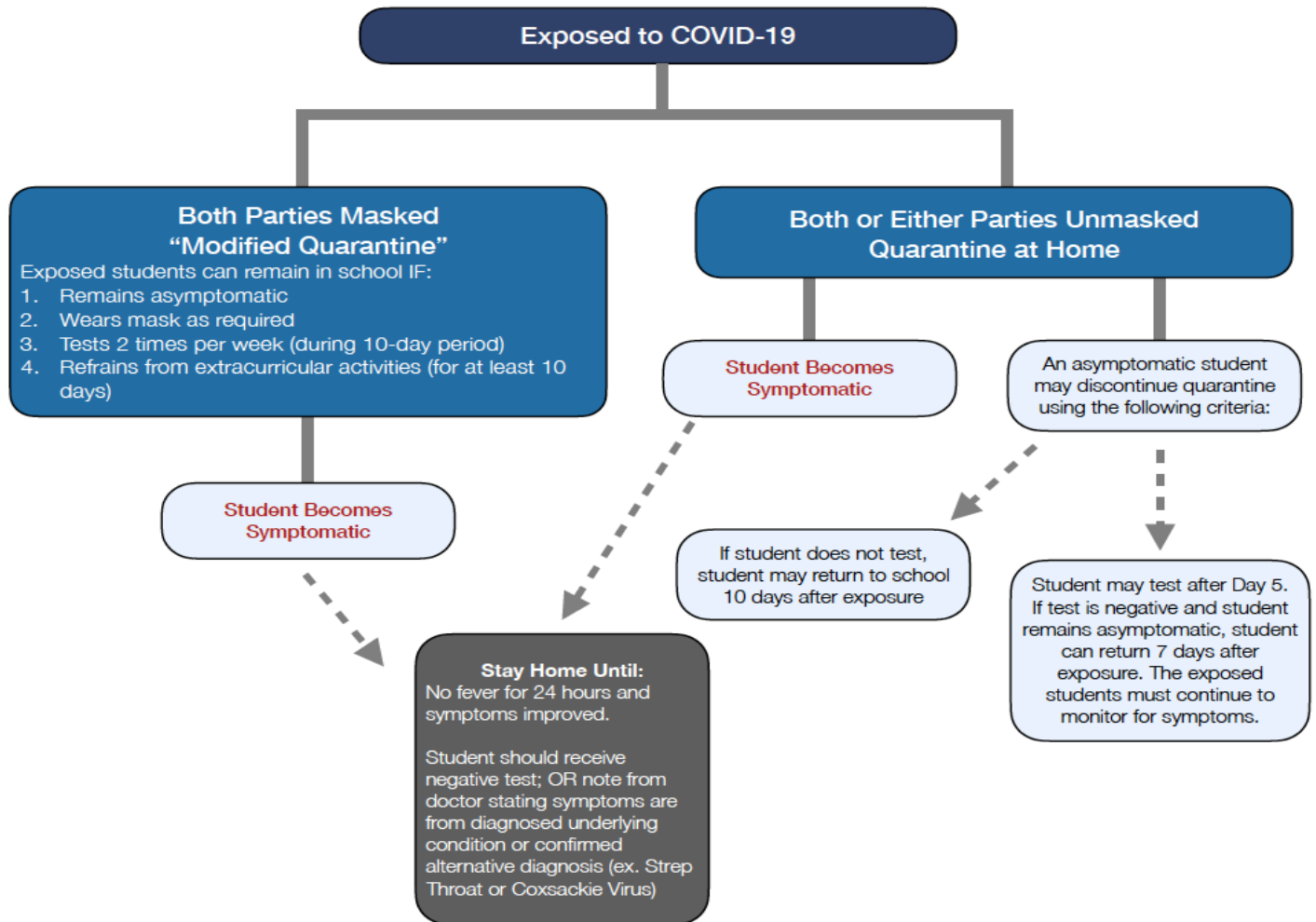
1. Promptly notify your SCS Administration that you are reporting a COVID-19 related illness.
2. Provide the following information when you email or call to ensure timely reporting:

- a. Name
- b. Reason for Report (*e.g., experiencing COVID-19 symptoms, close contact, tested positive for COVID-19, or awaiting COVID-19 test results*)
- c. Actual date you last worked in-person
- d. COVID-19 vaccination status

3. **Thank you!** We rely on your action to help mitigate the spread of COVID-19.

RETURN-TO-WORK/SCHOOL AFTER COVID-19 EXPOSURE NOT FULLY VACCINATED STUDENTS

Purpose: The Return-to-Work/School after COVID-19 Exposure for Not Fully Vaccinated Students was designed to demonstrate which quarantine timeline needs to be followed when a student is exposed to COVID-19.



Important Note: Fully vaccinated individuals DO NOT need to quarantine if exposed to a positive COVID-19 person, but should monitor themselves for COVID-19 symptoms.

SCS EMPLOYEES COVID-19 ILLNESS AND QUARANTINE GUIDELINES

SCS Employees COVID-19 Illness and Quarantine Guidelines

Report all cases to Administration (Lisa Marasco 559-285-1676 or Sherry Iida 559-930-0959 or Dwayne Stewart 559-706-5279)

Person A	Person B	Person C	Person D	Person E	Person F
<p>Any person who has tested positive for COVID-19 & confirmed with lab result.</p> <p>With symptoms: Isolation until the following requirements have been met: 10 days since symptoms first appeared, and 24 hours* (1 day) with no fever (without the use of fever-reducing medicine) and <u>Symptoms</u> have improved.</p> <p>*The 24 hours without fever may possibly occur within the 10 days of isolation, or after the 10 days.</p> <p>Without symptoms (asymptomatic): Isolate for 10 days from test date: Monitor self for symptoms, take temperature twice a day. Released from isolation after 10 days have passed as long as no symptoms have been present.</p>	<p>Any person who is solely symptomatic or who has tested for COVID-19 due to symptoms and waiting for lab results.</p> <p>With Symptoms: Isolation until the following requirements have been met: 24 hours* (1 day) with no fever (without the use of fever-reducing medicine) and <u>Symptoms</u> have improved.</p> <p>*Person B should test for SARS-CoV-2, OR consult with their healthcare provider. A note from their healthcare provider that has documentation that the symptoms are typical of their underlying chronic condition (e.g., allergies or asthma) OR a healthcare provider has confirmed an alternative named diagnosis (e.g., Streptococcal pharyngitis, Coxsackie virus), can clear employee to come back to work.</p>	<p>Any person who lives in the same household with Person A.</p> <p>If Person C is without symptoms (asymptomatic): Quarantine for 10 days following date of last exposure including complete separation from the person in your house with COVID-19.</p> <p>This means no contact, no time together in the same room, and no sharing of any space, such as same bathroom or bedroom.</p> <p>Quarantine to continue for 10 days after Person A completes isolation if unable to avoid exposure to Person A.</p> <p>*If Person C becomes symptomatic, contact <u>SCS Administration</u> for next steps.</p>	<p>Any person with close contact to Person A (greater than 15 minutes (cumulative per day), less than 6 feet distance).</p> <p>Quarantine immediately for 10 days** following date of last exposure</p> <p>Contact <u>SCS Administration</u> with any questions. Monitor self for symptoms, take temperature <u>twice a day</u>. Notify Primary Care Provider if symptoms develop.</p> <p>**If a healthcare worker is quarantined, the length of quarantine is reduced to 7 days with a negative test result after day 5.</p>	<p>Any person who has had exposure to Person C or D</p> <p>NO QUARANTINE OR ACTION REQUIRED unless:</p> <p>Person C or Person D develops symptoms OR tests positive, and Person E had contact within 14 days (timeline should start 2 days before Person C or Person D develops symptoms) then:</p> <p>Continue to self-certify your health on a daily basis. Contact Administration with questions regarding timing and exposure.</p>	<p>Any person who is fully vaccinated for COVID-19.</p> <p>Person F needs to continue to practice social distancing, masking, handwashing, etc.</p> <p>If Person F is exposed to COVID-19:</p> <p>If asymptomatic, no quarantine is needed.</p> <p>If symptomatic, COVID-19 testing and contacting primary physician is recommended. Employee may return to work when symptom-free.</p> <p>If Person F tests positive for COVID-19:</p> <p>Must isolate for 10 days and can return when symptom-free for 24 hours (1 day) with no fever (without the use of fever-reducing medicine).</p>
Recovered and Released					
<p>Definitions:</p> <ul style="list-style-type: none"> Isolation separates infected people with a contagious disease from people who are not sick. Quarantine separates and restricts the movement of people who were exposed to a contagious disease to see if they become sick. Close Contact a person within 6 feet for more than 15 minutes (cumulative per day), regardless of whether person(s) are wearing a mask, starting from 48 hours before the person began feeling sick. 					

Updated 07/19/2021

For more information on COVID-19, please refer to the Fresno County Department of Public Health website or call 559-600-3332

SCS STUDENTS COVID-19 ILLNESS AND QUARANTINE GUIDELINES

SCS Students COVID-19 Illness and Quarantine Guidelines

Report all cases to Administration (Lisa Marasco 559-285-1676 or Sherry Iida 559-930-0959 or Dwayne Stewart 559-706-5279)

Student A	Student B	Student C	Student D	Student E	Student F
<p>Any student who has tested positive for COVID-19 & confirmed with lab result.</p> <p>With symptoms: Isolation until the following requirements have been met: 10 days since symptoms first appeared, and 24 hours* (1 day) with no fever (without the use of fever-reducing medicine) and <u>Symptoms</u> have improved.</p> <p>*The 24 hours without fever may possibly occur within the 10 days of isolation, or after the 10 days.</p> <p>Without symptoms (asymptomatic): Isolate for 10 days from test date: Monitor self for symptoms, take temperature twice a day. Released from isolation after 10 days have passed as long as no symptoms have been present.</p>	<p>Any student who is solely symptomatic or who has tested for COVID-19 due to symptoms and waiting for lab results.</p> <p>With Symptoms: Isolation until the following requirements have been met: 24 hours* (1 day) with no fever (without the use of fever-reducing medicine) and <u>Symptoms</u> have improved.</p> <p>*Student B should test for SARS-CoV-2, OR consult with their healthcare provider. A note from their healthcare provider that has documentation that the symptoms are typical of their underlying chronic condition (e.g., allergies or asthma) OR a healthcare provider has confirmed an alternative named diagnosis (e.g., Streptococcal pharyngitis, Coxsackie virus), OR at least 10 days have passed since symptom onset.</p>	<p>Any student who lives in the same household with Student A.</p> <p>If Student C is without symptoms (asymptomatic): Quarantine for 10 days following date of last exposure including complete separation from the person in your house with COVID-19.</p> <p>This means no contact, no time together in the same room, and no sharing of any space, such as same bathroom or bedroom.</p> <p>Quarantine to continue for 10 days after Student A completes isolation if unable to avoid exposure to Student A.</p> <p>If Student C remains asymptomatic, they may discontinue quarantine under the following conditions: -Quarantine can end after Day 10 from the date of last exposure without testing. -Quarantine can end after Day 7 if a diagnostic specimen is collected after Day 5 from the date of last exposure and tests negative.</p> <p>If Student C becomes symptomatic, follow the instructions under Student B.</p>	<p>Any student with close contact to Person A (greater than 15 minutes (cumulative per day), less than 6 feet distance).</p> <p>If Student D is exposed and both Student D and the positive student were UNMASKED, Student D must quarantine. If Student D remains asymptomatic, they may discontinue quarantine under the following conditions: -Quarantine can end after Day 10 from the date of last exposure without testing. -Quarantine can end after Day 7 if a diagnostic specimen is collected after Day 5 from the date of last exposure and tests negative.</p> <p>If Student D is exposed and both students were Masked, Student D may enter a "Modified Quarantine." Students under a Modified Quarantine can continue to come to school under the following conditions: -Are asymptomatic -Continue to appropriately mask, as required -Undergo at least twice weekly testing during the 10-day quarantine, and -Continue to quarantine for all extracurricular activities at school, including sports and activities within the community setting.</p>	<p>Any student who has had exposure to Student B, C or D</p> <p>NO QUARANTINE OR ACTION REQUIRED Continue to self-certify your health on a daily basis.</p> <p>If Student B, C or D with whom Student E had exposure within 14 days test positive (timeline should start 2 days before Student B, C or D develops symptoms), then follow the instructions under Student D.</p>	<p>Any student who is fully vaccinated for COVID-19.</p> <p>Student F needs to continue to practice masking, handwashing, etc.</p> <p>If Student F is exposed to COVID-19:</p> <p>If asymptomatic, no quarantine is needed.</p> <p>If symptomatic, COVID-19 testing and contacting primary physician is recommended. Employee may return to school when symptom-free for 24 hours.</p> <p>If Student F tests positive for COVID-19:</p> <p>Must isolate for 10 days and can return when symptom-free for 24 hours (1 day) with no fever (without the use of fever-reducing medicine).</p>
Recovered and Released					
<p>Definitions:</p> <ul style="list-style-type: none"> Isolation separates infected people with a contagious disease from people who are not sick. Quarantine separates and restricts the movement of people who were exposed to a contagious disease to see if they become sick. Close Contact a person within 6 feet for more than 15 minutes (cumulative per day), regardless of whether person(s) are wearing a mask, starting from 48 hours before the person began feeling sick. 					

Updated 08/02/2021

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FREQUENTLY ASKED QUESTIONS

- 1. If I test positive for COVID-19, what do I do?**
Promptly notify your immediate supervisor and follow the *First Notice Reporting Steps*, indicated in this toolkit.
- 2. Do I need to quarantine for 10 days when I return from out-of-state or out of country travel?**
California Department of Public Health no longer has a COVID-19-related travel advisory. However, you should follow the CDC guidance when traveling.
- 3. I have a note from my doctor that states I cannot wear a mask. What should I do?**
Please bring in doctor's note and give to Administration.
- 4. Is COVID-19 PN/SB 95 available for me to use?**
Yes
- 5. Will I be expected to return to work if I have an underlying health condition?**
Yes, you will be expected to return to work unless you provide medical certification to Administration and they will determine if there is a reasonable accommodation.
- 6. I recovered from a COVID-19 infection and was recently exposed to another COVID-19 positive person, do I need to quarantine?**
Yes and No. Yes, when you are exposed after 3 months of your own infection; and no, when you are fully vaccinated.
- 7. As a supervisor, how can I encourage my team to engage in good infection-control practices?**
Lead by example.
- 8. If I am anxious about possible exposure, what should I do?**
Please discuss your concerns with Administration.
- 9. Do the SCS Return-to-Work Toolkit protocols need to be followed when working off site?**
Yes, when working on behalf of the SCS, employees are to comply with the protocols as set forth in the SCS Return-to-Work Toolkit.
- 10. I am exhibiting signs and symptoms of COVID-19. I went to my doctor for a COVID-19 test and it is negative. When can I return to work?**
You can return to work 24 hours after your symptoms resolve.
- 11. A person who was in an SCS classroom has tested positive for COVID-19. When can that classroom be used again?**
The classroom can continue to be used for the remainder of the school day and will be thoroughly disinfected at the end of the school day.
- 12. I have a fever and flu-like symptoms. How long must I isolate?**
If you have symptoms, you may return to work once the following criteria is met:

- a) At least 24 hours have passed since resolution of fever without the use of fever-reducing medications; and
- b) Other symptoms have improved; and
- c) It is recommended they have a negative test for SARS-CoV-2, OR a healthcare provider has provided documentation that the symptoms are typical of their underlying chronic condition (e.g., allergies or asthma) OR a healthcare provider has confirmed an alternative named diagnosis (e.g., Streptococcal pharyngitis, Coxsackie virus), OR at least 10 days have passed since symptom onset.

13. A person living in my household tests positive for COVID-19 and we are unable to isolate from each other. How long must I quarantine?

If you are fully vaccinated, you do not have to quarantine, but should still self-monitor for symptoms. If you are not vaccinated, and you are unable to isolate the positive person away from the rest of your household, you need to:

- Quarantine for 10 days (the length of the positive person’s isolation). Once the positive person’s isolation is complete, you can start your own quarantine. You can return to work when the following criteria is met:
 - If Person D remains asymptomatic, may discontinue self-quarantine under the following conditions:
 - Quarantine can end after Day 10 from the date of last exposure without testing
 - Quarantine can end after Day 7 if a diagnostic specimen is collected after Day 5 from the date of last exposure and tests negative.
 - To discontinue quarantine before 14 days following last known exposure, asymptomatic close contacts must:
 - Continue daily self-monitoring for symptoms through Day 14 from last known exposure; AND
 - Follow all recommended non-pharmaceutical interventions (e.g., wearing a mask when around others, hand washing, avoiding crowds) through Day 14 from last known exposure.

COVID-19 ADDITIONAL RESOURCES

[Centers for Disease Control and Prevention \(CDC\)](#)

[Fresno County Department of Public Health](#)

[California Department of Education](#)

[California Department of Public Health](#)

[Choosing Safer Activities](#)

[Tracking COVID-19 in California](#)

EMPLOYEE RETURN TO WORK TOOLKIT ACKNOWLEDGEMENT

Please certify you have read the SCS Return to Work Toolkit in its entirety by signing and dating this page and submit to Administration.

Print name: _____

Signature: _____

Date: _____