

# MAY 2022

## Alvord ISD - High School Menu

### Monday

Un crustable OR  
Cereal and String Cheese  
\*\*\*

2

Chile Verde Chicken Salad  
General Tso's & Rice  
Pepperoni Pizza

### Tuesday

Sausage Egg & Cheese Croissant  
OR Cereal & Toast  
\*\*\*

3

Cheese Pizza  
PBJ  
Cheese Enchiladas

### Wednesday

Tater Tot and Chicken Bowl  
OR Cereal and String Cheese  
\*\*\*

4

Pepperoni Pizza  
Green Chile Chicken Quesadilla  
Cowboy Grilled Cheese Sandwich  
Toasted Ham & Cheese

### Thursday

Breakfast Burrito OR  
Cereal and Toast  
\*\*\*

5

Meatza Pizza  
Crunchy Chicken Wrap  
Sloppy Joe sandwich

### Friday

Donut OR  
Cereal and String Cheese  
\*\*\*

6

Cheese Pizza  
Hot n Spicy Tyson Chicken Drumstick  
Chicken and Waffles

Mini French Toast OR  
Cereal and String Cheese  
\*\*\*

9

Cheese Pizza  
Corn Dogs  
Tangerine Chicken

Sausage Biscuit OR  
Cereal and Toast  
\*\*\*

10

Sausage Pizza  
Chicken Ranch Wrap  
Turkey Tacos

Scrambled Eggs, Bacon, Toast OR  
Cereal and Toast  
\*\*\*

11

Pepperoni Pizza  
Turkey Chef Salad w/ Twist  
Chili Cheese Dogs

Sausage, Egg and Cheese Taco OR  
Cereal and Toast  
\*\*\*

12

3 Pigs Pizza  
Hamburger/Cheeseburger  
Baked Ziti

Dutch Waffle OR Cereal and String  
Cheese  
\*\*\*

13

Pepperoni Pizza  
Frito Salad  
Chili & Cheese Chicken Crispito

Kolache OR  
Cereal and String Cheese  
\*\*\*

16

Pepperoni Pizza  
Taco MaxSnax  
Teriyaki Chicken with Noodles

Bacon, Egg, and Cheese Biscuit OR  
Cereal and Toast  
\*\*\*

17

Cheese Pizza  
Buffalo Chicken Wrap  
Chili and Cheese OR Chicken Na-  
chos

Pancake Sausage Sandwich OR  
Cereal and String Cheese  
\*\*\*

18

Pepperoni Pizza  
Cobb Salad  
Fried Chicken with Mac and Cheese

Ultimate Hashbrown Taco OR  
Cereal and Toast  
\*\*\*

19

Meatza Pizza  
Cheesy Chicken Over Rice  
Bacon Cheeseburger

Cinnamon Roll OR  
Cereal and String Cheese  
\*\*\*

20

Cheese Pizza  
Chicken Mega Nashville Hot  
Scrambled eggs, Pancakes, and  
Sausage

23

Honey Butter Chicken Biscuit OR  
Cereal and Toast  
\*\*\*

24

Sausage Pizza  
Bacon Turkey Ranch Wrap  
Build Your Own Burrito Bowl

Fruit and Yogurt Parfait OR  
Cereal and String Cheese  
\*\*\*

25

Pepperoni Pizza  
Chicken Caesar Salad  
CFS Patty  
Chicken Nuggets

Bacon, Egg and Cheese Taco OR  
Cereal and Toast  
\*\*\*

26

3 Pigs Pizza  
Hamburger/cheeseburger  
Italian Turkey Spaghetti

27

30

31

1% low fat unflavored milk and fat free flavored milk are available at breakfast and lunch daily.  
Fresh, dried or canned fruit and/or fruit juice is also available daily.  
Substitutions may sometimes need to be made with a nutritionally comparable menu item

Alvord ISD Students Receive Breakfast and Lunch at No Charge

This institution is an equal opportunity provider