SEPTEMBER 2026

Ridgeview Global Studies Academy

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
MENU SUBJECT		Bagel w/Cream Cheese	Donuts or Poptart	Cinn.Toast Neuf bar	Waffles or	
TO CHANGE!!		or Banana Loaf	Cheesestick	or Breakfast Sandwich	Cereal w/Grahams	
		Cheesestick	Fruit	Craisins	Cheesestick	
		Fruit/Juice	Juice	Fruit/Juice	Fruit/Juice	
		Milk	Milk	Milk	Milk	
6	7	8	9	10	11	12
	Pancakes or	Frudal or	Cinnamon Rolls or	Cereal or Cereal Bars	Cereal w/Grahams	
	Cereal Bar	Muffin	Poptart	Cheesestick	French Toast	
	Cheesestick	Cheesestick	Fruit/Juice	Juice	Cheesestick	
	Fruit/Juice	Fruit/Juice	Yogurt/Raisins	Fruit	Juice/Fruit	
	Milk	Milk	Milk	Milk	Milk	
13	14	15	16	17	18	19
	Pancakes or	Banana Bread or	Donuts or	Bagel w/cream cheese	Cereal w/Grahams	
	Cereal w/Grahams	Frudals	Poptart	or Muffins	or Cinn.Toast Neuf Bar	
	Cheesestick	Cheesestick	Cheesestick	Cheesestick	Cheesestick	
	Fruit/Juice	Fruit/Juice	Fruit/Juice	Fruit/Juice	Fruit/Juice	
	Milk	Milk	Milk	Milk	Milk	
20	21	22	23	24	25	26
	Pancakes or	Banana Bread or	Cinnamon Rolls or	Egg w/Croissant or	Cereal w/Grahams	
	Cereal w/graham cracker	Waffles	Poptart	Cereal Bars	or French toast	
	Cheesestick	Cheesestick	Yogurt/Raisins	Cheesestick	Cheesetick	
	Fruit/Juice	Fruit/Juice	Fruit/Juice	Fruit/Juice	Fruit/Juice	
	Milk	Milk	Milk	Milk	Milk	
27	28	29	30			
	Cereal w/graham cracker	Pancakes or Muffins	Cinnamon Rolls or			
	or Sausage Biscuit	Cheesestick	Poptart			
	Cheesestick	Fruit	Yogurt/Raisins			
	Fruit/Juice	Juice	Fruit			
	Milk	Milk	Milk			

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