

NEW MILFORD HIGH SCHOOL LUNCH MENU

JANUARY 2025

01/1-1/3

Monday

Tuesday

Wednesday

Thursday

Friday



All meals come with fat free or 1% milk and our Rainbow Fruit & Veggie Tray!

The Main Menu

Pasta of the Day & Pizza Oven Salad

Green Wave Grill

The Sandwich Board

Garden Greens & More



The Food Service Department is hiring part time workers and substitutes. Please call 860-354-3712 for more information.

Happy New Year
No School

2025
No School


No School

French Toast Sticks
Sausage Patties
Oven Potato Puffs

Bosco Sticks w/Marinara Sauce or Pizzeria Style Pizza (Plain, Pepperoni or veg)

Hot Dog on Whole Grain Roll
Oven Baked Fries

Chili w/Frito Topping
Garlic Knot
Buffalo Cauliflower

Pasta or Pizza

Cheeseburger Panini
Sweet Potato Fries

BOARS HEAD
Turkey, Ham, Buffalo Chicken, Italian Combo
Cheese: American, Provolone, Swiss, Pepperjack
Toppings: Lettuce, Tomato, Pickles, Banana Peppers, Onions, Olives

 Large or Small Chef Salad
Yogurt Fruit & Granola Parfait, Hummus Plate
Weekly Special:
Chicken Caesar Wrap
Harvest Salad



JANUARY 2025

01/06-01/10



All meals come with fat free or 1% milk and our Rainbow Fruit & Veggie Tray!

Monday

Tuesday

Wednesday

Thursday

Friday

The Main Menu

Baked Chicken Nuggets
Quinoa
Diced Carrots

Taco Bowl

Cheese Quesadilla w/Salsa & Sour Cream
Refried Beans

Mashed Potato Bowl w/Whole Grain Dinner Roll

Baked Potato w/Cheese Sauce & Broccoli
Warm Garlic Knot

Pasta of the Day & Pizza Oven Salad

Macaroni + Cheese w/Whole Grain Dinner Roll or Stuffed Crust Pizza

Pasta w/Meatballs or Pizzeria Style Pizza

Chicken Parm w/Side of Pasta or Garlic French Bread Pizza

Bosco Sticks w/Marinara Sauce or Buffalo Chicken Pizza

Pasta or Pizza

Green Wave Grill

Rodeo Burger
Oven Potato Wedges

Grilled Cheese
Cup of Soup

Spicy Chicken Patty on Whole Grain Bun w/Lettuce +Tomato

Grilled Chicken Club Lettuce/tomato cheese
Chipotle or Ranch Dressing
Baked Oven Fries

Rice Bowl

The Sandwich Board

BOARS HEAD
Turkey, Ham, Buffalo Chicken, Italian Combo
Cheese: American, Provolone, Swiss, Pepperjack
Toppings: Lettuce, Tomato, Pickles, Banana Peppers, Onions, Olives

Garden Greens & More



Large or Small Chef Salad
Yogurt Fruit & Granola Parfait, Hummus Plate
Weekly Special:
Turkey BLT Wrap
Chicken Caesar Salad



NEW MILFORD HIGH SCHOOL LUNCH MENU

JANUARY 2025

1/13-1/17

All meals come with fat free or 1% milk and our Rainbow Fruit & Veggie Tray!



Monday

Tuesday

Wednesday

Thursday

Friday

The Main Menu

Baked Chicken Tenders
Whole Grain Corn Muffin

Local Roasted Cabbage

Walking Taco

Exams

Exams

Exams

Pasta of the Day & Pizza Oven Salad

Macaroni + Cheese w/Whole Grain Dinner Roll or Personal Pizza

Mini Cheese Ravioli w/Sauce
Garlic Breadstick or Buffalo Chicken Pizza

Deli, Pizza & Grill Station

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Deli, Pizza & Grill Station

Green Wave Grill

Hamburger or Cheeseburger on Whole Grain Bun
Oven Baked Fries

Waffle Breakfast Egg & Cheese Sandwich on Waffles
Baked Potato Puffs

The Sandwich Board

BOARS HEAD

Turkey, Ham, Buffalo Chicken, Italian Combo
Cheese: American, Provolone, Swiss, Pepperjack

Toppings: Lettuce, Tomato, Pickles, Banana Peppers, Onions, Olives

Garden Greens & More



Large or Small Chef Salad
Yogurt Fruit & Granola Parfait, Hummus Plate
Weekly Special:
Kickin Chicken Wrap
Cobb Salad



JANUARY 2025

1/20-1/24



All meals come with fat free or 1% milk and our Rainbow Fruit & Veggie Tray!

Monday

Tuesday

Wednesday

Thursday

Friday

The Main Menu



No School

Exams

Baked Mozzarella Sticks
w/Marinara Sauce
Caesar Salad

Sizzler

Roasted Turkey Dinner w/Gravy
Mashed Potatoes
Roasted Butternut Squash
Buttermilk Biscuit

Pasta of the Day & Pizza Oven



No School

Deli, Pizza & Grill Station

Pasta w/Alfredo Sauce
Or
Stuffed Crust Pizza

Bosco Sticks w/Marinara Sauce
or
Pizzeria Style Pizza (Plain, Pepperoni or Veg)

Pasta
or
Pizza

Green Wave Grill



No School

Spicy Chicken Patty on Whole Grain Bun

Grilled BBQ Chicken
Buttermilk Biscuit
Coleslaw

Hamburger or Cheeseburger on Whole Grain Bun
Sweet Potato Fries

The Sandwich Board

BOARS HEAD
Turkey, Ham, Buffalo Chicken, Italian Combo
Cheese: American, Provolone, Swiss, Pepperjack
Toppings: Lettuce, Tomato, Pickles, Banana Peppers, Onions, Olives



Garden Greens & More



Large or Small Chef Salad
Yogurt Fruit & Granola Parfait, Hummus Plate
Weekly Special:
Turkey Cranberry Wrap
Chicken Caesar



NEW MILFORD HIGH SCHOOL LUNCH MENU

JANUARY 2024

1/27-1/31



Monday

Tuesday

Wednesday

Thursday

Friday

The Main Menu

Chicken Dippin Sandwich on Whole Grain Bun w/Dipping Sauce
Roasted Squash



Cheesy Mac Bites
Diced Carrots

Chinese New Year General Tso's Chicken
Brown Rice Broccoli Florets
Fortune Cookie

Mini Confetti Pancakes
Sausage Patties
Baked Potato Puffs

Burrito Bowl

Pasta of the Day & Pizza Oven

Macaroni + Cheese
Whole Grain Dinner Roll
or
4x6 Pizza

Pasta w/Meatballs and Sauce
or
Pizzeria Style Pizza (Plain, Pepperoni or Veg)

Italian Combo Platter
or
Stuffed Crust Pizza

Bosco Sticks w/Marinara Sauce
or
Pizzeria Style

Pasta or Pizza

Green Wave Grill

Warm Asian Wrap

Ham & Cheese Panini

Spicy Chicken Patty on Whole Grain Bun

Hamburger or Cheeseburger on Whole Grain Bun w/Lettuce + Tomato
Oven Baked Waffle Fries

Chicken Parmesan Panini

The Sandwich Board



BOARS HEAD

Turkey, Ham, Buffalo Chicken, Italian Combo
Cheese: American, Provolone, Swiss, Pepperjack
Toppings: Lettuce, Tomato, Pickles, Banana Peppers, Onions, Olives

Garden Greens & More

Large or Small Chef Salad
Yogurt Fruit & Granola Parfait, Hummus Plate
Weekly Special:
Chicken Caesar Wrap
Asian Salad

