

## Staff

Nicole Dutton, Evan Ballard, Thomas Pitchford, and James Edmonds

Physical Education is required by the ALSDE. Students must successfully complete one semester if he/she is to graduate.

### GRADING

Grading is based on the following:

- |   |       |
|---|-------|
| 1. Fitness                                    | = 10% |
| 2. Participation, Attitude and Cooperation    | = 70% |
| 3. Skill Development                          | = 10% |
| 4. Knowledge (rules, regulations, strategies) | = 10% |

100 – 90 = A

89 – 90 = B

79 – 70 = C

69 – 60 = D

BELOW 60 = F

For Physical Education to be successful and meaningful, students must be an active participant in the activities selected. You are an integral part of the equation, and therefore, anything less than full and active participation to the best of your ability will result in lower grades.

Students will start each marking period with a grade of 100 percent. Students are required to participate in the activity whether it is inside or outside (The staff will decide on location based on weather conditions). Deductions from your grade will result from the following:

### Preparation:

Deductions:

- |     |  |
|-----|--|
| -10 | unprepared                                     |
| - 5 | incomplete uniform/not dressing in locker room |
| - 5 | late to roll call                              |

**(Students who are not wearing proper footwear will not be able to participate in the day's activities on the gymnasium floor and therefore lose full credit for preparation).**

### Participation:

Deductions:

From 1 to 10 points/day

Includes anything less than full and active participation to the best of your ability. This also includes problems dealing with respect, attitude, attention and cooperation in regards to the teacher, fellow classmates and proper use of equipment.

### Knowledge and Skill Development:

Deductions:

From 1 to 5 points/day

The student must exhibit through drill work, lead-up activities, games, skill and written tests, that he/she has an understanding of the skills, rules and strategies incorporated in the activity in which they are participating. **Pre and Post skill testing will also be part of assessment.**

**Written tests will be given to all students at the end of each activity unit to demonstrate knowledge.**

### Final Exams:

**ALL STUDENTS ARE REQUIRED TO TAKE THE WRITTEN FINAL EXAM FOR PE. This will count towards 15% of the final grade. All finals will be taken during exam week in December and May. Review sheets will be distributed prior to the exam, and it is the student's responsibility to acquire the review sheet if they are absent from class.**

Students may qualify for an exam exemptions as noted within the DCHS Student Handbook.

### Final Grades:

**In PE, the final grade is calculated by the sum of the two marking periods and the final exam.**

### PE ATTIRE

**Students are required to CHANGE for physical education class. They must change into appropriate attire as listed below prior to participating in the activities.**

1. T-SHIRT.....plain, short sleeve only! The t-shirts can have DCHS on them, but no other writing that contains profanity, offensive or derogatory language or graphics.
2. SHORTS....Shorts must be athletic-type without any metal or zippers. No cut-offs, cargo or other shorts not suitable for physical education or clothing extending below the shorts.
3. SNEAKERS....Sneakers must be the type of athletic shoe that ties...NO SLIP-ONS
4. Sweatshirts and sweatpants are permitted, however they must NOT be worn over your school clothes. You must change into them.
5. DO NOT wear PE attire under your regular school clothes.
6. No school clothes are to be worn for PE (t-shirts, shorts, etc.)
7. No bandanas, hats, watches, nylons, jewelry, thermal underwear or athletic team uniforms are permitted to be worn for class.
8. Wash PE clothes as often as needed.

**\*STUDENTS WHO ARE NOT DRESSED FOR PARTICIPATION ARE REQUIRED TO WALK AROUND THE GYM OR ACTIVITY LOCATION, ARE NOT PERMITTED TO ENGAGE IN THE ACTIVITY (AND WILL LOSE POINTS FOR THAT DAY).**

### **GYM LOCKS**

Each student must purchase his/her own combination lock. Do not tell anyone your combination. Always double check to make sure your lock is locked.

### **LOCKERS**

Each student may use one PE locker during PE time, but all clothes must be stored in the main school building lockers. Please take your PE attire home each Friday to wash it.

### **VALUABLES**

DO NOT bring valuables to the locker room. Leave expensive rings, watches, all electronics, etc. at home. Large sums of money should not be brought to school for any reason.

### **ATTENDANCE & NON-CREDIT POLICY**

As per BOE Policy, 5<sup>th</sup> day is the limit for absences from PE class. In-School or Out of School Suspension (ISS/OSS) absences do not count against the 5-day total. Students are required to complete a written assignment for any unexcused absence. Students are also responsible for missed work due to school-sanctioned absence (lab, trip, etc), and are required to check with their instructor for missed assignments. These assignments are due within 3 days upon your return and will count towards your participation grade. Students not completing the assignment will have 10 points deducted from their grade for every absence not made up by the assignment. **On the 6<sup>th</sup> day of unexcused absence, the student will receive no credit for the course and must repeat PE during summer school.**

### **LATENESS**

The Code of Conduct is in force with all lateness. Once the bell rings, students earn a tardy. Review the student handbook for consequences for receiving tardies to class.

### **MEDICAL EXCUSES**

To be excused from PE because of illness or injury, you must have a note from your doctor, parent or guardian. Take this note to the nurse before 1<sup>st</sup> period class. She will give you another note to take to your Physical Education teacher. Any extended medical problems would be reported to the Guidance Office and At-Risk Coach. If there are any PE activities that could preclude you due to physical limitations, please bring in a doctor's note and your activity class will be changed.

### **DISCIPLINE**

All students are expected to follow the school rules set forth in the Student Handbook.

### **SECURITY**

This is your warning.....any student hanging around the gym areas or outside when it is not your PE period will be reported immediately to the administration. No student is permitted in the gymnasiums or locker rooms unless they are assigned there

### **MISCELLANEOUS**

1. No food or drink in the gym or in the locker rooms.
2. No use of the hallway lavatories during PE class.
3. You must be prepared for class at all times, including when various school activities are cancelled, such as labs, trips, etc.
4. Profanity is not permitted in the gyms, activity fields or locker rooms at any time.
5. Respect is earned, not given freely. Please respect your fellow students, staff and yourself at all times.

**Parents, if you have any questions regarding the performance of your son/daughter, please feel free to contact the staff through e-mail or calling the school directly. E-mail addresses are listed below.**

**We encourage each parent/guardian to take an active role in their child's education. Please feel free to contact us at any time and be sure to attend Parent/Teacher conferences.**

#### **STAFF MEMBER**

Nicole Dutton  
Evan Ballard  
Thomas Pitchford  
James Edmonds

#### **E-MAIL ADDRESS**

[ndutton@dalecountyboe.org](mailto:ndutton@dalecountyboe.org)  
[eballard@dalecountyboe.org](mailto:eballard@dalecountyboe.org)  
[tpitchford@dalecountyboe.org](mailto:tpitchford@dalecountyboe.org)  
[jedmonds@dalecountyboe.org](mailto:jedmonds@dalecountyboe.org)