


APRIL 2024

INGRAM TOM MOORE HIGH & MIDDLE SCHOOL

Menus Subject To Change
 **THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Nuggets Potatoes/gravy Green Beans Carrot Slices Hot Dinner Roll Fruit Milk 1	Spaghetti w/Meat Sauce Garlic Bread Stick Buttered Corn Broccoli Florets Fruit Milk 2	Chicken Fajita Tacos Spanish Rice Refried Beans Lettuce & Tomato Fruit Milk 3	Cheeseburger Or Hamburger Burger Salad Tater Tots Fruit Milk 4	Turkey & Cheese Sub Or PBJ Uncrustable Baby Carrots Dill Pickle Apple 100% Juice Box Milk 5
SCHOOL HOLIDAY 8	Pulled Pork on Bun Or BBQ Rib on Bun Wedge Fries Baked Beans Pickles slices Fruit Milk 9	WG Bean Cheese Burrito w/Cheese Sauce Spanish Rice Pinto Beans Baby Carrots w/ranch Fruit Milk 10	Meatball Sub Sandwich Crinkle Fries Steamed Broccoli Fruit Milk 11	Cheeseburger Or Hamburger Burger Salad Tater Tots Fruit Milk 12
Salisbury Steak Or Roasted Sliced Turkey Potatoes/gravy Green Beans Carrot Slices Hot Dinner Roll Fruit Milk 15	Chicken Spaghetti Garlic Bread Stick Buttered Corn Steamed Peas Fruit Milk 16	Frito Pie Cornbread Pinto Beans Baby Carrots w/ranch Fruit Milk 17	Sweet n Sour Chicken Steamed Rice Egg Roll Broccoli Florets Mixed Vegetables Fruit Milk 18	Cheeseburger, Hamburger Or Chili Dog Burger Salad Tater Tots Fruit Milk 19
Chicken Nuggets Potatoes/gravy Green Beans Carrot Slices Hot Dinner Roll Fruit Milk 22	Spicy Chicken Burger Seasoned Fries Burger Salad Baked Beans Fruit Milk 23	Beefy Nachos Cornbread Pinto Beans Lettuce & Tomato Fruit Milk 24	Mozzarella Cheese Stix w/Marinara Sauce or Corn Dog Broccoli Wedge Fries Fruit Milk 25	Cheeseburger Or Hamburger Burger Salad Tater Tots Fruit Milk 26
Fish Or Chicken Strips Macaroni & Cheese Green Beans Steamed Carrots Fruit Milk 29	Spaghetti w/Meat Sauce Garlic Bread Stick Buttered Corn Steamed Peas Fruit Milk 30			

Available Daily: Pizza, Chef Salad, Peanut Butter & Jelly Sandwich
 Ham & Turkey Sub (Monday, Wednesday and Friday)
 Turkey Bacon Wrap (Tuesday and Thursday)
 Fresh and Canned Fruit (daily), 100% Fruit Juice (Wednesday & Friday), Fat Free Chocolate Milk, 1% White Milk (daily)