

SEPTEMBER 2025 STARK COUNTY JUNIOR HIGH/ HIGH SCHOOL MENU

<p>1 Monday</p> <p>NO SCHOOL</p> <p>LABOR DAY</p> <p>Breakfast is served everyday at 7:30 a.m. New this year is a Grab n Go Cart for Breakfast with lots of options.</p>	<p>2 Tuesday WG Pancake on a Stick 17 gm, Syrup 20 gm,, WG Cereal, Fruit, Juice</p> <p>WG Bun 28g, Hamburger 3 gm, Cheese Slice 2 gm or WG Uncrustables or Salad 30gm or Deli Sandwich or Yogurt Meal Oven Potatoes 22 gm, Peaches 14 gm, Fresh Fruit and Veggies</p>	<p>3 Wednesday WG Cereal, WG Apple Frudel 36 gm, Fruit, Juice</p> <p>WG Bun 26 gm, Hot dog 2 gm or Chili Dog 4 gm or Strawberry Smoothie or Yogurt Meal or Chef Salad or Deli Sandwich or WG Uncrustables Baked Beans 24 gm, Pears 16 gm, Fresh Fruit and Veggies</p>	<p>4 Thursday WG Mini Cinnamon and Sugar Donuts 40 gm, Fruit, Juice</p> <p>WG Waffle 43gm, WG Chicken or Chicken or Cheese Quesadilla or Chef Salad or Yogurt Meal or Deli Sandwich or WG Uncrustables Carrots 6 gm, Rosy Applesauce 22 gm, Fresh Fruit and Veggies</p>	<p>5 Friday WG Cereal, Biscuit 26 gm, Sausage & Gravy 8 gm, Fruit, Juice</p> <p>WG Cheesy Pull A-Part 48 gm or Deli Sandwich, Salad or Yogurt Meal or WG Uncrustables Marinara Sauce 7 gm, Romaine 1.5 gm, Mandarin Oranges 17 gm Fresh Fruit and Veggies, Sidekick 23 gm</p>
<p>8 Monday WG Flavored bread, Yogurt, , WG Cereal, Fruit, Juice</p> <p>WG Bosco Sticks 50 gm, Ravioli 36 gm or Deli Sandwich or Yogurt Meal, or Salad or WG Pepperoni Panini or WG Uncrustables Carrots 6 gm, Rosy Applesauce 22 gm, Fresh Fruit and Veggies</p>	<p>9 Tuesday WG Cereal, Combo Bar 8 gm, WG Flavored Bread, Fruit, Juice</p> <p>Rebel Nachos (Taco Meat, Queso blanco, WG Chips)or WG Uncrustables or Chef Salad or Deli Sandwich or Yogurt Meal Refried Beans 24 gm Salsa 6 gm, Tropical Fruit 21 gm , Fresh Fruit and Veggies</p>	<p>10 Wednesday WG Cereal, WG Mini Chocolate Donuts 43 gm, Fruit, Juice</p> <p>WG Mini Corn Dogs gm, or WG Uncrustables or Smoothie Meal or Deli Sandwich or Salad, or Yogurt Meal, Green Beans 4 gm, Pineapple 17 gm, Fresh Fruit and Veggies</p>	<p>11 Thursday WG Cereal, WG Breakfast Pizza 50 gm, Fruit, Juice</p> <p>WG Roll 15 gm, WG Chicken Nuggets gm or WG Uncrustables or Chicken or Cheese Quesadilla or Salad, or Deli Sandwich, or Yogurt Meal, Mashed Potatoes/Gravy, Mandarin Oranges 17 gm Fresh Fruit and Veggies</p>	<p>12 Friday WG Cereal, WG Pancakes, Sausage, Syrup, Fruit, Juice</p> <p>WG Pizza or WG Uncrustables or Yogurt Meal or Chef Salad or Deli Sandwich Romaine 1.5 gm, Pears 16 gm, Fresh Fruit and Veggies, Bavarian Creme Dessert</p>

<p>15 Monday WG Donut, WG Breakfast Bagel Pizza 30 gm, Fruit, Juice</p> <p>WG Bun 28, Tenderloin gm or WG Uncrustables or WG Pepperoni Panini, Chef Salad, Deli Sandwich, UYogurt Meal Sweet Potato Fries 23 gm, Cinnamon Applesauce 26 gm, Fresh Fruit and Veggies</p>	<p>16 Tuesday WG Waffle gm, Syrup 20 gm,, WG Cereal, Fruit, Juice</p> <p>WG Roll 15 gm, WG Mostaccioli gm, or WG Uncrustables or Deli Sandwich or Salad or Yogurt Meal, Green beans 4 gm, Mandarin Oranges 17 gm, Fresh Fruit and Veggies</p>	<p>17 Wednesday WG Cereal, WG Mini Cinnis gm, Fruit, Juice</p> <p>WG Bun 28 gm, BBQ Rib or WG Uncrustables or Smoothie Meal or Yogurt Meal or Deli Sandwich or Salad Baked Beans gm, Pears 16 gm, Fresh Fruit and Veggie</p>	<p>18 Thursday WG Cereal, Muffin Fruit, Juice</p> <p>Meatball Sub with Sauce and Cheese gm or WG Uncrustables or Deli Sandwich or Yogurt Meal, or Salad or Cheese or Chicken Quesadilla 38g, Broccoli w/ Cheese, Mixed Fruit 22 gm, Fresh Fruit and Veggies</p>	<p>19 Friday WG Cereal, Biscuit, Sausage & Gravy, Fruit, Juice</p> <p>WG Multi Cheese Garlic Bread or WG Uncrustables or Deli Sandwich or Salad Yogurt Meal, Marinara Sauce 7 gm, Corn 16 gm, Peaches 16 gm, Fresh Fruit and Veggies, Ice Cream Cup gm</p>
<p>22 Monday WG French Toast Sticks, Syrup, gm, WG Cereal, Fruit, Juice</p> <p>WG Bun 28 gm, WG Chicken Patty or WG Uncrustables or WG Pepperoni Panini or Salad, Deli Sandwich or Yogurt Meal, Oven Fries 23 gm, Cinnamon Applesauce 26 gm, Fresh Fruit and Veggies</p>	<p>23 Tuesday WG Cereal, WG Bagel w/ Cream Cheese 41 gm Fruit, Juice</p> <p>WG Chili Crispitos 69 gm, or WG Uncrustables or Chef Salad or Yogurt Meal or Deli Sandwich or Meal, Refried Beans 24 gm, Salsa 6 gm, Tropical Fruit 21 gm, Fresh Fruit and Veggies</p>	<p>24 Wednesday <u>WG Cereal</u>, WG Breakfast Bar ,47 gm, <u>Fruit</u>, Juice</p> <p>Early Dismissal at 11:00 a.m.</p> <p>NO LUNCH</p>	<p>25 Thursday WG Cereal, WG Pigs in a Blanket, Syrup, Juice Fruit</p> <p>WG Pizza Crunchers 82 gm for 8 or Chicken or Cheese Quesadilla or Salad or Deli Sandwich or Yogurt Meal ,Marinara Sauce 7 4 gm, Romaine 1.5 gm, Mandarin Oranges 17 gm, Fresh Fruit and Veggie</p>	<p>26 Friday WG Cereal, WG Breakfast Pizza 50 gm, Fruit, Juice</p> <p>Totchos (Tater Tot Nachos) or Yogurt Meal or Deli Sandwich or Salad Peaches 14 gm, Corn 16 gm, Pineapple 17 gm, WG Churro 28 gm, Fresh Fruit and Veggies</p>
<p>29 Monday WG Cereal, WG Pancake Bites 37 gm, Syrup 20 gm, Fruit, Juice</p> <p>WG Bun 28 gm, bacon Cheeseburger or WG Pepperoni Panini, Salad, Yogurt Meal, Deli Sandwich Oven Fries 22 gm, Cinnamon Applesauce 22 gm, Fresh Fruit and Veggies</p>	<p>30 Tuesday WG Cereal, WG Donut, Juice, Fruit</p> <p>WG Toasted Cheese with Chicken Noodle Soup with Crackers, Deli Sandwich, WG Uncrustables, Chef Salad, Yogurt Meal Carrots 6 gm, Peaches 16 gm, Fresh Fruit and Veggies</p>	<p>Breakfast is offer vs serve. Students must take 3 of 4 Items served.</p> <p>Lunch is also offer vs serve. students must take 3 of 5 Items served and 1 Item must be ½ cup of fruit or veggies</p>	<p>Breakfast is served everyday starting at 7:30 a.m.</p> <p>MENU IS SUBJECT TO CHANGE 1% White, Chocolate or Strawberry are offered at all Meals.</p> <p>Mashed Potatoes contain sulfates and can cause allergic reactions.</p> <p>.Ranch Dressing, French Dressing, Ketchup. Mustard BBQ Sauce and Hot Sauce are offered at Lunch</p> <p>Smoothies Contain Dairy</p>	<p>A Plant Based Meal is offered everyday.</p> <p><u>Cereal</u>- Marsh Matey-22g, Cinnamon Toasters 24g, Honey Graham 22, Honey Scooter 22 gm.</p> <p><u>Juice</u>- Apple 13 g, Fruit Punch 14 g, OF 13 g, Grape 19g</p> <p><u>Pop Tart</u>- Strawberry- 75g, Cinnamon 73 g, Blueberry 72 g</p>

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