

Lunch Meal Pattern - K- 8th

Select a minimum of 3 components

meat/ meat alternative =

minimum 1oz daily

--lean meat, poultry, alternative protein,
cheese, egg, nut butter, yogurt

Vegetable = minimum 3/4 cup daily

Fruit = minimum 1/2cup daily

--fruit/juice

whole grain rich (WG) selection (s) =

minimum 1oz daily

--bread, biscuit, roll, pasta, noodle, grain

1 milk = 1 cup

--fluid milk

1% and 1% chocolate served daily

**Menu is subject to change
based on product availability**



**This institution is an equal
opportunity provider.**

MARCH 2024

CITY DAY

Lunch Calendar

Mon	Tue	Wed	Thu	Fri
				1 Cheese Pizza Celery Sticks RF Chips 100% Fruit Punch
4 Turkey Sandwich Wg Bun/Cheese Cucumber Slices Pineapple Tidbits	5 Beef Calzone Black Beans Tortilla Chips Banana	6 Brunch 4 Lunch Turkey Sausage & Mini Pancakes Potato Rounds Apple Juice	7 Chicken Nuggets Wg Roll Broccoli w/Cheese Apple	8 Cheese Pizza Romaine Salad Apple Cherry Juice
11 Beef Hotdog Wg Bun Spiral Fries Apple Slices	12 Chicken Taco Wg Tortilla Fiesta Beans Tortilla Chips Banana	13 Chicken Patty Wg Bun Romaine Salad Apple	14 Cheese Pizza Cucumber Slices Mango Sidekick	15 Turkey Sandwich Baby Carrots Fruit Punch Wg Snack
18 Chicken Nuggets Baked Beans Applesauce	19 Chicken Taco Wg Tortilla Romaine Salad Salsa/Tortilla Chips Apple	20 Hamburger Wg Bun Steamed Corn Pickles Fruit Punch	21 Cheese Pizza Carrots 100% Fruit Punch Cheez-its	22 No School 
25 Turkey Sandwich Wg Bun/Cheese Fresh Cucumber Apple Slices	26 Spicy Beef Taco Tortilla Chips Romaine Salad Banana	27 Meatball Hoagie Wg Hoagie Bun Baked Beans Applesauce	28 Cheese Pizza Carrots Apple Juice	29 No School 