

 **BREAKFAST**

 **LUNCH**

SEPTEMBER 2021

Kansas School for the Deaf

Monday

Tuesday

Wednesday

Thursday

Friday

Served every day with breakfast: Milk (Skim or 1%), Fruit or 100% Juice
Offered every day with lunch: Variety of additional vegetables and fruits and Milk (Skim or 1%)

Oatmeal / Donuts **1**
Cheese Pizza
Steamed Broccoli
Glazed Carrots
Apple Crisp w/ Ice Cream

Mini Pancakes w/ Syrup **2**
Shredded Pork BBQ Sandwich
Mixed Green Salad
Cheesy Scalloped Potatoes
Mixed Fruit Salad

Egg & Cheese on Biscuit Tater Tots **3**
Chicken Patty Parmesan w/ Spaghetti
Green Beans
Sliced Cucumber / Carrots
Orange Slices

6
No School

Pancake on a Stick Hash Browns **7**
Turkey Sloppy Joe
Waffle Fries
Baked Beans
Applesauce

Chocolate Long John / Oatmeal **8**
3-Cheese Chicken Bake w/ Garlic Bread
Mixed Veggies
Side Salad
Mandarin Oranges

Pancakes w/ Syrup **9**
BBQ Rib Sandwich
Glazed Carrots
Creamy Coleslaw
Fresh Melon

Egg & Cheese on Biscuit Tater Tots **10**
Beef Tacos w/ Cheese
Cheesy Refried Beans
Lettuce / Tomato
Pineapple / Cinnamon Churro

French Toast Sticks **13**
Popcorn Chicken Bowl w/ Sliced Bread
Mashed Potatoes w/ Gravy
Golden Corn
Sliced Pears

Egg & Potato Breakfast Boats **14**
Saucy Meatball Sub
Green Peas
Sliced Cucumber w/ Ranch
Fruit Cocktail

Biscuits & Gravy **15**
Crispy Chicken Sandwich
Ranch House Potatoes
Glazed Carrots
Grapes / Cookie

Mini Waffles w/ Syrup **16**
Grilled Cheese & Tomato Soup
Steamed Broccoli
Garden Peas & Carrots
Sliced Apples

Sausage, Egg & Cheese English Muffin Tater Tots **17**
Turkey Bacon Burger w/ Cheese
Green Beans
Broccoli Salad
Banana

Breakfast Burrito w/ Salsa **20**
Turkey Corndog w/ Doritos
Sweet Potato Tots
Golden Corn
Pineapple

Scrambled Eggs, Toast Hash Browns **21**
Pepperoni Pizza
Mixed Green Salad
Glazed Carrots
Mandarin Orange Fluff

Oatmeal / Donuts **22**
Mandarin Orange Chicken
Vegetable Fried Rice
Steamed Broccoli
Fruit Cocktail / Fortune Cookie

Mini Pancakes w/ Syrup **23**
French Toast Sticks
Sausage Links / Scrambled Eggs
Hash Brown / Fresh Carrots
Fresh Melon

Egg & Cheese on Biscuit Tater Tots **24**
Hot Ham & Cheese Sandwich
Baked Beans
Mixed Veggies
Orange Slices

Breakfast Pizza **27**
Chicken Quesadilla w/ Salsa
Golden Corn
Cheesy Refried Beans
Sliced Peaches

Pancake on a Stick Hash Browns **28**
Sloppy Joe
Green Beans
Roasted Cauliflower
Grapes

Chocolate Long John / Oatmeal **29**
Crispy Chicken Sandwich
French Fries
Garden Peas & Carrots
Orange Slices

Pancakes w/ Syrup **30**
Beef & Bean Chili w/ Cinnamon Roll
Steamed Broccoli
Pineapple



Questions?
Contact Tessa Adcock, Food Service Director
tadcock@kssdb.org



Monday

Tuesday

Wednesday

Thursday

Friday



6

7

1

2

3

Beef Lasagna w/ Garlic Bread
Mixed Green Salad
Sliced Pears

French Toast
Scrambled Eggs / Sausage
Hash Brown Triangles
Pineapple



6

7

8

9

10

Tater Tot Casserole
Mixed Green Salad
Mixed Veggies
Tropical Fruit Salad

Bacon Cheeseburger
Waffle Fries
Steamed Carrots
Sliced Peaches

Homestyle Pepperoni Pizza
Steamed Broccoli
Ice Cream Bar



13

14

15

16

17

Shredded Pork BBQ Sandwich
Assorted Chips
Baked Beans
Mandarin Oranges

General Tso Chicken
Steamed Rice / Egg Roll
Garden Peas
Pineapple / Fortune Cookie

Spaghetti & Meat Sauce
w/ Garlic Bread
Mixed Green Salad / Veggie Blend
Chocolate Pudding / Vanilla Wafers

Oven-Fried Chicken Legs
Sliced Bread & Butter
Mashed Potatoes w/ Gravy
Mixed Fruit Salad



20

21

22

23

24

Philly Cheesesteak Sandwich
Pepperoni Potato Bake
Side Salad
Tropical Fruit Salad

Crispy Chicken Sandwich
French Fries
Garden Peas & Carrots
Sliced Peaches

Shepherd's Pie w/ Dinner Roll
Mixed Veggies
Cherry Cobbler w/ Whip

BBQ Rib Sandwich
Glazed Carrots
Creamy Coleslaw
Mixed Fruit Salad



27

28

29

30

Beef Taco Salads
Tortilla Chips
Lettuce, Tomato, Salsa, Cheese
Fruit Cocktail

Sweet & Sour Chicken
Veggie Fried Rice
Egg Roll
Mixed Fruit Salad

Tamale Pie w/ Cheese
Green Beans
Cornbread
Peaches / Churro

Loaded Baked Potato w/ Sliced Ham
Bacon Bits, Cheese, Sour Cream,
Broccoli, Black Beans, Salsa
Apple Crisp w/ Ice Cream



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