

# August

2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9 PORK, YELLOW RICE, CARROT & WATER	10 GROUND BEEF, MASHED POTATOES, CORN, FRUITS BOWL & WATER	11 PIZZA & WATER	12
13	14 HOTDOG, FRIES, SALAD & WATER	15 MAC&CHEESE, NUGGET, GREEN BEANS & WATER	16 PORK, YELLOW RICE, CARROT & WATER	17 GROUND BEEF, MASHED POTATOES, CORN, FRUITS BOWL & WATER	18 PIZZA & WATER	19
20	21 CHEESEBURGER, FRIES, SALAD & WATER	22 MAC&CHEESE, NUGGET, GREEN BEANS & WATER	23 PORK, YELLOW RICE, CARROT & WATER	24 GROUND BEEF, MASHED POTATOES, CORN, FRUITS BOWL & WATER	25 PIZZA & WATER	26
27	28 HOTDOG, FRIES, SALAD & WATER	29 MAC&CHEESE, NUGGET, GREEN BEANS & WATER	30 PORK, YELLOW RICE, CARROT & WATER	31 GROUND BEEF, MASHED POTATOES, CORN, FRUITS BOWL & WATER		