





**ALEXANDER CITY SCHOOLS  
ELEMENTARY MENU  
AUGUST 2023**

**Breakfast Options:**

Fruit, 100% Juice & Assorted 1% & Skim Milk offered daily. Cereal offered daily.

**Lunch Options:**

Assorted 1% & Skim Milk offered daily.  
Additional items may be added to the menu. Please  
Check w/ your local schools for additional choices.

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
07	FRENCH TOAST STICKS, SAUSAGE, FRESH FRUIT  BUFFALO CHICKEN DIP HOT DOG W/ CHIPS STEAMED GREEN BEANS CORN FRESH SIDE SALAD FRESH FRUIT 	08	BREAKFAST PIZZA, FRESH FRUIT  CHEESY CHICKEN PASTA W/ ITALIAN BREADSTICK BEEF SOFT TACO W/ CILANTRO LIME RICE TOMATO & ZUCCHINI GRATIN BLACK-EYED PEAS FRESH SIDE SALAD FRESH FRUIT	09	SAUSAGE, GRAVY BISCUIT, FRESH FRUIT  SOUTHWEST CHICKEN W/ WARM ROLL HAMBURGER PARMESAN ROASTED BROCCOLI FRENCH FRIES FRESH SIDE SALAD FRUIT 	10	CINNAMON ROLL, FRESH FRUIT  SPAGHETTI W/ ITALIAN BREADSTICK PIZZA CRUNCHERS CITRUS CINNAMON GLAZED CARROTS SEASONED STEAMED SQUASH FRESH SIDE SALAD FRESH FRUIT FROSTED CUPCAKE	11	SCRAMBLED EGGS, BACON, WAFFLES, FRESH FRUIT  CHILI W/ GRILLED CHEESE CRISPY CHICKEN SANDWICH TATER TOTS STEAMED GREEN BEANS FRESH SIDE SALAD FRESH FRUIT 
14	CHICKEN BISCUIT, FRESH FRUIT  TERIYAKI CHICKEN W/ FRIED RICE & EGG ROLL MINI CORNDOGS STIR FRY VEGGIES BLACK-EYED PEAS FRESH SIDE SALAD FRUIT	15	WAFFLES, SAUSAGE LINK, FRESH FRUIT  CHICKEN NOODLE SOUP W/ GRILLED CHEESE MOZZARELLA STICKS STEAMED BROCCOLI SWEET POTATO FRIES FRESH SIDE SALAD FRUIT 	16	MUFFIN & YOGURT, FRESH FRUIT  TACO SALAD W/ CILANTRO LIME RICE HERB ROASTED CHICKEN W/ WARM ROLL CORN REFRIED BEANS FRESH SIDE SALAD FRUIT	17	SAUSAGE BISCUIT, FRESH FRUIT  HONEY BALSAMIC PORK W/ WARM ROLL CHICKEN TENDER BASKET LEMON ROASTED CARROTS TOMATO & ZUCCHINI GRATIN FRESH SIDE SALAD FRUIT COOKIE 	18	SCRAMBLED EGGS, BACON, BISCUIT, FRESH FRUIT  PIZZA HAMBURGER STEAMED GREEN BEANS FRENCH FRIES FRESH SIDE SALAD FRUIT
21	FRENCH TOAST STICKS, SAUSAGE, FRESH FRUIT  COUNTRY FRIED STEAK & GRAVY W/ WARM ROLL CHICKEN NUGGETS W/ WARM ROLL MASHED POTATOES GREEN PEAS FRESH SIDE SALAD FRESH FRUIT	22	BREAKFAST PIZZA, FRESH FRUIT  CHICKEN TWISTED PASTA CHEESEBURGER STEAMED GREEN BEANS FRENCH FRIES FRESH SIDE SALAD FRESH FRUIT 	23	SAUSAGE, GRAVY BISCUIT, FRESH FRUIT  CARIBBEAN CHICKEN W/ WARM ROLL PIZZA CRUNCHERS BROCCOLI WITH CHEESE BLACK-EYED PEAS FRESH SIDE SALAD FRESH FRUIT HOT FUDGE CAKE 	24	CINNAMON ROLL, FRESH FRUIT  SPAGHETTI W/ ITALIAN BREADSTICKS GRILLED CHICKEN SANDWICH CITRUS CINNAMON GLAZED CARROTS SPINACH FLORENTINE FRESH SIDE SALAD FRESH FRUIT	25	SCRAMBLED EGGS, BACON, WAFFLES, FRESH FRUIT  BEEF SOFT TACO W/ CILANTRO LIME RICE HOT DOG W/ CHIPS FRESH VEGGIE DIPPERS CORN FRESH SIDE SALAD FRESH FRUIT 
28	CHICKEN BISCUIT, FRESH FRUIT  GREEK CHICKEN W/ RICE PILAF & WARM ROLL MOZZARELLA CHEESE STICKS STEAMED GREEN BEANS BLACK-EYED PEAS FRESH SIDE SALAD FRESH FRUIT 	29	WAFFLES, SAUSAGE LINK, FRESH FRUIT  CHIPOTLE CHICKEN NACHOS W/ FRIED RICE HAMBURGER STEAMED BROCCOLI SWEET POTATO FRIES FRESH SIDE SALAD FRESH FRUIT 	30	MUFFIN & YOGURT, FRESH FRUIT  LASANGA W/ ITALIAN BREADSTICK CORN DOG FRENCH FRIES LEMON ROASTED CARROTS FRESH SIDE SALAD FRESH FRUIT	31	SAUSAGE BISCUIT, FRESH FRUIT  HAMBURGER STEAK W/ GRAVY & WARM ROLL CHICKEN TENDER BASKET MASHED POTATOES GREEN PEAS FRESH FRUIT COOKIE		
								*MENUS ARE SUBJECT TO CHANGE*	
WELCOME BACK TO SCHOOL									

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