



BREAKFAST MENU AUGUST/SEPTEMBER 2025



Menu Subject to Change

Frazier participates in CEP

All Student meals are Free

Adult Breakfast: \$2.95

Elementary Alternates may Inclued

	Monday		Tuesday		Wednesday		Thursday		Friday	Choose 1
25	Cocoa Cherry Zee Zee	26	Apple Frudel	27	Breakfast Sweet	28	Pancake & Sausage	29	French Toast	Benefit Bar
	Breakfast Bar				Roll		On A Stick		Friday	May Choose 2
	Assorted Fruit		Assorted Fruit		Assorted Fruit		Assorted Fruit		Assorted Fruit	1 oz Cereal Bowl
	100% Fruit Juice		100% Fruit Juice		100% Fruit Juice		100% Fruit Juice		100% Fruit Juice	Single Poptart
	Milk Choice		Milk Choice		Milk Choice		Milk Choice		Milk Choice	4 oz Yogurt
1		2	Breakfast Pizza	3	Cinnamon Toast Crunch	4	Egg, Sausage & Cheese	5	Hadley Farms	Belly Bears
					Crunch Bar		Bagel		Cinnamamon Roll	2 oz Fruit Muffin or Muffin Top or
	EEABOR :		Assorted Fruit		Assorted Fruit		Assorted Fruit		Assorted Fruit	Loaf
			100% Fruit Juice		100% Fruit Juice		100% Fruit Juice		100% Fruit Juice	Cereal Bar
			Milk Choice		Milk Choice		Milk Choice		Milk Choice	Middle School Grab N'Go Break
8	Benefit Bar	9	WG Pull Apart Donut	10	Super Bakery	11	Dutch	12	Mini Donuts	Cart may Inclued
					Banana Bread Slice		Waffle			Choose 1
	Assorted Fruit		Assorted Fruit		Assorted Fruit		Assorted Fruit		Assorted Fruit	Benefit Bar
	100% Fruit Juice		100% Fruit Juice		100% Fruit Juice		100% Fruit Juice		100% Fruit Juice	2 ct Poptarts
	Milk Choice		Milk Choice		Milk Choice		Milk Choice		Milk Choice	Cinnamon Roll
15	Mini Waffles	16	Cherry Frudel	17	Mini Cinni	18	Mini Pancakes	19	French Toast	Mini Donuts
									Friday	4 oz Sara Lee or Otis Spunkm
	Assorted Fruit		Assorted Fruit		Assorted Fruit		Assorted Fruit		Assorted Fruit	Muffin
	100% Fruit Juice		100% Fruit Juice		100% Fruit Juice		100% Fruit Juice		100% Fruit Juice	2 oz Cereal Bowl
	Milk Choice		Milk Choice		Milk Choice		Milk Choice		Milk Choice	High School Grab N'Go Breakfast
22	Trix Yogurt	23	Hadley Farms	24	Super Bakery	25	Sausage & Cheese	26	Super Bakery	may Inclued
	Tiger Paws		Cinnamamon Roll		Banana Bread Slice		Breakfast Sandwich		Donut Wholes	Choose 1
	Assorted Fruit		Assorted Fruit		Assorted Fruit		Assorted Fruit		Assorted Fruit	Benefit Bar
	100% Fruit Juice		100% Fruit Juice		100% Fruit Juice		100% Fruit Juice		100% Fruit Juice	2 ct Poptarts
	Milk Choice		Milk Choice		Milk Choice		Milk Choice		Milk Choice	Hadley Farms Cinnamon Rol
29	Otis Spunkmyer Fruit	30	Dutch			×		714		Mini Donuts
	Muffin & Belly Bears		Waffle		TB	A	CK VI	1		4oz Otis Spunkmyer Muffin
	Assorted Fruit		Assorted Fruit		S	3	HOOL W			Mini Cinni
	100% Fruit Juice		100% Fruit Juice							2 oz Cereal Bowl

Frazier School District participates in the "National School Breakfast Program." All students receive a complimentary breakfast meal each school day. Per USDA School Breakfast Program Regulations, a complete breakfast offering includes:(2) one oz. equivalents of grain, 80% of which is "whole grain rich" OR (1) one oz. equivalent serving grains and (1) one oz. meat/meat alternate and (2) ½ cup portions of fruit (may be fresh, canned, dried or 100% juice) or vegetable, and (1) ½ pint of 1% or FF milk.

Milk Choice

*If all components of a complete breakfast are not selected, ala cart prices are in effect, as required by USDA.

or Mini

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st Cart

Food Service Manager

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Milk Choice