

## 2025/2026 HEAD START LUNCH

January 2026

Monday	Tuesday	Wednesday	Thursday
			1 <b>CHRISTMAS BREAK</b>
5 <b>Lunch Entree</b> Cheesy Pull-Apart, Italian Cheeses & Garlic <b>Vegetables</b> Vegetarian Baked Beans-Head Start <b>Fruit</b> Frozen Peach Cup <b>Milk</b> 1% Milk	6 <b>Lunch Entree</b> Walking Taco Doritos <b>Vegetables</b> Romaine Lettuce <b>Fruit</b> Unsweetened Applesauce <b>Milk</b> 1% Milk <b>Condiments</b> Ranch Dressing	7 <b>Lunch Entree</b> Popcorn Chicken <b>Vegetables</b> Mashed Potatoes <b>Fruit</b> Mixed Fruit Cup <b>Milk</b> 1% Milk <b>Misc.</b> Chicken Gravy	8 <b>Lunch Entree</b> 4x6 Pepperoni Smart Pizza <b>Vegetables</b> Baby Carrots <b>Fruit</b> Dried Cranberries <b>Milk</b> 1% Milk
12 <b>Lunch Entree</b> Penne Pasta Alfredo Primavera with Chicken/Pre K/Head Start <b>Vegetables</b> Cut Green Beans <b>Fruit</b> Diced Peaches <b>Milk</b> 1% Milk	13 <b>Lunch Entree</b> Beef Soft Taco <b>Vegetables</b> Romaine Lettuce <b>Fruit</b> Applesauce Cup <b>Milk</b> 1% Milk	14 <b>Lunch Entree</b> ChickenTenders <b>Vegetables</b> Whole Kernal Corn <b>Fruit</b> Mixed Fruit Cup <b>Milk</b> 1% Milk	15 <b>Lunch Entree</b> Mandarin Orange Chicken <b>Vegetables</b> Baby Carrots <b>Fruit</b> Apple Slices <b>Grains</b> Brown Rice <b>Milk</b> 1% Milk
19 <b>MARTIN LUTHER KING DAY</b>	20 <b>Lunch Entree</b> Cheese Quesadilla Pizza <b>Vegetables</b> Refried Beans <b>Fruit</b> Applesauce Cup <b>Milk</b> 1% Milk	21 <b>Lunch Entree</b> Chicken filet Sandwich <b>Vegetables</b> Potato Wedges <b>Fruit</b> Mixed Fruit Cup <b>Milk</b> 1% Milk	22 <b>Lunch Entree</b> Meatloaf <b>Vegetables</b> Mashed Potatoes <b>Fruit</b> Diced Pears <b>Milk</b> 1% Milk <b>Misc.</b> Tea Biscuit
26 <b>Lunch Entree</b> Bacon Cheeseburger <b>Vegetables</b> Potato Smiles <b>Fruit</b> Frozen Peach Cup <b>Milk</b> 1% Milk	27 <b>Lunch Entree</b> Hot Dog on a Whole Grain Bun <b>Vegetables</b> Vegetarian Beans <b>Fruit</b> Fresh Banana <b>Milk</b> 1% Milk	28 <b>Lunch Entree</b> Chicken Nuggets <b>Vegetables</b> Mashed Potatoes <b>Fruit</b> Applesauce 1/2 cup serving <b>Milk</b> 1% Milk	29 <b>Lunch Entree</b> Sloppy Joe Sandwich <b>Vegetables</b> Whole Kernal Corn <b>Fruit</b> Strawberry Cup <b>Milk</b> 1% Milk

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