

2025/2026 HEAD START LUNCH

January 2026

Monday	Tuesday	Wednesday	Thursday
<p>5</p> <p>Lunch Entree Cheesy Pull-Apart, Italian Cheeses & Garlic</p> <p>Vegetables Vegetarian Baked Beans-Head Start</p> <p>Fruit Frozen Peach Cup</p> <p>Milk 1% Milk</p>	<p>6</p> <p>Lunch Entree Walking Taco Doritos</p> <p>Vegetables Romaine Lettuce</p> <p>Fruit Unsweetened Applesauce</p> <p>Milk 1% Milk</p> <p>Condiments Ranch Dressing</p>	<p>7</p> <p>Lunch Entree Popcorn Chicken</p> <p>Vegetables Mashed Potatoes</p> <p>Fruit Mixed Fruit Cup</p> <p>Milk 1% Milk</p> <p>Misc. Chicken Gravy</p>	<p>1</p> <p>CHRISTMAS BREAK</p> <p>8</p> <p>Lunch Entree 4x6 Pepperoni Smart Pizza</p> <p>Vegetables Baby Carrots</p> <p>Fruit Dried Cranberries</p> <p>Milk 1% Milk</p>
<p>12</p> <p>Lunch Entree Penne Pasta Alfredo Primavera with Chicken/Pre K/Head Start</p> <p>Vegetables Cut Green Beans</p> <p>Fruit Diced Peaches</p> <p>Milk 1% Milk</p>	<p>13</p> <p>Lunch Entree Beef Soft Taco</p> <p>Vegetables Romaine Lettuce</p> <p>Fruit Applesauce Cup</p> <p>Milk 1% Milk</p>	<p>14</p> <p>Lunch Entree ChickenTenders</p> <p>Vegetables Whole Kernal Corn</p> <p>Fruit Mixed Fruit Cup</p> <p>Milk 1% Milk</p>	<p>15</p> <p>Lunch Entree Mandarin Orange Chicken</p> <p>Vegetables Baby Carrots</p> <p>Fruit Apple Slices</p> <p>Grains Brown Rice</p> <p>Milk 1% Milk</p>
<p>19</p> <p>MARTIN LUTHER KING DAY</p>	<p>20</p> <p>Lunch Entree Cheese Quesadilla Pizza</p> <p>Vegetables Refried Beans</p> <p>Fruit Applesauce Cup</p> <p>Milk 1% Milk</p>	<p>21</p> <p>Lunch Entree Chicken filet Sandwich</p> <p>Vegetables Potato Wedges</p> <p>Fruit Mixed Fruit Cup</p> <p>Milk 1% Milk</p>	<p>22</p> <p>Lunch Entree Meatloaf</p> <p>Vegetables Mashed Potatoes</p> <p>Fruit Diced Pears</p> <p>Milk 1% Milk</p> <p>Misc. Tea Biscuit</p>
<p>26</p> <p>Lunch Entree Bacon Cheeseburger</p> <p>Vegetables Potato Smiles</p> <p>Fruit Frozen Peach Cup</p> <p>Milk 1% Milk</p>	<p>27</p> <p>Lunch Entree Hot Dog on a Whole Grain Bun</p> <p>Vegetables Vegetarian Beans</p> <p>Fruit Fresh Banana</p> <p>Milk 1% Milk</p>	<p>28</p> <p>Lunch Entree Chicken Nuggets</p> <p>Vegetables Mashed Potatoes</p> <p>Fruit Applesauce 1/2 cup serving</p> <p>Milk 1% Milk</p>	<p>29</p> <p>Lunch Entree Sloppy Joe Sandwich</p> <p>Vegetables Whole Kernal Corn</p> <p>Fruit Strawberry Cup</p> <p>Milk 1% Milk</p>

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