



Laguna Division of Early Childhood

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⇒ *Families of the DEC*

⇒ *Health*

⇒ *Child Care Manager /
ERSEA Coordinator*

⇒ *Disabilities Coordinator*

⇒ *Family Service Providers*

⇒ *Program Assistant*

Upcoming Events:

⇒ **February 6**—Parent Committee Meeting


⇒ **February 14**— Friendship Dance

⇒ **February 19**— No School

⇒ **February 20**— No School

⇒ **February 29**— Parent Education





Hello, my name is Maelyn Rose, I am from the Village of Mesita. My twins Zyanae and Zamereon attend school and daycare at the Laguna Division of Early Childhood, here on in the Pueblo of Laguna and will soon be joined by their older brother Ovientae within the next month.

I recently enrolled my beautiful babies last year in 2023. They have learned so many new skills since being enrolled and enjoy being greeted by their wonderful teachers and classmates every-day, upon arriving to school. Zyanae and Zamereon both enjoy playing, dancing to music, having book and stories read to them, and learning new words to communicate with teachers and friends. These bundles of joy are always smiling and spread joy to all who encounter their presence.

We are blessed to be part of the DEC school community. They care deeply about each child's education and incorporate the Laguna Language to teach our children their traditions and customs. I appreciate all teacher and staff at DEC for all they do ad for caring about the well being of our little ones and being so supportive to all other us the parents. Thank you.

Maelyn Rose



Greetings,

Thank you for allowing us to have this opportunity to share about our student, son, nephew, and grandson Zaxai Wade.

Some achievements we have had as a family within the last month are, Zaxais' mom Alexis received promotion at her job. Zaxais' grandpa Albert just got a brand new truck! As well as, Zaxai himself, will be gearing up to play spring soccer with the I9 league in Albuquerque. This will be his very first time playing and we are so very excited for him!

We have noticed that Zaxai has improved tremendously on his gross motor skills, for example he loves playing sports, so he is now able to kick a soccer ball straight to the goal; and shoot a basketball into the goal. Zaxais' cognitive skill are also improving he memorizes so much, from songs and friends names from school.

The reasons in which we chose DEC fro Zaxai are because it's convenient for us, as we live very close by. DEC is involved and likes to include our culture, whether it be in the educational learning or amongst the community, and is all about being family orientated. What we like most about DEC is, how we have been able to communicate and build a relationship with Zaxais' teachers, this has been healthy and effective.

We would love to acknowledge Ms. Evelyn and Ms. Kay-Mani, for their hard work and dedication to teach our Native Children. Thank you for contributing to Zaxais' educational growth and guiding him in the right direction.

-The Wades

Sunnyside Classroom

Teachers: Andrea Lucario & Sandra Lewis

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February Happenings:

Creative Curriculum: Children will explore a variety of textured balls of all sizes and weight, play with a ball by rolling them to each other, pushing balls down ramps, and throwing them into a baskets and boxes. We will have bowling and pom pom activities, as well.

Conscious Discipline: Through the power of unity, children will learn how to accept their friends as they are, and that they can all care for one another. We will practice our S.T.A.R. breathing (Smile, Take a deep breath, and Relax) to help regulate ourselves when we are having a rough day or need a brain break.

Cultural Lifeways: Learn and observe our natural environment. We will use sand and other materials found in nature, and reflect on real world experiences. We will look at how pottery is used in our family homes and in the community for drinking, storage of seeds, and how it is used for serving food and eating off dinner ware.

S.T.E.A.M.(Science, Technology, Engineering, Arts, Math) Activity: Exploring and collecting rocks, using hand eye coordination to put them into bottles, counting, comparing sizes and weight, and naming shapes and colors of the rocks.

Nutrition Activity: Strawberry Heart Sandwiches

Color of the Month: Red

Birthday Shoutouts

F.L. 02/02-Happy 1st Birthday!

P.H.– Is cautious when climbing up/down steps.

F.L.– Is pulling self up to stand and can get back down onto the floor by herself, and has started to drink out of a sippy cup.

M.M.– Has gained more vocabulary words, is drinking out of an open cup, and continues to repeat words.

M.C.– Cruises along furniture, and takes one to two steps without assistance. 01-22-Yay MC is walking without assistance.

J.B.– Is now walking without assistance. YAY!

Z.R.— Is more engaged and focused during free play. Is having back and forth conversations, vocalizing and using gestures, and can use a spoon to feed self.

Z.R.- Initiates to help clean up when she hears the clean up song.

Parent Tip: Continue to read to your children and fill out Reading log daily! Thank you!

Reminder– Early Head Start begins at 08:45 a.m.

Breakfast is served from 08:45 a.m.—9:15 a.m.

January:

Children explored and learned about Lights by using their fingers to turn on/off lights, and played with individual light up toys that they could turn on and off. Children named objects and colors while using flashlights to project images on the wall. Lastly, we looked at shadows on the wall and the shadows from the natural light (sun) through the windows and as we walked outside.

Conscious Discipline: Ongoing S.T.A.R. breathing (Smile, Take a deep breath, and Relax) to help us regulate our bodies when we need a brain break.

Cultural Lifeways: Children learned who our community leaders are what they do. Vocabulary words learned: governor, village officials, bread, stew, red chili and green chili stew.

S.T.E.A.M.: Children learned how animals have homes in different environments, such as in the desert, forest, oceans, lakes, and aquariums.

Nutrition Activity: Sunny Oranges– children had fun being creative and attempted to imitate teacher make a sun with the orange segments. We all enjoyed eating the oranges.

Color of the Month: Blue

Teachers: Candice Lucero and Marilou Arkie

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Phone: (505) 552-6544 Ext: 5202

February

Creative Curriculum: Children will observe different ball sizes, textures, weights, and colors, learn to toss, catch, roll and kick a variety of balls, and learn which balls are used in different sports and activities.

Milestones: Increasing vocabulary and communication; using sign language to express wants and needs; using movements to help stabilize gross motor skills; and continuing the development of fine motor skills by using safety scissors, tearing paper, writing, coloring, drawing, and stringing beads.

Conscious Discipline: The power of unity helps create our school family, and the belief that we are all in this together, that we can all contribute to the group, and the importance of connecting with and caring for one another.

Cultural Lifeways: Identifying different ways pottery is used within our own home, and in our community, and how its uses for drinking, storage of seeds, serving food and eating off dinnerware.

STEAM: Children will collect, observe, and discuss different types of rocks, from their environment.

January

Creative Curriculum: We studied natural and artificial lights, and used small flash lights and magnifiers to produce different types of lights.

Milestones: More children are beginning to repeat and expand their vocabulary, and learning to jump with one or two feet off the ground.

Conscious Discipline: Singing/moving and practicing breathing exercises. Our classroom has a calm down safe place for those that are readjusting and returning to school from winter break and need some extra time and support getting back into the routine of being at school.

STEAM: Children observed pictures of different animals and their living environments, and explored books on animal homes.

Birthday Shoutouts

Happy Birthday LH 2/22

Vocabulary

Pottery

Clay

Paint

Yucca

Water jug

TURQUOISE SPRINGS CLASSROOM

Teachers: Teacher Nessa & Ms. Angela

Email: v.deutsawe@lagunaed.net /
a.yawea@lagunaed.net

Phone: (505) 552- 6544 Ext. 5107

New York Classroom

February

Creative Curriculum: We will learn shapes and sizes of balls, and how to manipulate them in throwing, rolling, bouncing and catching. Children will observe and discuss which sports utilize a ball, as a key element, and how the ball is used.

Milestones: We continue to work on potty training. Dressing ourselves is a work in progress, but we are getting there.

Conscious Discipline: I Love You Rituals, songs, exercise, and modeling, both indoors and outdoors.

Cultural Lifeways: Identifying the uses of pottery, and how it is made.

S.T.E.A.M. (Science, Technology, Engineering, Art, and Math): We will explore, discover, and investigate rocks in our environment.

Birthday Shoutouts:

No Birthdays



February Vocabulary

Pottery— dunii

Water Jug — sr spoon nah

Clay — Mii tzii

Paint — ii yii taa nii

Yucca — Haa ah shaa

Color of the Month

Red — Ku gaa nii

January

Creative Curriculum: We learned how light works through indoor and outdoor learning, and how we get natural light from the sun, stars, and moon.

Milestones: Children are remembering more routines, and have learned how to put on their own jackets. Some are now in underwear, no more pull-ups. Yay!

Conscious Discipline: Ongoing breathing techniques, problem solving through conscious discipline by singing songs, exercising, and language modeling.

Cultural Lifeways: We learned about our village officials, who they are, and what they do for our community. Daily, the Laguna Language is used through the morning prayer, songs and activities.

STEAM: Through books and pictures, we learned about the habitat of animals.



Mesita Classroom

Teachers: Evelyn G. and Kay-Mani R.

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February

Creative Curriculum: This month, children will learn and explore boxes and balls. Teachers are on the look out for large boxes (refrigerator, washer and dryer ones would be awesome) to help children explore the material used to make boxes, what boxes are for, and how they can be changed into something else. Balls are always popular with the children, when exploring different types and the games used. There are different types of balls to explore and the games balls are used for such as soccer, football, basketball, and baseball. We will find ways to guide children to, safely and happily, use boxes and balls together .

Milestones: Empty food boxes will be used to learn about environmental print. Duplicates can be turned into a matching game to help children learn about sorting and classifying. The shapes & numbers of boxes and balls will also showcase learning about shapes, counting, and number recognition. We also hope that children will learn how to play together by communicating, turn-taking, and sharing skills.

Conscious Discipline: A large box will be decorated to become a calm-down place for children who may need an area to feel safe and practice breathing techniques.

Cultural Lifeways: Teachers are planning a color hunt, with a focus on the color red. Parents can help by letting their child wear something with the color red (letters, designs, and shoes), daily if possible.

STEAM: This month, we will be Exploring Rocks! Children will use their senses to learn about rocks and go on a Rock Hunt.

January

Creative Curriculum

The children engaged in exercise and light activities. On exploring exercise equipment, it was decided to put them away for safety issues (the younger students are still learning self-control and direction-following skills). A UV light was presented prior to this month, which all students enjoyed. Neon-colored paints were given to help center their attention as their artwork glowed in the dark. Flashlights were also explored to play a hunting activity to find different objects in a darkened classroom.

Milestones: Language skills are present during meal times. There are back-and-forth conversations as well as using appropriate language to “get what you want.” Children were also given an introduction to journaling by drawing what they experienced. The drawings may look wild; however, it is a brief peek into what children may be thinking about (there are a lot of Mommy pictures).

Conscious Discipline: We reviewed past practices as some children needed reassurance to help calm down, STAR breaths, and to know that they are safe.

Cultural Lifeways: The children were presented with two food demonstrations: chili stew and mama dolls. The children sat still while watching and using their sense of smell to explore the stew.

STEAM: Children were read a story titled Castles, Caves, and Honeycombs by Laura Ashman. It shows how different things can make a home.

Teachers: Teacher Royce and Ms. Deutsawe

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Phone: (505) 552-6544 X 5108

February

Creative Curriculum: (EHS) Balls (PHS) Boxes. Children will be given the opportunity to explore different types of balls. Playing with balls can provide opportunities, for children, to continue to learn communication and peer interactions. In addition, children will explore sizes, weights, shapes and the many ways boxes are used.

Milestones: Beginning to ask who, what, where and why questions. Encourage children's curiosity in wanting to gain information.

Conscious Discipline: As human beings, we have a deep need for connection and a sense of belonging. The power of unity carries the belief we are all in this together, and that we are all connected. We will have activities that introduce us as a school family by doing things together and sharing.

Cultural Lifeways: Children will explore many designs and uses of pottery.

STEAM: Children will have the opportunity to explore different shapes and sizes of rocks.

Birthday Shoutouts

No birthdays

Welcome!

O.P. to New Laguna
Classroom

January

Creative Curriculum: EHS children explored different light sources, engaged in using fine motor skills to turn lights on and off, flashlight play, discovered their shadows, and counted how many lights were found in the classroom. PHS children learned about exercise, participated in daily stretching, yoga and physical play such as moving our body in different ways. Children had opportunities to count, follow directions, and increase peer interactions, through communication and cooperative play.

Milestones: Children increased peer interactions through the use of language modeling, and increased rote counting to 10.

Conscious Discipline: The children learned about the power of acceptance and perception, continue to learn self-regulation by taking deep breaths, and using the safe place as a means to gather themselves when they are overcome with different types of emotions.

Cultural Lifeways: The children learned about leadership in the community, the Governor and the village officials. In preparation for the visitation of new officers, children were introduced to community leaders in the Pueblo of Laguna. We touched on what they do to help our community.

STEAM: The children learned about habitats, and took a walk and pointed out trees. Children discussed if they have the same trees at home.

Vocabulary

- Pottery
- Water jug
- Clay
- Paint
- Yucca
- Red

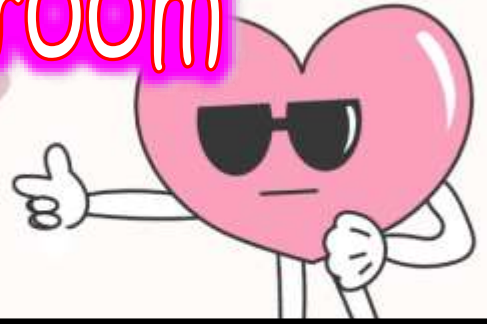
New Laguna Classroom

Casa Blanca Classroom

Teachers: Ms. Yvonne and Ms. Mariah

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Phone: (505)552-6644 ext.5113



February

Creative Curriculum: Boxes are one of the most popular open ended play materials for children, as it inspires creativity and imagination for children to transform and reinvent boxes into something else. Children will explore cardboard boxes of all shapes and sizes.

Milestones Goals: Letter and number recognition, doing letter and number hunts, viewing letter and number books, and playing mystery letter and number bag. We will start with frequently used letters, like the letters in their name, since children are more familiar with these letters. We have been introducing them to two letters each month. For February our letters will be B and F.

Conscious Discipline: We will learn Pretzel Breathing. It's a fun and twisted way to move our bodies, as we breath and relax.

Cultural Lifeways: This month we will be learning about traditional pottery, and how potters use paints, yucca and clay to create beautiful pottery.

STEAM: Children will explore and collect rocks around our school and use pebbles to play and build children's fine motor skills, to expand their curiosity of rocks.

Birthdays Shoutouts:

No Birthdays this month!

Vocabulary:

Pottery, water jug, clay, paint, and yucca

Color of the month: Red

January:

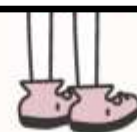
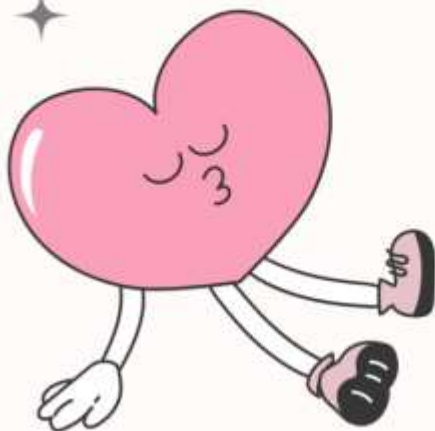
Creative Curriculum: We tried different forms of exercise such as yoga, running, jumping, jumping jacks, and knee bends. The children really liked doing these exercises. The weather was very cold in January, and we utilized the PRC for outdoor play, using balls, hula-hoops and jump ropes.

Milestones: Children are beginning to recognize first letters in their name, and their friends' initials. Children are using Laguna language to say Thank you after mealtimes.

Conscious Discipline: Children learned to use breathing and yoga technique's to calm their bodies after exercise.

Cultural Lifeways: Children learned how to say red and green chili stew, bread, and the names of the villages.

STEAM: We learned about how bears and other animals hibernate for the winter, and how they store food in their habitats.





Village Classroom

Teachers: Mrs. Peacock & Ms. Raina

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r.victorino@lagunaed.net

Phone: (505) 552-6544 ext. 5114

Creative Curriculum: We will be discussing the many uses of boxes, and how they can be used for packing, for Valentine boxes, and for creating a clubhouse. Our activity, What's in the box is a guessing game. We will cut two holes in a box big enough for children to put their arms in it. Next, the children will guess what they are touching. It could be slime, sand, a bowl with water in it, or even yarn. Our biggest project will be, making a clubhouse! This activity will help the children use problem-solving skills, language development, creative thinking skills, and basic math skills.

Conscious Discipline: Teachers will give easy 1-2 step instructions and positive feedback. This helps children with their cognitive, and social-emotional development. Asking children more open-ended questions (why, how, when, where) helps with language development and creative thinking skills.

STEAM: Exploring Rocks We will ask children how they think rocks are formed, describe the texture, color, sizes of rocks, and if rocks are heavy or light. Children will also, learn how to say the word rock in the Laguna Language.

Milestones: Our goal for this month is to have children be able to recognize numbers 1-10 and 10-20, and to quantify numbers. We will also focus on letter recognition A-Z, and the letters in their name. Continue developing language skills that will help the children to be more independent and ask for help when it is needed. We continue to teach the importance of sharing with our friends.

Vocabulary:

February
pottery
heart
rock
tribal officials
I love you

January

Creative Curriculum: We incorporated exercises in our morning routine, and throughout the day, we used gross motor and fine motor skills, indoor and outdoors. Children picked out the exercise they wanted to do and counted many they wanted to do. Their favorite exercise was doing jumping jacks, arm curls, and push-ups. We focused on numbers, letters, counting objects, naming shapes, and categorizing small and large. We learned patterns, and number quantity 1-5. We continue to work on number and letter recognition.

Conscious discipline: Children learned how to calm their bodies by using different breathing techniques, using nice words in the classroom, and using the clean up song to help us transition from one activity to another.

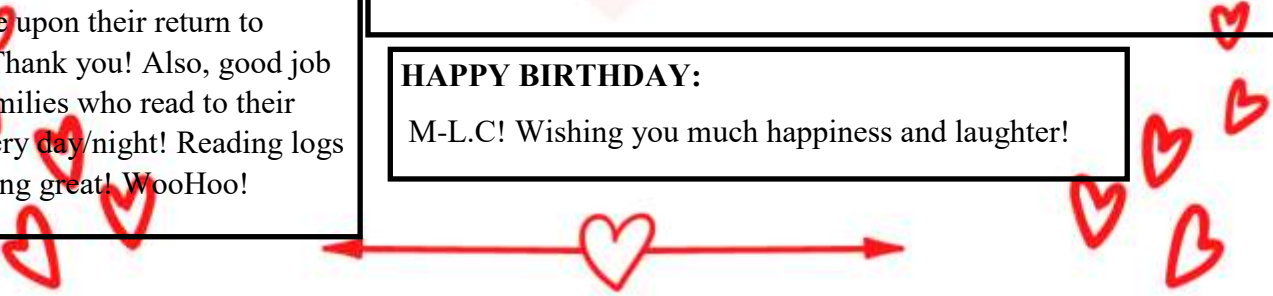
Cultural lifeways: Children learned how to make mama dolls, they watched a demonstration of how red/green chili stew are made, the mixing of ingredients, measuring and learning how to say words related to these activities in the Laguna Language.

Milestones: Some children have accomplished how to zip and unbutton their jackets. WOO-HOO!

Parents/guardians: With the weather still being a bit chilly, please send child in a winter jacket. Children are able to bring a water bottle with **water only**. If your child is or becomes sick, please monitor them for symptoms. We ask that you please provide a doctor's note upon their return to school. Thank you! Also, good job to the families who read to their child every day/night! Reading logs are looking great! WooHoo!

HAPPY BIRTHDAY:

M-L.C! Wishing you much happiness and laughter!



Teachers: Juana N. and Makayla S.

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m.sarracino@lagunaed.net

Phone: (505) 552-6544 EXT. 5110

February

Creative Curriculum Theme: Boxes— Children will explore many types of boxes, investigate how they are made, how we can use them at home and school, and learn about the tools and equipment people use to move them.

Milestones: Continue to practice writing the alphabet, learning their sounds, writing the letters in journals and saying the sound before and after they are done writing. We will continue with number recognition during free choice time, as we count objects, and the quantity of 1-5.

Conscious Discipline: During circle time we are singing Twinkle, Twinkle, the Welcome Song, and We Wish You Well, from the brain break CD from Conscious Discipline. We continue to practice breathing exercises.

Cultural Lifeways: Children will identify different ways pottery is used in everyday life for storage, serving, and eating. Children will learn and observe the use of the natural environment around them such as sand and other materials.

STEAM: Children will explore, compare, and classify different kinds of rocks in our environment. Children will use magnifying lenses, to describe rocks.



Vocabulary

Pottery

Water Jug

Clay

Paint

Yucca

Color of the month: Red

January

Creative Curriculum: The children explored different types of exercises, observed people while they exercised, and learned about the different exercise equipment and how to stay safe while using them. On our field trip to the fitness center, the children got to walk on the treadmill at the slowest speed, with adult supervision, from teachers and the fitness center staff.

Milestones: The children know the month, the day, and the date with a little cues from teacher. Most of the children are able to write their first name, without looking at their name card. YAY!

Conscious Discipline: The children are learning Twinkle, Twinkle and the Welcome song from the “It starts from the heart” CD through Conscious Discipline. We continue to practice our breathing techniques.

Cultural Lifeways: We discussed what the governor, his staff, and the village officers do for our community. The class came up with ways to help out the officials, where the children live.

STEAM: Children learned that animals live in a variety of different habitats, and that living things need food, water, air and shelter, and can move, grow, and reproduce.

**Encinal
Classroom**

Seama Classroom

Teachers: Ms., Kayla & Ms., Carol

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January

Creative Curriculum

What a great month for Exercise!. Children were able to learn about how our body works and the reasons why we need to exercise. They did movements, got to explore workout equipment, look at x-rays, and talk about healthy nutrition. Children got to visit the Laguna Fitness Center where they got to hear the importance of exercise, took a tour and got to try small equipment.

Milestones: Children came back from winter break ready to learn and work hard. Everyone continues to make progress on writing and learning more numbers with counting, selecting missing numbers, and making simple graphs.

Conscious Discipline: Children have learned to use the safe place, when needed. We continue to talk about feelings.

Cultural Lifeways: Children were able to learn about making red chili stew. A demo was provided by family service providers. Children have become accustomed to our prayers (morning and meal times) and we call on one child to lead us. They have all gained confidence to help.

February

Creative Curriculum

Through the study of boxes, children will go on amazing adventures and in to imaginary worlds. This will naturally spark their natural curiosity, let them learn about the world around them and solve problems. Children will then investigate how they work and observe people using boxes. We are excited to learn about a new theme.

Cultural Lifeways: Children will learn how to say the following:

Pottery, water jug, clay, paint, yucca, and red.

STEAM:

Exploring rocks

Important Date

2/7 Nutrition Activity Strawberry heart sandwiches

2/14 Friendship Day Dance

2/22 Exploring Rocks (STEAM)

Seama Room Shoutouts:

Big thanks to

*LeRoy Jimmy

*Jacelyn Natseway & family

*Bryanna Riley

*Laguna Fitness Center (Bryon Tso)

HEALTH AIDE

Greetings DEC Families,

I hope you all enjoyed your first month of the New Year! A friendly reminder to please keep your child/children home if they are not feeling well or have a fever. They are more comfortable at home. Also, if your child is out sick for three (3) or more consecutive days, a doctor's note is required upon return. If there are any questions or concerns, please contact me at (505)552-6544 ext. 5103.

Thank you,
Angelica Baca
DEC Health Aide

UPCOMING EVENTS:

ACL Dental will be coming to DEC from March 11-March 14 to conduct dental screenings for the children. Letters with more information will be sent home with children the last week of February.

Cupid's Crunch

Ingredients:

- 1 C. Very Berry Cheerios
- 1 C. Chex Cereal
- 1/2 C. Yogurt Covered Raisins
- 1/2 C. Dried Strawberries

Combine all ingredients together in a small mixing bowl and stir. Serve and enjoy!

Disabilities Coordinator

WHY EARLY INTERVENTION OR SPECIAL SUPPORT SERVICES IS SO IS SO MPORTANT FOR YOUNG CHILDREN

Every child grows and develops in their own unique way. Many children reach typical speech/ language, social, physical and cognitive milestones on their own. However, some children may need a little extra support getting there. The earliest years in a child's life is the ideal time for intervention. This is when the brain is the most flexible for learning.. Here are some FACTS about early intervention or support services:

- ◆ Helps children meet the not-too distant expectations of elementary school by laying the ground-work in communication, social-emotional skills and other developmental skills
- ◆ Can reduce or eliminate the need for Special Education services in elementary school
- ◆ Can reduce frustration and behavioral challenges for children. When children can't express themselves, tantrums or other problem behavior are more likely to occur.. Early support services can decrease these stressful situation and teach children to use positive behaviors to meet needs.
- ◆ Can make children happier—and healthier—can help with children's social-emotion, communication , physical and cognitive development to improve their self-esteem, reduce frustration; and ensure that they have the developmental skills needed to grow, play and thrive.
- ◆ Offers peace of “knowing” for families—By seeking an evaluation early in a child's learning, families gain the knowledge they need to act. If there is no developmental delay or concern , nothing is lost — and they have peace of mind. And if there is, families can start getting help sooner rather than later for their child.



Families , If you have any concerns about your child 's development or have any questions regarding evaluations and/or early intervention/support services, you may contact your child's teachers or contact the DEC Disabilities Services Coordinator directly for information and/or assistance..

EARLY INTERVENTIO/SPECAIL SUPPORTS –A GREAT OPPORTUNITY FOR CHILDREN AND FAMILIES

Margaret Mascareñaz

Support Services

mmasacarenaz@lagunaed.net

505-552-6544 Ext 5104

Program Assistant

Greetings parents and families,

I hope everyone is staying warm and getting ready for Spring.

As we approach the Valentine's/Friendship Day celebration, I want to remind you that DEC does not allow any outside food or drinks. We understand that this is an opportune time to share treats with your child's classroom friends, however, DEC staff must ensure all children remain safe and free of any food allergens. We appreciate your cooperation in sustaining our CACFP reimbursement food grant.

On February 19th & 20th there will not be school for the children, staff have professional development on these days. School will resume for the children on Wednesday, February 21st.

Shout out to the parents of the New Laguna and Mesita classrooms for their patience as DEC worked through the heating issues last month.

Last but not least, DEC does not allow video or picture taking due to parent's permission. Please do not take videos or pictures if you are participating in DEC activities or visiting for any reason. Your cooperation is greatly appreciated.

Until next time, be safe and be happy!

Iris Gallegos, DEC Program Assistant

i.gallegos@lagunaed.net

Program Cell: 505-290-9314

Hello Everyone and Happy 2024!!

Hope the New Year has been great thus far. Everyone has been transitioning back into the swing of waking up and getting through the school day. In doing so, here are a few tips to assist with the children returning to school after Christmas break ...

1. Return to bedtime routines. I know this can be difficult after a two week break, however here are some recommendation on sleep times for children based on their age: Children age 6 months—12 months should be getting 12—16 hours of sleep (including naps); Children age 1—2 years old should be getting 11—14 hours of sleep (including naps); Children age 3—5 years old should be getting 10—13 hours of sleep (including naps).
2. Create a back to school countdown. This would be a fun activity for the family to get involved and be creative. Not to mention this can also be used for summer break and the return to school then.
3. Discuss the year ahead. Although the children are younger and may not fully understand adult type concepts just yet, it may be a good idea to explain simple things coming up so they have an idea of what to expect. For example, an explanation to them about the count down back to school and why they are creating it. Then sharing with the child(ren) what their routine will be once again when they return to school.
4. Celebrate their first week back. Celebration of any sort is always important so the children know the goals and milestones they reach are recognized.
5. Make your mornings easier. This tip is helpful by preparing the evening before as much as you can. For example, giving children their bathes at night before they go to bed. Putting out their school clothes for the next day. Making sure their school backpacks have their folders inside with any documents needed to share with their teachers. Preparation the night before can help enormously in getting out the door the next morning.
6. **Validate your child's feelings. Talk with your children about their school day and make sure they are feeling good about themselves and remind them they are loved and cared for everyday.**

I hope 2024 brings you and your families peace, love, happiness, and many blessings. Take care and stay warm.

Warm Regards,

Melanie Sarracino



Greetings Families,

Hope you are all doing well, Family Service Providers continue to support families as needed. If you have any questions or need assistance with community resources please reach out to.

UPCOMING EVENTS:

February 06, 2024 : Parent Committee @ 10:00am

February 14, 2024 : FRIENDSHIP DANCE

February 19 & 20, 2024 : NO SCHOOL

February 29, 2024 - Parent Education @ 11:00am

Kathleen Herrera

(505) 290-9163

K.herrera@lagunaed.net

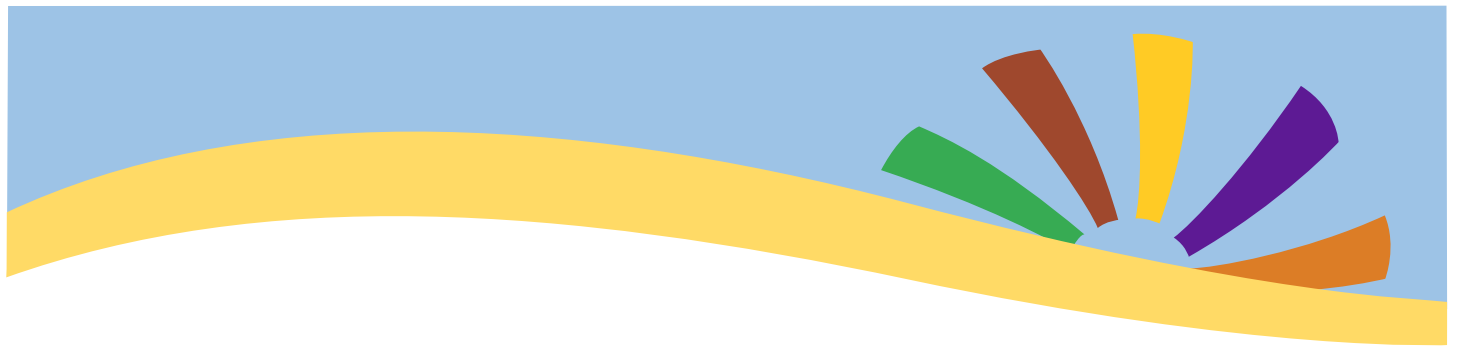
Tiffany Touchin

(505)-220-2549

t.touchin@lagunaed.net

Family Service Providers





Parent Committee Meeting

Discussion will be March Events

- **Planning events for all classrooms.**
- **Collaborating with a team of parents for positive outcomes.**

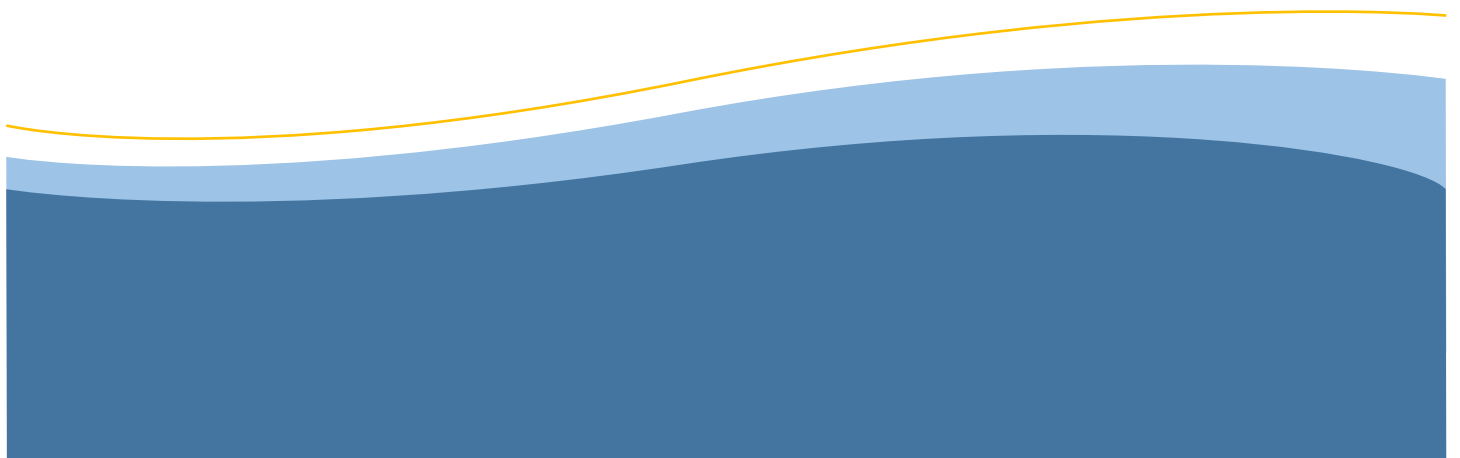
February 06, 24 @ 10am

Location: PRC Building

For question please contact:

Kathleen : (505)290-9163 or k.herrera@lagunaed.net

Tiffany: (505) 290-4297 or t.touchin@lagunaed.net





LAGUNA DIVISION OF
EARLYCHILDHOOD

Friendship Day Dance

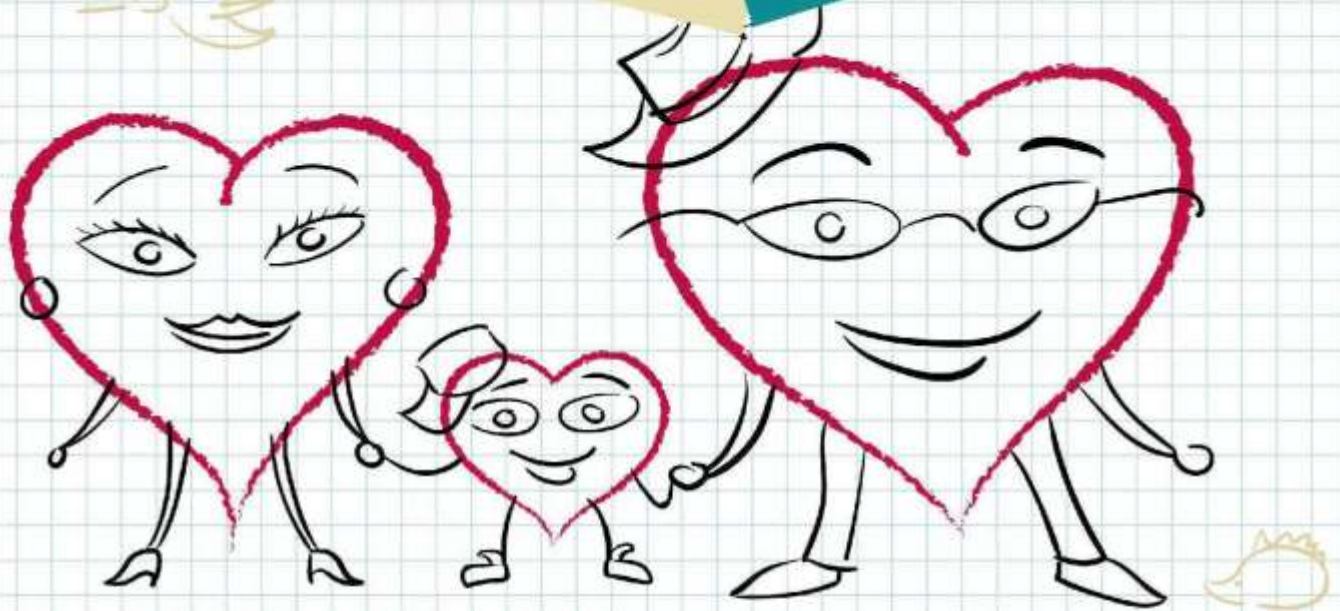


DANCING

FRIENDSHIP

FUN

KINDNESS

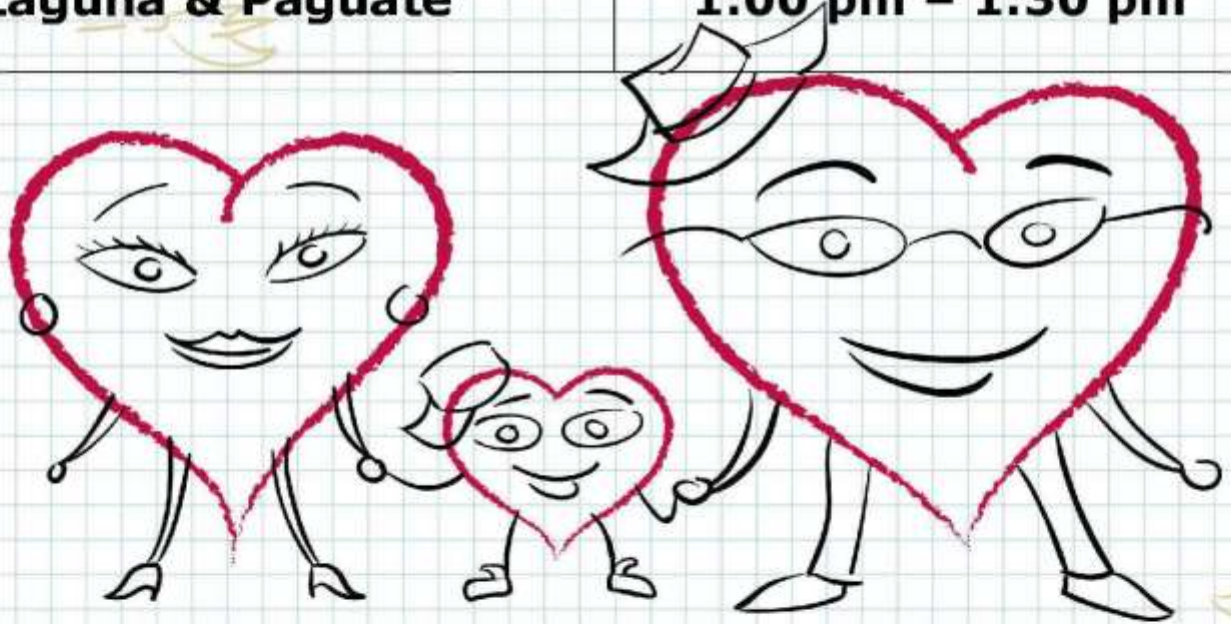


DATE: FEB: 14, 2024
TIMES: SEE SCHEDULE
LOCATION: PRC BLDG

WEAR RED, PINK, or PURPLE
***NO outside**
food/drinks/snacks
Questions:
Contact Tiffany or Kathleen
@ 552-6544

**DANCE SCHEDULE
EHS & PHS**

Chinatown/Sunnyside, Turquoise Springs & NY	9:30 am – 10:00 am
New Laguna & Mesita	10:00 am – 10:30 am
Casa Blanca & Village	10:30am-11:00am
Seama & Encinal	12:30 pm – 1:00 pm
Laguna & Paguante	1:00 pm – 1:30 pm



Parent Education

Topic: Professionalism, Resume, Interviewing & Budgeting

Presenter: Partners for Success

Date: February 29, 2024

Time: 11:00am

Location: PRC BLDG



For Further Information

Please Contact

Kathleen @ (505) 290-9163

or

Tiffany (505) 290-2549



HAPPY

Valentine's Day
&

Thank You!

DEC STAFF