

Menu Name : Cornerstone Elementary Lunch Menu
Grade Level / Age Group : Grades K-8

Options Provided : Hot & Hot Vegetarian Meals
Meal Pattern : NSLP Meal : Lunch

FEBRUARY - 2025

	Monday, February 3, 2025	Tuesday, February 4, 2025	Wednesday, February 5, 2025	Thursday, February 6, 2025	Friday, February 7, 2025	
Hot Meals	Premium Chicken Nuggets Ketchup Cheddar Crisps Baby Carrots & Dip Chilled Apple Slices & Choice Milk	BBQ Meatballs Mashed Potatoes Chilled Peaches WG Dinner Roll Choice Milk	Asian Rice Bowl Seasoned Rice served with Asian Sesame Chicken Steamed Broccoli Banana Choice Milk	Premium Chicken Patty Sandwich WG Bun & Ketchup CKC Baked Beans Celery Sticks & Dip Frozen Apricot Cup & Choice Milk	Cheese Pizza Quesadilla Mixed Greens Salad w/Dressing Crisp Varietal Apple Choice Milk	Week IV
	<i>Hot Veg</i> Twisty Stuffed Breadsticks w/ Dip	Veggie Garden Burger w/Ketchup	French Pizza Bread	Grilled Cheese Sandwich	SAME as REGULAR MEAL	
	Monday, February 10, 2025	Tuesday, February 11, 2025	Wednesday, February 12, 2025	Thursday, February 13, 2025	Friday, February 14, 2025	
Hot Meals	Smoky Cheeseburger WG Bun, BBQ Sauce, Ketchup & Shred Cheese Baked Beans Chilled Apple Slices Choice Milk	Sweet & Sour Chicken Seasoned Rice Celery Sticks, Carrot Slims & Ranch Chilled Peaches Choice Milk	Fresh Hot Cheese Pizza Steamed Peas Banana Choice Milk	Brunch Lunch French Toast Sticks w/ No Sugar Fruit Compote Baby Carrots & Dip Frozen Apricot Cup Choice Milk	NO SCHOOL Professional Development Day for Staff	Week I
	<i>Hot Veg</i> Vegetarian Croissant Sandwich	Pizza Crunchers	SAME as REGULAR MEAL	SAME as REGULAR MEAL		
	Monday, February 17, 2025	Tuesday, February 18, 2025	Wednesday, February 19, 2025	Thursday, February 20, 2025	Friday, February 21, 2025	
Hot Meals	NO SCHOOL Presidents' Day Holiday	BBQ Teriyaki Chicken Seasoned Rice Celery Sticks, Carrot Slims & Dip Chilled Peaches Choice Milk	Mozzarella Burger Ketchup CKC Baked Beans Banana Choice Milk	Premium Chicken Nuggets & Ketchup Fresh Bakery Roll Baby Carrots w/ Dip Frozen Apricot Cup Choice Milk	Garlic Dusted French Bread Pizza Fresh Broccoli & Dip Crisp Varietal Apple Choice Milk	Week II
	<i>Hot Veg</i>	Pizza Crunchers	Garden Mozzarella Burger w/Ketchup	Easy-Cheesy Pull Aparts	SAME as REGULAR MEAL	
	Monday, February 24, 2025	Tuesday, February 25, 2025	Wednesday, February 26, 2025	Thursday, February 27, 2025	Friday, February 28, 2025	
Hot Meals	Crunch Wrap Wg Tortilla, Chicken Tenders Shred Cheese & Boom Sauce Baby Carrots & Dip Chilled Apple Slices & Choice Milk	Classic Beef Sloppy Joe Traditional Sloppy Joe meat served on WG Bun & Shred Cheese served on side CKC Baked Beans, Celery Sticks & Dip Chilled Fruit Peaches Choice Milk	Mandarin Orange Chicken Steamed Seasoned Rice Sliced Cucumbers & Dip Banana Choice Milk	Pasta Bake w/ Red Sauce WG Penne w/ Grilled Chicken & Mozzarella Mixed Greens Salad & Dressing Frozen Apricot Cup Choice Milk	Cheese Hot Pocket Warm Red Sauce Potato Rounds w/ Ketchup Baby Carrots Crisp Varietal Apple & Choice Milk	Week III
	<i>Hot Veg</i> Fluffy Omelet, Buttermilk Pancakes & No Sugar Fruit Compote	Cheesy Quesadilla	French Bread	Veg Garden Nuggets w/ Ketchup & WG Roll	SAME as REGULAR MEAL	

Proteins in School Meals

Protein gets a lot of attention these days. In school meals, we categorize protein-rich foods as "meat and meat alternatives." These include lean meats such as poultry and beef, beans/legumes and cheese. By offering a variety of options on our menus, we accommodate a range of dietary preferences and needs.

These foods are rich sources of protein, essential for building and repairing tissues, supporting immune function, and maintaining overall health. Additionally, they provide vital nutrients such as iron, zinc and B vitamins, which are crucial for cognitive function, energy metabolism and overall well-being.

*** Hot Vegetarian meals are served with vegetables, fruit of the day & milk.

Skim & 1% milk served daily.

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

This menu is 100% pork-free.

All rice dishes /rice products are made of whole grain brown rice.