

OCTOBER
Breakfast Menu

Broad
Street



BREAKFAST MENU

We use the healthier whole grain versions of your breakfast favorites!

Breakfast Includes 4 Items:

1. **Grain** (1 grain equivalent)
2. **2nd Grain** or **Optional Protein**
3. **Fruit** (Fresh, Cupped, 100% Juice)

4. **Milk** (8 ounces)

Choose at least 3 out of 4 items.

One must be a **FRUIT**.

CAFÉ CONTACT INFO:

Kristine Colo (Food Service Director)
gre@nsfm.com ~ 856-224-4900 ext 2128

Milk: 1% White

*Menu subject to change

Friday-October 1

Meals are FULLY FUNDED by the USDA through June 30, 2022!!!

Pop Tart
Sides:

*Fruit: Fresh & 100% Juice
1% White Milk*

Monday-October 4

Fruity Cheerios Bar

Sides:

*Fruit: Fresh & 100% Juice
1% White Milk*

Tuesday-October 5

Cinnis Mini Cinnamon Roll

Sides:

*Fruit: Fresh & 100% Juice
1% White Milk*

Wednesday-October 6

Nutri Grain Bar

Sides:

*Fruit: Fresh & 100% Juice
1% White Milk*

Thursday-October 7

Cocoa Puffs Soft Bar

Sides:

*Fruit: Fresh & 100% Juice
1% White Milk*

Friday-October 8

Pop Tart

Sides:

*Fruit: Fresh & 100% Juice
1% White Milk*

Monday-October 11

NO SCHOOL

Tuesday-October 12

Cinnis Mini Cinnamon Roll

Sides:

*Fruit: Fresh & 100% Juice
1% White Milk*

Wednesday-October 13

Nutri Grain Bar

Sides:

*Fruit: Fresh & 100% Juice
1% White Milk*

Thursday-October 14

Cocoa Puffs Soft Bar

Sides:

*Fruit: Fresh & 100% Juice
1% White Milk*

Friday-October 15

Pop Tart

Sides:

*Fruit: Fresh & 100% Juice
1% White Milk*

Monday-October 18

Fruity Cheerios Bar

Sides:

*Fruit: Fresh & 100% Juice
1% White Milk*

Tuesday-October 19

Cinnis Mini Cinnamon Roll

Sides:

*Fruit: Fresh & 100% Juice
1% White Milk Choice*

Wednesday-October 20

Nutri Grain Bar

Sides:

*Fruit: Fresh & 100% Juice
1% White Milk*

Thursday-October 21

Cocoa Puffs Soft Bar

Sides:

*Fruit: Fresh & 100% Juice
1% White Milk*

Friday-October 22

Pop Tart

Sides:

*Fruit: Fresh & 100% Juice
1% White Milk*

Monday-October 25

Fruity Cheerios Bar

Sides:

*Fruit: Fresh & 100% Juice
1% White Milk*

Tuesday-October 26

Cinnis Mini Cinnamon Roll

Sides:

*Fruit: Fresh & 100% Juice
1% White Milk*

Wednesday-October 27

Nutri Grain Bar

Sides:

*Fruit: Fresh & 100% Juice
1% White Milk Choice*

Thursday-October 28

Cocoa Puffs Soft Bar

Sides:

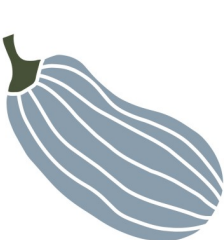
*Fruit: Fresh & 100% Juice
1% White Milk*

Friday-October 29

Pop Tart

Sides:

*Fruit: Fresh & 100% Juice
1% White Milk*



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