

Implementation and Monitoring Plan

Requirement	Implementation Strategy	Implementation Plan	Person or Team (responsible party)	Date Due	Date Done	Monitoring Plan	Compliant Policy?	Eval. Date
Public Involvement	Build a team including: parents, students, food service staff, physical education instructors, school health professionals, school board and administration, and community members to develop, review, and implement wellness policy	School board will be renewing the policy on January 17, 2023	Brian Jadwin Middle School Principal			*Went over with Brian the Monitoring Plan of Wellness in Middle School	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	1/12/2023
<i>Action Plan to Correct</i>								
Designee	Identify a designee to ensure compliance	Bernadette Chudler CND meet w/ Brian Jadwin					<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	
<i>Action Plan to Correct</i>								
Nutrition Guidelines	List and comply with Federal standards for all food and beverages sold on school campus during the school day							
<input checked="" type="checkbox"/>	School meals for Breakfast and Lunch						<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	
<input checked="" type="checkbox"/>	Free water available during lunchtime						<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	
<input checked="" type="checkbox"/>	Competitive foods (<i>a la carte, vending, stores</i>) adhere to Smart Snacks	only sell milk					<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	
<input checked="" type="checkbox"/>	Healthy fundraisers	only have one this year					<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	
<input checked="" type="checkbox"/>	Providing sufficient seat time for breakfast and lunch						<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	
<i>Action Plan to Correct</i>								
Nutrition Standards	Establish standards for all non-sold food and beverages available on school campus							

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<input type="checkbox"/>	Identify food permitted at classroom celebrations	N/A					<input type="checkbox"/> Yes <input type="checkbox"/> No
<input type="checkbox"/>	Identify food permitted at school-wide celebrations	N/A	Brian stated	only	5th grade if any		<input type="checkbox"/> Yes <input type="checkbox"/> No
<input type="checkbox"/>	Identify food permitted for student rewards						<input type="checkbox"/> Yes <input type="checkbox"/> No
<input checked="" type="checkbox"/>	Use non-food rewards						<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Action Plan to Correct							
Policy for Food and Beverage Marketing	Permit marketing on the school campus during the school day of only those foods and beverages that meet the competitive foods requirements	Reaffirmed: that nothing can be sold during a meal time slot's / only non-hour after last bellring.					<input type="checkbox"/> Yes <input type="checkbox"/> No
<input type="checkbox"/>	Exterior of vending machines						<input type="checkbox"/> Yes <input type="checkbox"/> No
<input type="checkbox"/>	Scoreboards						
<input type="checkbox"/>	Posters						<input type="checkbox"/> Yes <input type="checkbox"/> No
<input checked="" type="checkbox"/>	Menu boards						<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
<input checked="" type="checkbox"/>	Coolers						<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
<input checked="" type="checkbox"/>	Trash cans						<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
<input checked="" type="checkbox"/>	Food service equipment						<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
<input type="checkbox"/>	Cups						<input type="checkbox"/> Yes <input type="checkbox"/> No
Action Plan to Correct							
Nutrition Promotion	Establish specific and measurable goals for nutrition promotion using evidence-based strategies						
<input type="checkbox"/>	Use techniques from the <i>Smarter Lunchrooms Movement</i>						<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
<input type="checkbox"/>	Participate in the <i>Healthier U.S. School Challenge</i>						<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
<input type="checkbox"/>	Become a <i>Team Nutrition School</i>						<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
<input checked="" type="checkbox"/>	Enhance cafeteria ambiance/education						<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
<input checked="" type="checkbox"/>	Apply for the <i>USDA Fresh Fruit and Vegetable</i> program						<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
<input type="checkbox"/>	Create a school garden/ participate in <i>Farm to School</i>						<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
<input type="checkbox"/>	Taste-testing days (e.g., "Taste of Idaho")						<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No

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<input checked="" type="checkbox"/>	Host community meal events	Math & Reading wellness						<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
<input checked="" type="checkbox"/>	Wellness newsletters	Principal put's out letter to families						<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
<input type="checkbox"/>	Host a Health Fair	Only at High						<input type="checkbox"/> Yes <input type="checkbox"/> No
<input type="checkbox"/>	Staff modeling healthy eating							<input type="checkbox"/> Yes <input type="checkbox"/> No
Action Plan to Correct								
Nutrition Education								
<input type="checkbox"/>	Classroom –based nutrition education (incorporated into curriculum, cooking classes)							<input type="checkbox"/> Yes <input type="checkbox"/> No
<input checked="" type="checkbox"/>	Cafeteria interventions (MyPlate information, "Eat the colors of the rainbow" themes)	Posters in Cafeteria						<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
<input checked="" type="checkbox"/>	Foodservice staff education (scratch cooking, healthy meals)							<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
<input checked="" type="checkbox"/>	Staff training (Continuing education on Nutrition)							<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
<input type="checkbox"/>	Home and community (Sending information home, community education-Nutrition/Physical Activity nights)							<input type="checkbox"/> Yes <input type="checkbox"/> No
Action Plan to Correct								
Physical Activity								
<input type="checkbox"/>	Minutes/day or week							<input type="checkbox"/> Yes <input type="checkbox"/> No
<input checked="" type="checkbox"/>	Curriculum	P.E. in Middle School						<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
<input type="checkbox"/>	Fitness testing/Fitness Gram							<input type="checkbox"/> Yes <input type="checkbox"/> No
<input type="checkbox"/>	Daily recess time							<input type="checkbox"/> Yes <input type="checkbox"/> No
<input type="checkbox"/>	Physical activity breaks in classes							<input type="checkbox"/> Yes <input type="checkbox"/> No
<input type="checkbox"/>	Recess before lunch							<input type="checkbox"/> Yes <input type="checkbox"/> No
<input checked="" type="checkbox"/>	Access to school facilities							<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
<input type="checkbox"/>	Safe Routes to school							<input type="checkbox"/> Yes <input type="checkbox"/> No
<input type="checkbox"/>	Walk-a-thon/clubs							<input type="checkbox"/> Yes <input type="checkbox"/> No
Action Plan to Correct								

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Other School-Based Wellness	Establish specific and measurable goals for other school-based wellness activities using evidence-based strategies								
<input type="checkbox"/>	Staff modeling/wellness programs								
<input type="checkbox"/>	Staff training on healthy lifestyles								
<input checked="" type="checkbox"/>	District staff certified in CPR	District Pays for CPR							
<input type="checkbox"/>	Programs to support total wellness (e.g., drug prevention, mental health, social and emotional health)								
<input type="checkbox"/>	Recycling/environmental stewardship program								
<input type="checkbox"/>	Recognition/reward program for students who exhibit healthy behaviors								
<input type="checkbox"/>	Community partnerships to support programs, projects, events or activities								
Triennial Assessment	At a minimum, assess the wellness policy every three years						<input type="checkbox"/> Yes <input type="checkbox"/> No		
<input type="checkbox"/>	Extent in which policy compare to model policies	School board will review						<input type="checkbox"/> Yes <input type="checkbox"/> No	
<input type="checkbox"/>	Description of the progress toward goals						<input type="checkbox"/> Yes <input type="checkbox"/> No		
<input checked="" type="checkbox"/>	Compliance with the wellness policy	School board is in charge of review							
Action Plan to Correct									
Public Notification	Inform and update public about content and updates to wellness policy and results of triennial assessment						<input type="checkbox"/> Yes <input type="checkbox"/> No		
<input type="checkbox"/>	Website, handbook, or newsletter	School board will review and complete on 1-17-2023						<input type="checkbox"/> Yes <input type="checkbox"/> No	
<input checked="" type="checkbox"/>	Report to school board						<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No		
Action Plan to Correct	follow up with Brian Tadwin when time comes for further review if changes occur. PG + Bernadette Charles								

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