

APRIL 2023 NEWSLETTER

Susanville Head Start 530-257-2343



IMPORTANT DATES

Minimum Days on
Fridays

April 11th
ReadyRosie
Workshop via Zoom
5:30pm-7pm

April 24th Preschool
Room Dental Visit
with Barney

READYROSIE FAMILY WORKSHOP

The topic is Relationships Matter and in this workshop we will work together to answer key parenting questions so you can enjoy your family even more. You will get Helpful ideas and activities to strengthen your family relationships and learn how to identify the clues to recognize and handle challenging behaviors.

You will also be entered to win a raffle prize for attending.

DIXIE CUP POPSICLES

Puree your favorite fruit and add it to a dixie cup with a popsicle stick for a refreshing spring time treat. Add chunks of fruit or yogurt for a yummy variation.





SPRING CLEANING CHECKLIST



KITCHEN

- Clean stove
- Clean oven
- Clean microwave
- Clean dishwasher
- Clean fridge
- Clear kitchen counters
- Clean kitchen cupboards
- Clean kitchen drawers
- Clean pantry
- Clean windows
- Clean light fixtures
- Wash baseboards, walls & floor

BATHROOM

- Clean bathtub
- Clean sink
- Clean toilet
- Clean vanity
- Replace shower curtain liner
- Clean windows
- Clean light fixtures
- Wash baseboards, wall & floor

MASTER BEDROOM

- Dust dressers
- Clean & organize closet
- Flip mattress
- Clean windows
- Clean light fixtures
- Wash baseboards and walls
- Vacuum floor

KIDS' BEDROOMS

- Clean dressers
- Clean & organize closet
- Flip mattress
- Clean windows
- Clean light fixtures
- Wash baseboards and walls
- Vacuum floor

LIVING ROOM

- Vacuum furniture
- Wash throws and pillows
- Dust furniture & electronics
- Clean windows
- Clean light fixtures
- Wash baseboards and walls
- Wash/vacuum floor

FAMILY ROOM

- Vacuum furniture
- Wash throws and pillows
- Dust furniture & electronics
- Clean windows
- Clean light fixtures
- Wash baseboards and walls
- Wash/vacuum floor

LAUNDRY ROOM

- Clean washing machine
- Clean dryer
- Organize laundry supplies
- Clean windows
- Clean light fixtures
- Wash baseboards and walls
- Wash floor

FOYER

- Clean & organize closet
- Wash mat
- Clean light fixtures
- Wash baseboards and walls
- Wash floor
- Wipe down door

OTHER TASKS

- Clean & organize linen closet
- Wash trash cans
- Clean mirrors
- Dust computers & printers