





# October 2024

JDPS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>Hot Dog</b> Beans ½ c Green beans ¼ c	<b>Chicken Patty Sandwich</b> serving Broccoli ½ c Corn ¼ c	<b>Pizza</b> 1 serving Peas ½ c Carrots ¼ c	
<b>Breakfast for lunch</b> Tater Tots ½ c Cucumber Slices ¼ c	<b>Corn Dog</b> Veggies ½ c Red Bell Pepper Slices ¼ c	<b>Spaghetti w/Meat Sauce</b> 1 serving Italian Veg Blend ½ c Broccoli Florets ¼ c	<b>Pizza</b> Baked Beans ½ c Baby Carrots ¼ c	
<b>No School</b>	<b>Hot Dog</b> 1 ea. Salsa ¼ c Seasoned Broccoli ½ c	<b>Chicken Sandwich</b> Peas ½ c Celery & Ranch ¼ c	<b>Pizza</b> 1 serving Baby Carrots ½ c FF ¼ c	
<b>Chicken Tender Biscuit Sandwich</b> Tater Tots ½ c Cucumber Slices ¼ c	<b>Beef Nachos</b> Rice ½ c Red Bell Pepper Slices ¼ c	<b>Dunkers with Meat Sauce</b> Italian Veg Blend ½ c Broccoli Florets ¼ c	<b>Pizza</b> 1 serving Baked Beans ½ c Celery Sticks ¼ c	
<b>Chicken Nuggets</b> Mashed Potatoes ½ c Corn ¼ c	<b>Chicken Taco</b> Carrots & Celery Cup ½ Cheesy Beans ¼ c	<b>Mac &amp; Cheese</b> Chili Beans ½ c Green beans ¼ c	<b>Pizza</b> Cucumber ½ c FF ¼ c	Green beans are a great source of fiber, Vitamin C and Vitamin K! 

½ c fruit option, romaine side salad and ½ pint milk choice included with your meal and offered daily.

For questions and comments, please email the Food Service Director at [faye.rodriquez@k12byelior.com](mailto:faye.rodriquez@k12byelior.com)

- K-12 BY ELIOR
-  BeWell Healthy Choice
  -  Vegetarian (Ovo-Lacto)
  -  Local
  -  Fresh Picks

This institution is an equal opportunity provider