

# December 2021



## Hines Middle School Breakfast and Lunch Menu

Lunch – \$0.00 paid SY21-2022 & 0¢-reduced  Extra Milk – 45¢ Juice is .45¢

**Lunch includes:** Entrée with, fruit, vegetable, breads grains, Oregon Milk

Menu is subject to change. Some items may contain nuts.

*Food allergies need to be documented by a licensed doctor and a copy sent to the kitchen & office.*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
		1 <b>Breakfast</b> Cereals & Grains or Muffins w/ Fruit & Milk <b>Lunch</b> <i>Sandwiches &amp; Salads daily</i> Meat Spaghetti w/ Tx Toast Green Beans Veggie, Fruit & Milk	2 <b>Breakfast</b> Cereals & Grains, Fruit & Milk Berry Bread <b>Lunch</b> <i>Sandwiches &amp; Salads daily</i> Hamburger w/Chips Veggie, Fruit & Milk
6 <b>Breakfast</b> Cereals & Grains, Soft Pretzel w/ PB & J, Fruit & Milk <b>Lunch</b> <i>Sandwiches &amp; Salads daily</i> Corn Dogs w/ Baked Beans Veggie, Fruit & Milk	7 <b>Breakfast</b> Cereals & Grains, Pancakes Fruit & Milk <b>Lunch</b> <i>Sandwiches &amp; Salads daily</i> Cheese Burgers w/ French Fries Veggie, Fruit & Milk	8 <b>Breakfast</b> Cereals & Grains, Cherry Frudel Fruit & Milk <b>Lunch</b> <i>Sandwiches &amp; Salads daily</i> Bacon Stuffed Baked Potato w/ Cheese Veggie, Fruit & Milk	9 <b>Breakfast</b> Cereals & Grains, Fruit & Milk Long John Donut <b>Lunch</b> <i>Sandwiches &amp; Salads daily</i> Chicken Strips/ Jo Jo's Veggie, Fruit & Milk
13 <b>Breakfast</b> Cereals & Grains, Fruit & Milk Banana Bread w/ String Cheese, Fruit, Milk <b>Lunch</b> <i>Sandwiches &amp; Salads daily</i> Bean & Cheese Burrito Veggie, Fruit & Milk	14 <b>Breakfast</b> Cereals & Grains, Fruit & Milk Egg & Cheese Breakfast Sand Fruit, Milk <b>Lunch</b> <i>Sandwiches &amp; Salads daily</i> Crunchy Beef Taco's Refried Beans w/ Cheese Veggie, Fruit & Milk	15 <b>Breakfast</b> Cereals & Grains, Fruit & Milk Yogurt Parfait w/ Fruit & Granola, Milk <b>Lunch</b> <i>Sandwiches &amp; Salads daily</i> Chicken Alfredo w/ Tx Toast Green Beans Veggie, Fruit & Milk	16 <b>Breakfast</b> Fresh Cinnamon Rolls Fruit, Juice & Milk <b>Lunch</b> <i>(only)</i> Pizza Veggie, Fruit & Milk Cookie
		<b>NO SCHOOL            CHRISTMAS            BREAK            DEC 17-JAN 2</b>	

**This institution is an equal opportunity provider.**