

January 2026

Hines Middle School Menu

BREAKFAST - \$0.00 (Before morning bell)

Lunch - \$0.00 SY25-2026 & 0¢-reduced Extra Milk - 45¢ Juice is .45¢

Lunch includes: Entrée with Salad bar options, fruit, vegetable, breads grains, Oregon Milk (Nonfat - 1%)

Grab N' Go options offered daily. Menu is subject to change. Some items may contain nuts.

Students with a food allergy such as fluid milk intolerance, must be documented by a licensed doctor and a faxed or written copy sent to the kitchen & office when a student is needing a substitution and or participating in the breakfast or lunch programs.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
			
5 Breakfast Hot Sausage E-Muffin Cereal, Grain, Fruits & Milk Lunch Burrito's w/ Seasoned Rice Salads & Sands Daily Fruit, Veggie, Milk	6 Breakfast Bagel w/ Lt. Cream cheese HB egg Cereal, Grain, Fruits & Milk Lunch Meat Spaghetti w/Tx Toast Green Beans Salads & Sands Daily Fruit, Veggie, Milk	7 Breakfast Lt. Yogurt w/ HB Egg Juice & Cut Apples w/ PB Cereal, Grain, Fruits & Milk Lunch Chicken Strips w/ FF Mac Salad Salads & Sands Daily Fruit, Veggie, Milk	23 Breakfast Cereal, Grain, Fruits & Milk Lunch Crispy Chicken Burger W/ Corn Salads & Sands Daily Fruit, Veggie, Milk Friday school day
12 Breakfast Hot Breakfast Pizza Cereal, Grain, Fruits & Milk Lunch Homemade Chili w/ Cornbread Salads & Sands Daily Fruit, Veggie, Milk	13 Breakfast Egg & Cheese Omelet w/ Salsa Cereal, Grain, Fruits & Milk Lunch Corn Dogs w/ Scalloped Potato Salads & Sands Daily Fruit, Veggie, Milk	14 Breakfast Cinnamon Roll w/ Apple Juice Cereal, Grain, Fruits & Milk Lunch Pepperoni Pizza Salads & Sands Daily Fruit, Veggie, Milk	15 Breakfast Assorted Grain, Fruits & Milk Lunch Crunchy Taco's w/ Seasoned Black Bean & Corn Mix Seasoned Rice Fruit, Veggie, Milk
19 NO SCHOOL MLK Jr. DAY	20 Breakfast Breakfast Burritos w/ Salsa Cereal, Grain, Fruits & Milk Lunch Walking Nacho w/ Meat & Cheese & Seasoned Rice Salads & Sands Daily Fruit, Veggie, Milk	21 Breakfast Fruit Smoothie w/Muffin Cereal, Grain, Fruits & Milk Lunch Lasagna w/ TX Toast Garlic Green Beans Salads & Sands Daily Fruit, Veggie, Milk	22 Breakfast Assorted Grain, Fruits & Milk Lunch Hamburger w/Baked Beans Salads & Sands Daily Fruit, Veggie, Milk
26 Breakfast Hot Ham & Cheese E-Muffin Cereal, Grain, Fruits & Milk Lunch BBQ Pork Rib Sand Cole Slaw Salads & Sands Daily Fruit, Veggie, Milk	27 Breakfast Waffles w/ Strawberries Cereal, Grain, Fruits & Milk Lunch Fried Chicken w/Mashed Potato & Gravy w/ Roll Salads & Sands Daily Fruit, Veggie, Milk	28 Breakfast Cherry Frudel Cereal, Grain, Fruits & Milk Lunch Italian Meatball Subs w/ Pasta Salad Salads & Sands Daily Fruit, Veggie, Milk	29 Breakfast Assorted Grain, Fruits & Milk Lunch Creamy Ham & Potato Soup w/ Toasted cheese Sand Salads & Sands Daily Fruit, Veggie, Milk

This institution is an equal opportunity provider.

