



# JAN. 2023

MENU SUBJECT TO CHANGE  
 FRUIT, VEGETABLES & MILK SERVED DAILY  
 QUESTIONS? CONTACT JULIE PETERSON AT  
 jpeterson@nymills.k12.mn.us

MONDAY	TUESDAY	WED.	THURSDAY	FRIDAY
<p>9</p> <p>PANCAKE ON A STICK            CHOC CHIP BAR            FRUIT OR JUICE            *****            LASAGNA ROLLUPS            GARLIC TOAST            FRUIT &amp; VEGETABLE</p>	<p>10</p> <p>ASSORTED CEREAL            YOGURT            FRUIT OR JUICE            *****            FAJITA CHICKEN WRAP            GRANOLA BAR            FRUIT &amp; VEGETABLE</p>	<p>11</p> <p>BISCUITS &amp; GRAVY            HARD BOILED EGG            FRUIT OR JUICE            *****            CHICKEN CRISPITOS            BAKED BEANS            FRUIT &amp; VEGETABLE</p>	<p>12</p> <p>ASSORTED MUFFINS            CHEEZIT CRACKERS            FRUIT OR JUICE            *****            CHEESEBURGER            FRENCH FRIES            FRUIT &amp; VEGETABLE</p>	<p>13</p> <p>BENEFIT BAR            TURKEY STICK            FRUIT OR JUICE            *****            ASSORTED PIZZA            STRAWBERRY BAR            FRUIT &amp; VEGETABLE</p>
<p>16</p> <p>NO            SCHOOL</p> 	<p>17</p> <p>POPTART            CHEX MIX            FRUIT OR JUICE            *****            TACO IN A BOAT            REFRIED BEANS            FRUIT &amp; VEGETABLE</p>	<p>18</p> <p>APPLE FRUDEL            SUNFLOWER SEEDS            FRUIT OR JUICE            *****            CHILI &amp; CRACKERS            CINNAMON ROLL            FRUIT &amp; VEGETABLE</p>	<p>19</p> <p>BREAKFAST SANDWICH            GOGURT            FRUIT OR JUICE            *****            CHICKEN LEGS            POTATOES &amp; GRAVY            DINNER ROLL &amp; BEANS</p>	<p>20</p> <p>BREAKFAST COOKIE            WAFFLE SNAPS            FRUIT OR JUICE            *****            CHEESE RAVIOLI            BREADSTICK            FRUIT &amp; VEGETABLE</p>
<p>23</p> <p>ASSORTED CEREAL            YOGURT            FRUIT OR JUICE            *****            BEEF PAD THAI            BROWN RICE            FRUIT &amp; VEGETABLE</p>	<p>24</p> <p>BREAKFAST PIZZA            CHEESE STICK            FRUIT OR JUICE            *****            CHEESY PULLAPARTS            MARINARA SAUCE            FRUIT &amp; VEGETABLE</p>	<p>25</p> <p>CINN BAGEL BITES            MINI MAPLE BAR            FRUIT OR JUICE            *****            HOAGIE SANDWICH            ASSORTED CHIPS            FRUIT &amp; VEGETABLE</p>	<p>26</p> <p>LONG JOHN            GOLDFISH GRAHAMS            FRUIT OR JUICE            *****            BEEF HOTDOG            ASSORTED POTATOES            BAKED BEANS &amp; FRUIT</p>	<p>27</p> <p>RICE KRISPIE BAR            BUG BITES GRAHAMS            FRUIT OR JUICE            *****            MINI WAFFLES            SAUSAGE &amp; HB EGGS            FRUIT &amp; JUICE</p>
<p>30</p> <p>BENEFIT BAR            TURKEY STICK            FRUIT OR JUICE            *****            ASSORTED PIZZA            SORBET CUP            FRUIT &amp; VEGETABLE</p>	<p>31</p> <p>YOGURT PARFAIT            OR            CEREAL KIT            *****            BEEF NACHOS            BLACK BEANS            FRUIT OR JUICE</p>	<p>1</p> <p>CHICKEN SLIDER            BUNNY GRAHAMS            FRUIT OR JUICE            *****            CHICKEN NUGGETS            POTATOES &amp; GRAVY            DINNER ROLL &amp; CORN</p>	<p>2</p> <p>CINNAMON APPLE OATS            CHEESE STICK            FRUIT OR JUICE            *****            ITALIAN CHIX PASTA            GARLIC TOAST            FRUIT &amp; VEGETABLE</p>	<p>3</p> <p>ASSORTED CEREAL            YOGURT            FRUIT OR JUICE            *****            CORNDOGS            BAKED CHIPS            FRUIT &amp; VEGETABLE</p>
	<p>7</p>		<p>9</p>	