DHS LUNCH MENU SEPTEMBER 2025

Menu subject to change due to weather/truck deliveries etc.

MONDAY	TUESDAY		WEDNESDAY	THURSDAY		FRIDAY	
Offered Daily:		Students may select a minimum of 3 items and are encouraged to select 5					
2 oz. meat/meat alternate 1-2 Choices of Fruits /Juices		items. Students must choose a ½ cup fruit or vegetable.					
1-2 Choices of Vegetables 2 Serving	gs of Bread						
Choice of Milk				T			
1		2	3		4		5
	Taco Meat or Fajita Chicken		Brunch for Lunch	Chicken Alfredo/Breadstick			
Labor Day	Tortilla or Chips		Egg Patty or Sausage Patty	Smart Mouth Pizza		Fair Day	
·	Smart Mouth Pizza		Biscuit w/gravy	Green Beans		No School	
No School	Refried Beans/Cheese/Salsa		Hashbrown Casserole	Glazed Carrots		140 3011001	
	Lettuce/Tomatoes/Peppers		Carrots w/ranch	Fresh Fruit/Sidekicks			
	Fresh Fruit or Sidekicks		Apple Sauce	Choice of Milk			
	Choice of Milk		Choice of Milk				
8		9	10		11		12
Steak and Gravy/Roll	Cheesy Beef Enchilada		Chicken Rotel/Roll	Boom Boom Chicken		Hot/Spicy Chicken/W.G. Bun	
Smart Mouth Pizza	Smart Mouth Pizza		Smart Mouth Pizza	Smart Mouth Pizza		Smart Mouth Pizza	
Creamed Potatoes	Romaine Salad		Italian Green Beans	Garden Salad		Pickle Spears	
Glazed Baby Carrots	MexiCorn		Broccoli Salad	Sweet Potato Puffs		French Fries	
Fresh Fruit/Sidekicks	Fruit Cocktail/Sidekicks		Fresh Fruit/Sidekicks	Fresh Fruit		Baked Beans	
Choice of Milk	Choice of Milk		Choice of Milk	Sidekicks		Fresh Fruit/Sidekicks	
				Choice of Milk		Choice of Milk	
15		16	17		18		19
Chicken Fries/Roll	Cheeseburger Mac/Cornbread		General Tso Chicken w/Chow	Taco Meat or Fajita Chicken		BBQ Chicken Sandwich	
Smart Mouth Pizza	Smart Mouth Pizza		Mein Noodles	Tortilla or Chips		Smart Mouth Pizza	
Creamed Potatoes	Green Beans		Smart Mouth Pizza	Smart Mouth Pizza		Cole Slaw	
Broccoli and Cheese	Carrots w/ranch		California Blend Vegetables	Salsa		Baked Beans	
Strawberry Cups/Sidekicks	Sliced Peaches/Sidekicks		Cucumbers & Cherry Tomatoes	Lettuce/Tomatoes/Peppers		Fresh Fruit/Sidekicks	
Choice of Milk	Choice of Milk		Fresh Fruit/Sidekicks	Fresh Fruit or Sidekicks		Choice of Milk	
			Choice of Milk	Choice of Milk			
22		23	24		25		26
Poppy Seed Chicken	Hamburger/Cheese/WG Bun		Pollo Loco Chicken	Spaghetti/Breadstick		Mac and Cheese w/Mini	
Smart Mouth Pizza	Smart Mouth Pizza		Smart Mouth Pizza	Smart Mouth Pizza		Corndogs	
Broccoli & Cheese	French Fries		Roasted Corn	Green Beans		Smart Mouth Pizza	
Cucumbers/Cherry Tomatoes	Romaine/Tomato Slice/Pickles		Pickle Spears	Cole Slaw		English Peas	
Fresh Fruit/Sidekicks	Fresh Fruit/Sidekicks		Fresh Fruit/Sidekicks	Fresh Fruit/Sidekicks		Fresh Romaine Salad	
Choice of Milk	Choice of Milk		Choice of Milk	Choice of Milk		Fresh Fruit/Sidekicks	
						Choice of Milk	

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29	30	1	2	3
Chicken Nuggets	Hamburger/Cheese/WG Bun	Brunch for Lunch	Chicken Alfredo/Breadstick	Taco Meat or Fajita Chicken
Smart Mouth Pizza	Smart Mouth Pizza	Egg Patty or Sausage Patty	Smart Mouth Pizza	Tortilla or Chips
Creamed Potatoes	French Fries	Biscuit w/gravy	Green Beans	Smart Mouth Pizza
Pickle Spear	Romaine/Tomato Slice/Pickles	Hashbrown Casserole	Glazed Carrots	Refried Beans/Cheese/Salsa
Fresh Fruit/Sidekicks	Fresh Fruit/Sidekicks	Carrots w/ranch	Fresh Fruit/Sidekicks	Lettuce/Tomatoes/Peppers
Choice of Milk	Choice of Milk	Apple Sauce	Choice of Milk	Fresh Fruit or Sidekicks
		Choice of Milk		Choice of Milk