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Dr. Angela Jacobs, Interim Superintendent

IMMEDIATE RELEASE

August 13, 2025

KINGSTREE LADY BLAZERS PARTICIPATE IN SUMMER WORKOUTS AGAINST OTHER SCHOOLS

The Kingstree High School Lady Blazers basketball team dedicated time during the summer to refining their skills, strengthening teamwork, and building a competitive spirit through summer workouts and scrimmages against other schools. These sessions, part of an off-season development program, provided players with valuable opportunities to enhance their on-court performance in a structured, competitive environment. Throughout the summer, the Lady Blazers engaged in various drills, conditioning exercises, and practice games designed to improve shooting, passing, defensive strategies, and game awareness. The workouts also focused on leadership development, discipline, and fostering team unity—key factors for success in the upcoming season.

“Our girls worked hard this summer and demonstrated a high level of commitment,” said James Price, the head coach of the Kingstree Lady Blazers. “Facing competition from other schools helped us identify our strengths and areas for improvement, and we are confident that this experience will make us stronger when the season begins.”

By participating in summer workouts against other teams, the Lady Blazers gained valuable game-like experience, improved their conditioning, and developed the mental toughness needed for high-level competition.