



P.O. Box 798 Laguna, NM 87026

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November

news & announcements



What's Inside

EARLY HEAD START

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PRESCHOOL HEAD START

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- ⇒ ERSEA / Childcare Manager
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Greetings Families, as we say goodbye to the warmer weather, and hello to the colder brisk mornings of autumn, please remember to send children with a jacket everyday.

Bringing children to school on time ensures that they will have a healthy and nutritious breakfast. With this, we know mornings can be hectic and sometimes rushed trying to get out the door and to school on time, but we want families to be safe.

Please abide by the posted speed limit of **5 mph.**

Parent Tip: Start small, plan ahead the night before try going to bed 10-20 minutes earlier, try setting your morning alarm 10-20 minutes ahead of your usual wake up time, and most importantly **DO NOT HIT SNOOZE!**

Stay Safe & Warm!



November 02- No School

November 05- Daylight Savings (Fall Back)

November 07- Smokey the Bear Visits DEC

November 09- Parent Teacher Conferences (**No Children, No Childcare**)

November 17- Fall Festival

November 20- Baking Traditional Pies—

November 21—Early Release PHS Departs @12:00P.M.

EHS pick-up 11:30a.m. –12:00p.m. **No P.M. Childcare**

November 22-November26- Thanksgiving Break

November 27—Back to School

Families of DEC

The Konico Family

Greetings,

We are the Konico family, we are happy to call DEC our home for Early Childhood Education, we are happy to see improvements in our son Mateo and his development and skills, such as he is beginning to speak in complete sentences and pronounce more complex words. Thank you Ms. Peacock & Ms. Raina!

We chose DEC because we wanted Mateo to learn about his culture and the Laguna Language. He is part Navajo, I can talk to him in my language and he is beginning to understand simple phrases and words. We like that DEC helps working families by providing Childcare Services.

Shout out to Ms. Tiffany Touchin for being an awesome Bus Driver getting our son to and from school safely each day.

-Ray Konico

Shout out to Mr. Konico who has recently obtained his license as an EMT Basic, and was recently selected for a position with the Laguna Fire and Rescue as a EMT/Firefighter. "CONGRATUALTIONS" to Mr. Konico on your astounding achievement, from all of us here at Laguna Division of Early Childhood!

The Shijes'

Hello,

We are the Shije Family. In the past month our family has purchased a new vehicle to use, since we drive back and forth from ABQ to Laguna daily. With the winter weather months approaching we need something reliable for our families daily commute.

Our daughter Rencee has really started helping at home by picking up her toys and helping to clean up after meals at home. She enjoys dancing and giving hugs to everyone. Dad speaks to her in the Laguna Language, so having this being taught at school as well is a huge help to her learning!

We chose to send our children to DEC because mom is a Laguna Tribal member and works at the Laguna Community Health Center. Instead of having children in school in Albuquerque, we feel a lot safer having our babies at Laguna Head Start.

Thank you to ALL DEC staff for being so compassionate with our children and welcoming them to your school. Our family is beyond grateful for all that you do!

-Stephanie Shije



Director's Corner

Greetings Families,

Thank you for getting our youngest scholars to school each day. We also appreciate your attendance at the various events DEC had in October. It was an honor to have DEC parent Ms. Jessica Atsye, the founder of Roc Your Mocs, present for DEC's Roc Your Mocs event. Ms. Mary Riley, a DEC grandparent, demonstrated music pieces with the flute and clarinet. Lastly, DEC parent, Mr. Ray Konico, demonstrated how music plays an integral part in the early stages of childrens' lives and culture. How blessed we are to have family members sharing their time and talents with the children!

Parents and families enjoyed time with the children during the pumpkin patches. EHS families decorated the PRC, beautifully, for the EHS children. A special thank you to, Kristina Koenig, Maureen Herrera, Amanda Pedro, Chris and Kiersten Wilterding, Sandra Wade and Joshua Wade. The PHS children participated in a scavenger hunt and picking out a pumpkin at Mr. Kyle Leon's field. Thank you, Mr. Leon for the use of your field.

Parent Committee members have been collaborating on activities for the November 17 fall festival. We look forward to this event.

It was so nice to see families enjoying feast days. Thank you for stopping by our recruitment booths at the E-Center, Paguete Community Center, and during feast days at Seama, Mesita, Encinal, Laguna, Paguete, and Paraje. DEC also recruited at the Seboyeta Feast.

In conclusion, we always want to hear from our parents and families. Please contact me so that we can know what we're doing well and what we can improve upon.

We are thankful to you for sharing with us your most valuable possession, your children. Thank you for being an advocate in your child's education, safety and well-being.

DEC staff wishes you and your family a happy, healthy, and relaxing Thanksgiving holiday.

Appreciatively,

Ruth Hidalgo

Director

r.hidalgo@lagunaed.net

505.321.8490

November 3, 2023

Greetings Parents/Guardians,

We hope this finds you doing well and enjoying the Fall weather.

This notice is being sent as the Division of Early Childhood has seen an increase in positive COVID-19 cases. In efforts to maintain our commitment and limit the impact of the COVID-19 disease, we are providing you this protocol. Be reminded that we are each responsible for taking steps to protect us all.

All individuals over the age of 2 years:

1. Monitor symptoms daily. Check your child and household daily for COVID-19 symptoms. COVID-19 symptoms include loss of taste or smell, cough, shortness of breath, sore throat, headache, muscle pain, & chills.
2. Anyone having these symptoms, even if not serious, should immediately isolate themselves from other people until they obtain a COVID-19 PCR test and consult the EOC or a medical professional. Home rapid tests can be used when experiencing symptoms to confirm COVID-19, but are not accurate for proving that someone is negative for the virus.
3. Any person who tests positive for COVID-19 from either a PCR or a home rapid test must contact the EOC and comply with all quarantine and isolation requirements.
4. Any person who is notified of contact with a COVID-positive person shall obtain a Covid-19 PCR test in consultation with the EOC if directed to do so. Home rapid test results cannot be substituted for PCR test results for anyone who has had contact with a COVID-positive person.
5. Masks are currently optional but strongly encouraged.
6. Wash your hands often with soap and water for at least 20 seconds.

If your child is having symptoms, please follow these procedures. In addition, being that we have entered the Flu season as well, DEC will now require a doctor's note for your child to return to school.

Mesita Pod is open Monday, Tuesday and Wednesday from 9:00 am to 1:00 pm for drive thru testing. They can also provide you with masks and home test kits upon request. COVID information line is 505-328-5682.

DEC appreciates your cooperation and support to keep our youngest learners, staff and community safer.

DEC Staff

November

Sunnyside Classroom

Teachers: Andrea & Sandra

Emails: a.lucario@lagunaed.net /
s.lewis@lagunaed.net

Phone: (505) 552-6544 Ext. 5201

Last Months Highlights

Our **Creative Curriculum** theme last month, was clothes. We focused on what children wore daily. We counted snap buttons, grasped zippers to open and close, and we talked about the shoes we wore. Children explored buckles on the highchairs and on some cloth books. Some friends preferred the buckles on the high chairs rather than the book buckles. We also focused on gross motor skills, as our babies are starting to crawl and some are now starting to walk, we will continue to practice walking up and down steps and ramps.

Conscious Discipline: We will continue to sing wish you well songs, and listen to a variety of other conscious discipline songs.



November Happenings:

Creative Curriculum theme for this month will be **bags**. Children will explore a variety of bags. Children will begin to identify bags and the different parts to bags (straps, pockets, zippers, buttons, buckles, zip lock, etc.). We will explore the textures and colors of each bag, count pockets, and grasp zippers to open and close certain bags. Children will manipulate objects and place them in and out of bags, they will carry bags around, and compare the weight and sizes as well.

Conscious Discipline: Our classroom will listen to the Conscious Discipline songs throughout the day, children will sing, recite, or chant songs of choice for each day.

Cultural Lifeways: Children will learn the names of animals by looking at pictures provided in the library area.

S.T.E.A.M.: Exploring Trees –children will explore the trees outside, listen to books The Big Tree Book, and look at pictures of trees, during indoor and outdoor play.

Visitors /Events: Families are welcome to join us for upcoming events.

Color of the month: Brown



Sunnyside Classroom

continued...

Upcoming Events:

November 02- No School

November 05- Daylight Savings (Fall Back)

November 07- Smokey the Bear Visits DEC

November 09- Parent Teacher Conferences

November 17- Fall Festival

November 20- Baking Traditional Pies—

November 21—Half Day of School (Children Depart at 12pm, **No P.M. Childcare**)

November 22-November 26- Thanksgiving Break

November 27—Back to School



Milestones and Achievements -

Our babies are familiar with our daily routine schedule, (meal times, diaper changing, washing/drying hands, brushing teeth, playground time, napping, and going home for the day).

- We have one child putting two-word phrases together and repeating words.
- We have one child crawling, and attempting to pull themselves up to kneel.
- We have one child walking without assistance.
- One child attempts to stand without support and walks with one hand held as she maintains her balance quite well.
- We have two children transitioning from baby formula to whole milk.
- Yay! We have welcomed a new friend to our classroom.
- Enrollment is now up to capacity with 8 children enrolled.

Parent Tips:

- Dress your child accordingly to the weather.
- No open toed shoes (Sandals/Crocs)
- Please send extra clothes with your child in case of accidents/messes.
- Please send jackets.

Reminders:

Please call the school if you plan to keep your child home.



Turnnoise Springs Classroom

November

Parent Tips:

1. Showing is better than telling, I learn by watching you.
2. Love Me, give me hugs and kisses, you can't spoil me with those.
3. Kind and firm discipline, my brain is still developing and so I'm slow in learning, I want to learn, if you are patiently and kindly teaching me.
4. Be my safe haven, always be there for me no matter what.
5. Talk with me, don't just talk to me.
6. Hear me, sometimes I just want to be heard without judgement or lecture.
7. Accept who I am, don't constantly compare me to other children.
8. Let me play outside.
9. Give me food that is nutritious and yummy.
10. Trust me, let me make my own decisions on non-safety or health related things. I wouldn't have learned to walk without falling. I can't learn to make good decisions without making bad ones.
11. Encourage me, your praise means so much to me.

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- November 21—Half Day of School (Children Depart at 12pm, **No P.M. Childcare**)
- November 22-November 26- Thanksgiving Break
 - November 27—Back to School

Teachers: Candice & Marilou

Emails: c.lucero@lagunaed.net /
m.arkie@lagunaed.net

Phone: (505) 552-6544 Ext. 5202

Last Month's Highlights

Creative Curriculum: We talked about clothes, all the different textures, colors, pictures or designs. We had a full week to show some off some of our favorite clothing items, and we practiced taking off and putting them back on.

Conscious Discipline: during restroom breaks for children, we like to sing songs while we wait to be changed. When we do not feel good, and need the extra TLC, teachers will pick us up and hold us, until we are ready to explore the room.

Cultural Lifeways: as children observe anatomy posters hanging in the classroom, we point to and name the parts of our own bodies in the keres language.

STEAM: *The leaves are falling off the trees outside and we are having fun by picking them up and throwing them in the air. There was a day the air was too cold for us to go out, so we stayed in and played with sand; we added glitter and some plastic spiders.*

In November

Creative Curriculum: We will be studying "bags" this month. We will discuss the different types of bags, their uses, and compare sizes.

Conscious Discipline: We will learn the "Power of Intention"; we will sing songs while we wait. Again taking some time in our calm down area when we need it.

Cultural Lifeways: Children will examine pictures of animals, that we hunt.

STEAM: Exploring Trees Children will be given visuals of different trees, that we do not have in our area.

New York Classroom

Teachers: Venessa & Angela

Email: v.deutsawe@lagunaed.net / a.yawea@lagunaed.net

Phone: 9505) 552-6544 Ext. 5107

Last Month's Highlights

Creative Curriculum: Last month we focused on clothing, what types of clothing, naming what type of clothing like: pants, shirt, socks, jacket, hat. We made shirts by stamping our own patterns on them. We watched videos on what we wear according to the weather. While we learning about clothing we, also are learning how to pull our pants up and down, when we go to the bathroom.

Conscious Discipline: We are singing songs in the morning to wake our body and minds, stretching exercises, along with our breathing exercises.

Cultural Lifeways: We learned about **Harvest** and what grows in the garden, watched videos on how a pumpkin grows and what we can do when it has been harvested. We talked and learned about the color orange. We were also able to walk around the campus and see our grown pumpkins, squash and corn.

Birthdays/Celebrations

New York Classroom is celebrating, that all the children in the classroom are potty training and a few are ready to transition to undies. We are also, using more words to express our wants and needs.

Parent Tips: Please continue the potty training at home and help children use their words to express their wants and needs. *Encourage your children to use their self help skills. Thank you Parents/guardians for all your support and working with your child at home.*

Upcoming Events:

11/02- No School

11/05- Daylight Savings (Fall Back)

11/07- Smokey the Bear Visits DEC

11/09- Parent Teacher Conferences

11/17- Fall Festival

11/20- Baking Traditional Pies

11/21-Early Dismissal PHS Departs @ 12p.m. EHS Pick-up
11:30a.m.—12:00p.m. **No P.M. Childcare**

11/22-11/26- Thanksgiving Break

11/27- Back to School

In November—

Creative Curriculum: For the month of November, we are learning about **bags**: the different kinds of bags, how we use them, if they are they good or bad, and what can we put in them. Children will be using their cognitive skills to reflect on what they have learned.

Conscious Discipline: Children will sing our good morning song, and learn new nursery rhymes, words and hand gestures.

Cultural Lifeways: We will be learning about hunting and the seasons using the keres names for animals and the seasons. We will incorporate the Laguna language in our everyday routines and activities.

We are
Thankful for
YOU!



New Laguna Classroom

Teachers: Caundice Deutsawe & Royce Kie

Email: c.deutsawe@lagunaed.net / r.kie@lagunaed.net

Phone: (505) 552-6544 Ext. 5108



Last Month's Highlights

Creative Curriculum: Our study was clothing. We talked about our clothing and clothing people wear for work and how to keep our clothes clean. We sang songs that encouraged us to look at our clothing. Children made connections as to whether they were wearing the same color or same character as each other. We continue to learn to communicate with one another using words. For example, teachers model the words for them, "may I have a turn"? or "can I play"?. We have been learning to identify 3 shapes, the circle, triangle and the square, and identifying these on shape hunts.

Conscious Discipline: Attention— we will use the "I love you Rituals" along with movements to gain and keep children's attention.

Cultural Lifeways: Harvest— Our classroom took walks to see the gardens that are planted around the school. Children took notice of the corn stalks, pumpkins and the squash plants. When our lunch included vegetables, we would make connections to the vegetables we had seen in the school gardens.

STEAM: Colors in Nature- While we took our walks through the gardens, we also noticed that some pumpkins were green and some had turned orange. the leaves in the trees were also turning yellow.

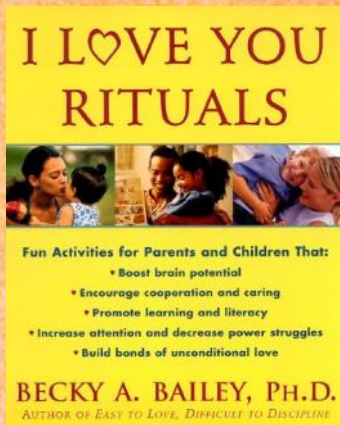
Visitors /Events: Thank you families for coming to participate in the Pumpkin Patch and Trunk or Treat activities.

Birthdays / Celebrations

No birthdays this month

Parent Tips:

As we get closer to the cold season, please begin to teach your child to sneeze and cough into their elbow, wipe their nose with tissue and place it in the trash can.



New Laguna Classroom continued...

November

Creative Curriculum: *Bags Study*— Children will explore the physical properties of bags by noticing their size, color, and shape. Children will practice using new words such as baggage, zipper, pocket, and straps. Children will get to manipulate different ways to open and close bags such as grasping zipper, buckles, and snaps.

Conscious Discipline: *Intention*— Mistakes are opportunities to learn. Introducing breathing exercises we use these 4 techniques- S.T.A.R (“stop take a deep breath and relax”), Drain, Pretzel and the Balloon.

Cultural Lifeways: *Hunting*— Have discussions at home about hunting, asking children why, what, where and when people go hunting. Children will learn that animals are a blessing that provide food, nutrition, and happiness to our families. Talk about safety of when people go hunting.

Vocabulary: Deer, Elk, Turkey, Mountain Lion, Hunting, Antelope, Bear, Rabbit, Quail, Duck, Blue Birds, Mountains

STEAM: *Exploring Trees*— Children will explore the difference in the colors of leaves, and the different kind of trees we have here at the school.



Fall Festival



Upcoming Events:

- ⇒ **November 02-** No School
- ⇒ **November 05-** Daylight Savings (Fall Back)
- ⇒ **November 07-** Smokey the Bear Visits DEC
- ⇒ **November 09-** Parent Teacher Conferences
- ⇒ **November 17-** Fall Festival
- ⇒ **November 20-** Baking Traditional Pies—
- ⇒ **November 21**—Early Release PHS Departs @12:00P.M.
- ⇒ EHS pick-up 11:30a.m. –12:00p.m. **No P.M. Childcare**
- ⇒ **November 22-November26-** Thanksgiving Break
- ⇒ **November 27**—Back to School

Mesita Classroom

Teachers: Evelyn & Kay-Mani

Email: e.garcia@lagunaed.net / k.riley@lagunaed.net

Phone: (505) 552-6544 Ext. 5117

October Highlights

Creative Curriculum: In the classroom we took a look at clothes. Children used self-help skills in taking their jackets off, attempting to zip their zippers, and taking off and putting on their shoes. We discussed the different types of clothes worn for safety and comfort, how we keep ourselves warm and cool as the seasons change, we used print concepts and math skills to chart who and how many were wearing similar clothing.

Conscious Discipline: We used the Power of Attention to understand that “What you focus on, you get more of.” Teachers modeled language to redirect unsafe & unwanted behaviors, which allowed children to understand their own limits and boundaries. *It is a work in progress*, but with consistency, children will learn how to use their words and voice their needs to help get what they are asking for.

Cultural Lifeways & STEAM: We incorporated harvested pumpkins and corn into art concepts. Children were given the primary colors of red, yellow, and blue paints. Tools used by children to paint with were tree branches, corn stalks, corn cobs, and leaves. The pumpkins were taken from the garden that one of our staff members—Michael and the Fatherhood Committee planted! The gardens enabled children to view the pumpkins and corn grow from seeds to vegetables. Because, pumpkins turn orange, children were shown how to make the color orange by mixing red and yellow paint. We tried our best to use the Keres words for the vegetables we eat and the color orange.

Visitors /Events: Families joined us in our Pumpkin Patch and Trunk or Treat days! As we ease into the Holidays, we look forward to **more** family visits as we celebrate these events together!

Upcoming Events

- **November 02-** No School
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- **November 07-** Smokey the Bear Visits DEC
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- **November 20–** Baking Traditional Pies—
- **November 21-**Early Release PHS Departs @12:00P.M. / EHS pick-up 11:30a.m. –12:00p.m. **(No P.M. Childcare)**
- **November 22-November26–** Thanksgiving Break
- **November 27–** BACK TO SCHOOL

November

Mesita Classroom Continued...

In the month of November

Creative Curriculum This month, we are studying bags and trees. We will look at how we use bags, where we can find them, the different types and sizes, and possibly, how bags are made. For trees, we are looking into nature. What are trees? Where can we find trees? What can we get from trees? How do we care for trees? These studies will focus on all development areas (cognitive, physical, fine motor, etc.).

Conscious Discipline: We will use the Power of Intention to see how “Mistakes are opportunities to learn” and provide children the skill of consequences, helping all to learn from their mistakes.

Cultural Lifeways: Hunting is our lifeway. We will provide pictures of animals that families hunt, perhaps a family can bring pictures of their hunting experiences, to share with our classroom.

Vocabulary: we will focus on different types of bags (parts of bags), different types of trees (parts of trees), and forest animals.

STEAM: Exploring Trees We will look at the trees on our school grounds and use tools to explore the different parts of trees.

Birthdays/Celebrations:

Happy Birthday A.D., Z.W., and J.D.! They will be turning three years old this month!

We are excited to announce that Mesita Classroom will begin a mixed-age group classroom. Our ratio of two-year olds and three-year olds will be 3:3. This is an opportunity to continue Continuity of Care, which allows children to NOT change teachers, or classrooms thus causing less disruption in their education and comfort. Please allow for changes that may be needed to adjust to new times for school hours and times for lunch/nap/playground. Thank you!

Parent Tips:

Please pack extra clothes for bathroom mishaps. We're excited for children who are learning to use the toilet, and we want to help by encouraging to wear underwear and avoid using pull-ups.

As always, please look in your child's folder/backpack for information and take time to read to your child.



Casa Blanca Classroom



Teachers: Ms. Yvonne & Ms. Mariah

Email: y.francis@lagunaed.net /
m.whitmore@lagunaed.net

Phone: (505) 552-6544 Ext. 5113



Last Month's Highlights

Our Creative Curriculum for October was **clothes**. Children were really excited to learn about the clothing they wore for the day, they were counting pockets, and liked checking for zippers and buttons!

Children started learning how to put on their own jackets and practiced zipping them up. They get really excited when they discover they can do it all by themselves.

In conscious discipline children learned movement songs and exercise to wake up our bodies to songs like "Point your Finger Up", "Shake your Sillies Out", and "Head, Shoulders, Knees and Toes"!! Children really like moving and grooving to these songs.

Cultural Lifeways: Vocabulary; corn, squash, pumpkin, chili and watermelon. Children were practicing saying them in Keres.

STEAM: Colors in Nature : We explored the outdoors, picked some grass, rocks, sand, and leaves that have fallen from trees and talked about how they feel, smell and this is all nature!

Celebrations: Wow!! We now have 16 friends, and are very excited by the growth, we are seeing within the children.

We are doing GREAT with potty-training, and we are almost pull-up free, now!!

Parent Tips: The weather is changing, so please make sure children have a sweater or jacket, dressing in layers is best.

Upcoming Events:

- ◆ **November 02-** No School
- ◆ **November 05-** Daylight Savings (Fall Back)
- ◆ **November 07-** Smokey the Bear Visits DEC
- ◆ **November 09-** Parent Teacher Conferences
- ◆ **November 17-** Fall Festival
- ◆ **November 20-** Baking Traditional Pies—
- ◆ **November 21**—Early Release PHS Departs @12:00P.M. EHS pick-up 11:30a.m. -12:00p.m. **No P.M. Childcare**
- ◆ **November 22-November26-** Thanksgiving Break
- ◆ **November 27**—Back to School

In the month of November

Creative Curriculum: This month's curriculum is **Trees**. Children will learn how and why trees lose their leaves and why they go to sleep in the winter. Children will also learn the importance of trees and how they produce oxygen that we breathe, the fruit we eat, and the paper we draw on. Trees are interesting and exciting!

Conscious Discipline: Intention giving children encouragement and the tools they need to build their social-emotional skills with positive intent. (Songs: Itsy Bitsy Spider, I Have a Little Turtle)

Cultural Lifeways: We will share real world experiences on what is hunting is, why we hunt, and that animals provide food, happiness, nutrition and blessings to our homes.

STEAM: Exploring Trees Children will learn why trees are important to our environment.

Happy
Thanksgiving

Village Classroom

Last Months Highlights

Creative Curriculum: For the month of October, the theme was **Clothes**. We talked about the different textures and styles that our friends were wearing during circle time. During outdoor learning, we talked about jackets and how to zip/unzip and button/unbutton. Activities we practiced were fine motor skills with weaving yarn through construction paper and cardboard. We also talked about patterns, color coordination, and the many different clothing combinations. Before we closed out our spooky month, we did a science activity with bar soap, liquid soap, and powder soap to see which one works best at cleaning clothes.

Conscious Discipline: Our friends' favorite breathing technique is "smell the flower, and blow out the candle" children pretend their thumb is the flower, holding their finger up to their nose they breath in to smell the flower, and exhale out to blow out their candle. Their favorite song to sing was "Ten Little Pumpkins" which is also a book. They were definitely in the Halloween spirit!

Cultural Lifeways: Children learned about Harvesting in the month of October. As a class, we took a walk around campus to look at the pumpkins, corn, and squash that were growing in the school gardens.

STEAM: Colors in Nature: To have more family engagement, we asked if they could go on a nature walk with their child and collect sticks, leaves, rocks, flowers, etc.

Teachers: Ms. Peacock & Ms. Raina

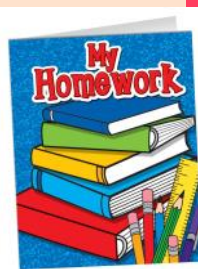
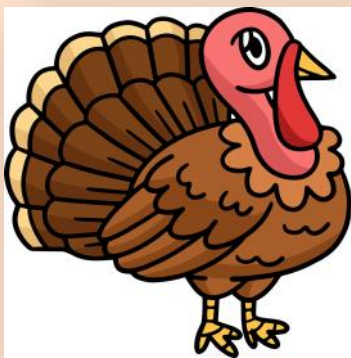
Emails: l.peacock@lagunaed.net /
r.victorino@lagunaed.net

Phone: (505) 552-6544 Ext. 5114

Birthdays / Celebrations / Parent reminders:

No birthday's this month. However, we were able to celebrate a milestone :) 2 friends who were in pull ups are now in underwear. HOORAY! With much patience and practice they did it! Good Job L.C and K.W.

Parents, please check your child's folder DAILY as notes are sent home. Cold/flu season is here! Thank you to the families who keep their little ones home until they're feeling better :)



PLEASE CHECK
THE FOLDERS!



EASY BREATHING EXERCISE: KID BLOWING BUBBLES



VERYSPECIALTALES.COM

G I V E
T H A N K S

In the month of November

Creative Curriculum: This month's theme is **Trees**. We will incorporate science by looking at tree trunks, bugs that live on or in the trees, the inside of a pine cone, by using a magnifying glass. We will have discussions about how trees live through the different seasons, what happens to the trees' leaves when it gets colder. We will begin to understand the benefits trees offer to us like how pinion trees provide food for us and wildlife alike. Children will also learn words in keres about different parts of trees (leaves, branches, stem, etc.).

Conscious Discipline: The topic is **Intention**. Teachers intentions are to help, children problem solve and to be helpful in and out of the classroom. Our goal is to help our children begin to understand and reflect on consequences and the impact about the choices we make. This will guide children to understand "responsibility" and find strategies to improve their problem solving skills for the future.

Cultural Lifeways: Teachers will ask children questions like "who goes hunting in your family?" Teachers will explain why hunting is important and what the animals are used for in our culture.

Vocabulary: Deer, Elk, Turkey, Mountain Lion, Hunting, Antelope, Bear, Rabbit, Quail, Blue Bird, Ducks, Mountains

STEAM: By exploring trees, children will collect and examine pine cones, acorns, dry leaves, tree bark, tree trunk (observing the core rings).

Village Classroom

continued...

Upcoming Events

- ◆ 11/02- No School
- ◆ 11/05- Daylight Savings (Fall Back)
- ◆ 11/07- Smokey the Bear Visits DEC
- ◆ 11/09- Parent Teacher Conferences
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EHS pick-up 11:30a.m. –12:00p.m. **No P.M. Childcare**
- ◆ 11/22-11/26-Thanksgiving Break
 - ◆ 11/27-Back to School





Seama Classroom

Teachers: Teacher Kayla & Ms. Carol

Emails: ka.martinez@lagunaed.net /
c.day@lagunaed.net

Phone: (505) 552-6544 Ext. 5112

Last Month's Highlights

Creative Curriculum October was a month of learning about clothing. Children got to participate in different activities by wearing hats, creating crazy socks, and creating a character from the book, Corduroy. Children got to design their own t-shirt and pants. They also got to wear pajamas as we read and focused on the story Llama Llama Red Pajama.

Conscious Discipline: We used a book "Tucker Turtle" throughout October to learn the technique of breathing through situations that don't need a reaction. "Tucker Turtle" showed us how to take 3 deep breaths and gather our emotions before reacting. Children enjoyed reading the story.

Cultural Lifeways: We learned the color Orange, corn, squash and pumpkin. These were learned through hands on activities like painting, sensory and science.

In the month of November

Creative Curriculum: Children will learn about trees and the different styles of trees. Children will get to explore outdoors, do hands on activities and create more natural art work using our natural environment.

Conscious Discipline: Children will be learning more about the breathing techniques like the drain, ST.A.R. (STOP TAKE A DEEP BREATH AND RELAX), balloon and pretzel. They will be able to use these techniques at home.

Cultural Lifeways: Teachers are currently taking language classes and have been learning to incorporate more keres words in the classroom with children. This month we will focus on hunting deer, elk, turkey, antelope, bear, rabbit, quail, blue bird, ducks, mountains, and seasons (fall, summer, winter, spring) Color of the Month: Brown

Upcoming Events:

- ◆ 11/02- No School
- ◆ 11/05- Daylight Savings (Fall Back)
- ◆ 11/07- Smokey the Bear Visits DEC
- ◆ 11/09- Parent Teacher Conferences
 - ◆ 11/17- Fall Festival
- ◆ 11/20- Baking Traditional Pies—
- ◆ 11/21-Early Release PHS Departs @12:00P.M. EHS pick-up 11:30a.m. -12:00p.m. **No P.M. Childcare**
 - ◆ 11/22-11/26-Thanksgiving Break
 - ◆ 11/27-Back to School

Celebrations:

Good job to all our children for continuing to make improvements with learning and becoming more independent.

Good job to all families for sending children to school and making sure they read a book every night.

Parent Tips:

Send child with a coat everyday.

Reminder to have them cough into their sleeve or elbow.

Teach children how to blow or wipe nose and discard Kleenex

Encinal Classroom

Teachers: Teacher Juana & Ms. Makayla

Emails: j.natseway@lagunaed.net /
m.sarracino@lagunaed.net

Phone: (505) 552-6544 Ext. 5110

Last Months Highlights

Creative Curriculum: Clothes—The children learned about the different kinds of clothes, a variety of fabrics, the processes involved in making and selling clothes, and how clothes have changed over time. The children learn about the clothing worn for the different seasons and special work uniforms.

Conscious Discipline: The children continued to use the daily schedule to keep us on time for learning and playing. Children used the balloon breathing when transiting from one routine to the next.

Cultural Lifeways: The children learn the Keres words of following: corn, squash, pumpkin, chili (red & green), and watermelon. The children were able to see the crops bloom and grow then the children pick some of the crop.

STEAM: Colors in Nature—Children will describe and compare natural items by color.

Birthdays / Celebrations:

T. B.—November 13

J. H.—November 17



Parent Tips:

- Practice matching sounds to the letter.
- Say the sounds to the letters in their first and last name.
- Say the sounds in the alphabet and have child guess the letter.



Encinal Classroom

continued...



In the month of November

Creative Curriculum: Trees—The children will investigate and develop an understanding of the characteristics of trees and their role in our natural and man-made worlds. Children will learn about the creatures that inhabit trees and the food trees produce.

Conscious Discipline: Intention will help children learn from their mistakes and are opportunities to learn. Children use the S.T.A.R. breathing giving choices with their behaviors.

Cultural Lifeways: Children will learn that animals are blessing that provides food, happiness, and brings blessing to the home when the men go hunting. Children will learn that the mountains are sacred places that the animals live.

STEAM: *Exploring Trees*—Children will learn about the parts of the trees and the animals that live in and around them.

Upcoming Events:

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Family Service Providers

Tiffany Touchin

Ext. 5003

Program Cell: (505) 220-2549

t.touchin@lagunaed.net

Kathleen Herrera

Ext. 5105

Program Cell: (505) 290-9163

k.herrera@lagunaed.net

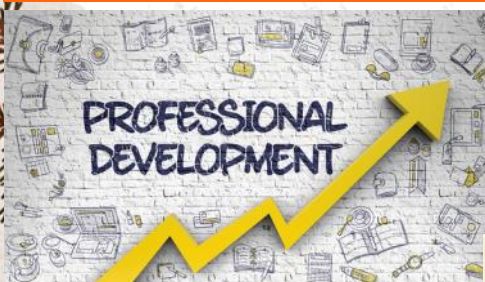
We would like to give a BIG thank you to the parents and families who helped in the preparation of the Pumpkin Patch Activities. We are looking forward to next month's events and activities.

HAPPY FALL!!!

Upcoming Events:

11/7—Parent Committee @ 11a.m. (Planning for Fall Festival)

11/30—Parent Education @ 11a.m. (Professionalism, Interviews, and Resumes) **Presenter: PFS—Petra Solomon**



Education Manager

Greetings DEC families,

I hope you are all doing well and enjoying the fall weather!

Our PHS classrooms are beginning to study trees. We will be observing and comparing trees to learn about what lives in them, what they are made from, and who cares for them. We hope that this study will help children explore and appreciate nature. As we study trees, we will use literacy, math, the arts, and technology to explore the topic in depth. We will learn important social studies and scientific concepts through firsthand investigations. If you are able to take a “tree walk” with your child, we would appreciate your help in collecting tree parts to investigate. If you can, please take a bag with you to a tree area and collect things that have fallen, such as leaves, bark, acorns, twigs, flowers, fruit, or cones. You may send the items with your child to school.

At Home Activity:

You can help your child explore and appreciate nature by learning about trees. Invite your child to talk about trees. Share stories about your favorite childhood memories involving trees and games you might have played around them. Wonder aloud with your child to encourage him or her to think about trees. “I wonder why leaves fall from trees.” “I wonder what makes some trees grow so big.” At home, collect parts of trees, and encourage your child to sort them. Your child might also enjoy making a collage by arranging and gluing tree items on paper.

EHS classrooms are learning about bags. Children are often curious about bags and enjoy exploring the bags they see people use. You may have seen your child open a bag and take out its contents or put a purse on their arm and say “bye-bye” as they pretend to go somewhere. Children fill bags, carry them, and open and close their zippers. As we study bags, children will develop fine motor skills as they open, close, and fill bags; math skills as they compare bags’ sizes; cognitive skills as they sort, explore, and use bags with curiosity and imagination; and literacy skills as they notice the words and logos on bags.

At Home Activity:

Look for similar materials at home that you can explore with your child, such as bags you use for grocery shopping. Invite your child to explore the bags. Talk about what they look like and how you use them. Draw your child’s attention to bags you use frequently, such as shopping bags, purses, backpacks, and tote bags. Talk with your child about how you use the bags and show what the bags carry.

Thank you for playing an important role in our learning.

Gayleen Ruben, Education Manager/Instructional Coach

Disabilities Coordinator

INDIVIDUALIZED EDUCATION PROGRAM GUIDANCE

Research and experience has shown that to improve results for children with special needs or different abilities, programs must:

- Have high expectations for all children regardless of abilities
- Meet each child's needs to enable the children to access, participate and progress in the general curriculum to the maximum extent possible
- Ensure that special education is a **service**, rather than a place
- Provide appropriate special education services and supports in the general education classroom (IEP) & IFSPs (or home - IFSPs)
- The Individual Family Service Plan (IFSP—developed for children birth to age 3) and the Individual Education Plan (IEP—developed for children age 3 and older) are the tools to document how each child's special needs related to his/her abilities will be met within the context of an educational environment.

Please contact the Disabilities Services Coordinator (Ms. Mascarenaz), or your child's teacher if you have any questions /concerns about any area of your child's development.

Reminder: **REFERRALS**: can be done at any time. Infants & toddlers up to age 2 1/2 yrs. can be referred for services to an intervention program that services Cibola County— NAPPER or La Vida Felicidad. Children age 3 or older, are referred to Grants/Cibola Co. Schools (GCCS) for screening, evaluations and if child meets criteria, services are provided by GCCS professional staff here at the program. Please Note: Next **CHILD FIND** (for children ages 3 and older) will be on 1/18/24 in Grants.

Using Visuals to Support Communication

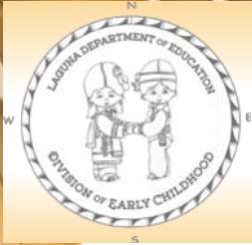
It is important that when a child is learning to understand and use language, we make it as easy as possible for them. Often, when a child is late in learning to talk or is having difficulty following instructions, they may just need a bit of extra help. This is where we can use objects, visuals and gestures to help them learn new words and follow instructions better.

Visuals can help provide structure and routine, improve understanding, avoid frustration and offer opportunities to interact with others. Quoting one of the most influential scientist of all time, Albert Einstein: "If I can't picture it, I can't understand it". Children's brains process information in ways that we don't always comprehend.

STRATEGIES FAMILIES CAN USE AT HOME:

- **Pairing real items** such as spoons & forks, towels, clothes and toys **with words** such as breakfast, bath, dress or play will help a child understand what is about to happen and assist them to learn the meaning of new words.
- *Try extending your communication with **pictures** and/or real **objects**. **EX.:** While playing with your child hold up a toy-and use words to communicate: "which toy do you want to play with? ...the ball or the block? " . You want the ball— say ball" or for older children have them respond in a complete 2-4 word sentence. "can you tell me-I want the ball".

Enjoy your every day communication with your children. We respect and honor the parents as their child's first and foremost teacher.



Health Aide



Angelica Baca
(505) 552-6544 Ext. 5103 or (505)240-0793
A.baca@lagunaed.net

Greetings families,

I hope this finds you all healthy and safe. We have changed our Incident, Illness, and Injury form, which will now require two separate copies and a parent/guardian signature on both copies. One copy will be given to the parent/guardian, and the other is to be kept here at school for the child's folder. If anyone has any questions or concerns regarding this please contact me and I will be glad to assist.

Thank you all!



Clementine Pumpkins:

Ingredients:

- clementine oranges, peeled
- 1 stalk of celery

Directions:

Cut the celery stalk into "pumpkin stems." Cut a 1-inch piece of celery from the stalk, and slice this lengthwise into thin strips. Place each "stem" into the center of the clementine.

Fall Allergies Triggers

- Ragweed
- Mold
- Dust Mites

- 1 See a doctor to be properly diagnosed
- 2 Talk to your doctor before taking any medications
- 3 Keep doors and windows closed
- 4 Clean vents and air filters at home
- 5 Know that pollen peaks at midday and can be stirred up by rain and wind
- 6 Wear a mask when raking and gardening

REMINDER: With temperatures dropping, please send your little ones to school with a jacket. Also, please keep children home if they are feeling ill, so that they can get well and do their best at school. Covid testing still remains available at the Mesita Public safety Complex Drive Thru. Covid Vaccines are available at ACL, the Laguna Community Health Center, CVS and Walgreen's.

ERSEA / Childcare Manager

Greetings Families,

Hope this newsletter finds you well. The school year is moving right along and we are already in the month of November! The air is crisp and cool in the mornings and we will be setting our clocks back one hour this Sunday, November 5th.

Here is some information to the families enrolled in childcare ... moving forward monthly childcare payments will be due at the end of each month for the upcoming months services (i.e. parents were invoiced in October for the month of November, etc., etc.). Sufficient amount of time was allowed for families to catch up with payments for childcare dating back to August. THANK YOU to the families who are keeping up with their childcare payments on a monthly basis.

If your child is no longer utilizing childcare, please notify the school. Also, if you have an outstanding balance for childcare services that has not been paid for August, September, or October, you are still responsible for making the payment in full because childcare services have already been provided to your child(ren).

Effective November 1st, if your childcare payment is not paid in full, your child(ren) will be sent home on the school bus for PHS students. If the child is returned to the school, we will be contacting you to pick up your child(ren). EHS students who are not current on childcare payment will **NOT** be sent to childcare and will be contacted by the school to be picked up. This will be the case moving forward each month, payments will be due by the 30th or 31st, if payments are not received the child(ren) will be contacted by the school to be picked up.

As always, if you have any questions regarding ERSEA (Eligibility, Recruitment, Selection, Enrollment, and Attendance) or Childcare, feel free to contact me at 505.552.6544 ext. 5004 or via email at me.sarracino@lagunaed.net.

Thank you for your time, here's wishing you all a wonderful Thanksgiving! Regards to all your families.



happy thanksgiving

Melanie Sarracino

Program Assistant

Greetings Families and Friends,
I hope this finds you all doing well and in good health.

We are moving very quickly into the month of November. I just want to reiterate a few reminders.

1. The school zone speed limit is 5 MPH. The dirt road along DEC is also 5 mph. Please adhere to this very important safety protocol across our DEC campus. We want to ensure all our pedestrians are safe while on campus.
2. Please be sure to close the gates behind you. Children are very active so please hold their hands while walking them to and from their classroom. We want to ensure all children are kept safe.
3. Remember to secure your child in their car seat before leaving campus.
4. Do not leave your vehicle running unattended.
5. If your child rides the bus, please be waiting 10 minutes prior to their pick up or drop off time. In addition, as we have open enrollment, be mindful that pick-up / drop-off times change frequently to accommodate newly enrolled children. We will communicate changes with parents as they arise.
6. Please call the front office when your child will be absent from school for any reason.

I would like to take this opportunity to tell all you wonderful parents and families how thankful I am to have your child attend our DEC program. I am so appreciative for you sending your child every day and supporting them in their classroom activities and special events. Keep up the great job!!!

Happy Veteran's Day to all the courageous men and women who have given service to our nation through the military. Whether near or far, you are in my prayers with many, many thanks. May you continue to be well and strong. Be happy and proud on your very special day.

May you all have a very Happy Thanksgiving Day and enjoy your long holiday with family and friends.

Until next time, take care and be well.

Iris Gallegos, Program Assistant
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Email: i.gallegos@lagunaed.net
Program Phone: 505-290-9314



Thank you!



