



GHOLSON ISD
OCTOBER 2025 - BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1. FRENCH TOAST STICKS CEREAL TOAST APPLESAUCE JUICE MILK	2. SAUSAGE & CHEESE KOLACHE CEREAL TOAST MANDARIN ORANGES JUICE MILK	3. POPTART CEREAL GRAHAM CRACKERS BLUEBERRIES JUICE MILK
6. SAUSAGE, EGG & CHEESE BISCUIT CEREAL TOAST STRAWBERRIES JUICE MILK	7. CHOCOLATE CHIP OATMEAL BAR CEREAL GRAHAM CRACKERS PINEAPPLES JUICE MILK	8. WAFFLES/SAUSAGE LINK CEREAL TOAST APPLESAUCE JUICE MILK	9. BREAKFAST PIZZA CEREAL TOAST MANDARIN ORANGES JUICE MILK	10. APPLE CINNAMON MUFFIN CEREAL GRAHAM CRACKERS BLUEBERRIES JUICE MILK
13. CHICKEN BISCUIT CEREAL TOAST STRAWBERRIES JUICE MILK	14. POWDER DONUTS CEREAL GRAHAM CRACKERS PINEAPPLES JUICE MILK	15. BAGEL CEREAL TOAST APPLESAUCE JUICE MILK	16. BREAKFAST POCKET CEREAL TOAST MANDARIN ORANGES JUICE MILK	17. CHOCOLATE DONUTS CEREAL GRAHAM CRACKERS BLUEBERRIES JUICE MILK
20. HAM, EGG & CHEESE BISCUIT CEREAL TOAST STRAWBERRIES JUICE MILK	21. HONEY BUN CEREAL GRAHAM CRACKERS PINEAPPLES JUICE MILK	22. PANCAKE ON A STICK CEREAL TOAST APPLESAUCE JUICE MILK	23. CINNAMON TOAST CEREAL TOAST MANDARIN ORANGES JUICE MILK	24. BLUEBERRY MUFFIN CEREAL GRAHAM CRACKERS BLUEBERRIES JUICE MILK
27. SAUSAGE BISCUIT CEREAL TOAST STRAWBERRIES JUICE MILK	28. CINNAMON ROLL CEREAL GRAHAM CRACKERS PINEAPPLES JUICE MILK	29. MINI PANCAKES W SAUSAGE LINK CEREAL TOAST APPLESAUCE JUICE MILK	30. BAGEL PIZZA CEREAL TOAST MANDARIN ORANGES JUICE MILK	31. CHOCOLATE MUFFIN CEREAL GRAHAM CRACKERS BLUEBERRIES JUICE MILK

MENU IS SUBJECT TO CHANGE

Offer versus Serve Regulation is implemented in this school.

For a complete MEAL, select at least 3 different items and one item must be a fruit or vegetable.

USDA is an equal opportunity provider, employer, and lender.



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