

CONNECTING WITH THE SCHOOL COUNSELOR



Happy, Healthy Kids TIP:

One of the best things a parent can do for their child is to read to them for 20 minutes each day. Reading together grows your bond, sparks their imagination, expands their vocabulary, improves their emotional intelligence, and more!

Military Family Appreciation Month (November)

This is a time when America honors and recognizes those unique sacrifices and challenges that military family members make in support of their loved ones in uniform.

We are Learning!

Courage – is when you are brave enough to do what is best for you and others when facing new or difficult circumstances.

Examples of showing courage:

- Being kind and sitting with a friend who is alone at lunch
- Admitting when you did something wrong
- Not quitting when you find something really hard to do
- Saying, "No!"

Let's CONNECT!

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