







Breakfast/Lunch/Dinner Menu

At'a'a'biya'a'izh "Birth of Eaglets"

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	LATE START 5 Rice-n-raisin or cereal, muffin, fruit cup, variety milk	6 Boil egg, hash brown or yogurt w/fruit, toast, fruit juice, variety milk	7 Biscuit n gravy or cereal, wheat toast pears, variety milk	8 Egg patty, slice ham, English muffin, or yogurt w/ fruit, fruit juice, variety milk	9 Chef's Choice, fruit, variety milk	10 "This institution is an equal opportunity provider"
	Beef stew, cornbread, sweet corn, pears, fruited Jello, salad bar, variety milk	Beef tostada, taco salad refried beans, Spanish rice Hominy, salad bar, orange, variety milk	Baked chicken, m. potato, gravy, green peas, wheat bread, D. pears, salad bar, variety milk	Spaghetti w/ meatball, steam cauliflower, bread stick, grape/fruit cup, salad bar, fruit variety milk	BBQ pork on bun, oven fries, ketchup, cookie, fresh apple, salad bar, variety milk	
	Spaghetti w/meat sauce, garlic bread, green beans, peaches, variety milk	Salisbury steak, mash potato, b. gravy, peas, roll, pears, variety milk	Frito pie, cheese sauce, Spanish rice, sweet corn, pears, variety milk	Orange chicken, steam rice, fortune cookie, tropical fruit, variety milk		
 <p>HAPPY VALENTINE'S DAY!!</p>	12 Hot creamy cornmeal or cereal, fruit bar, honeydew melon, variety milk	13 Breakfast bowl (scramble egg w/ham, tater tots, gravy) yogurt/ fruit, juice, variety milk	14 Hot blue cornmeal, or cereal, blueberry bagel, cream cheese, mix fruit, variety milk	15 Glaze French toast, or yogurt w/ fruit, wheat toast, jelly, fruit juice, variety milk	16 Chef's Choice, peaches, variety milk	
	Grill ham & cheese, oven fries, ketchup, tomato soup fruit, salad bar, variety milk	Turkey taco, lettuce, tomato, cheese, Spanish rice, corn, orange, salad bar, variety milk	Chili bean, cornbread, celery stick, dressing, fruited Jello, apple, salad bar, variety milk	Chicken parmesan, breadstick, green beans, chill pears, salad bar, variety milk	Sloppy Joe on bun, carrot/ celery stick, salad bar, apple, variety milk	
	18 Enchilada, refried beans, sweet corn, peaches, variety milk	19 NO SCHOOL	20 Ham & egg on English muffin, or yogurt w/ fruit, fruit juice, milk	21 Yogurt w/ fresh berries & fruits, or cereal, fruit cup, banana muffin, milk	22 Sausage gravy over biscuit, or yogurt w/fruits, fruit juice, milk	
	18 PRESIDENT'S DAY HOLIDAY	20 Pepperoni pizza, hot wing oven fries, apple wedges, salad bar, variety milk	21 Orange Chicken, steam rice, fortune cookie, green bean, peaches, salad bar, variety milk	22 Slice turkey, stuffing, gravy, mix vegetable, cranberry, salad bar, fruit, variety milk	23 Hamburger, lettuce, tomato, pickle, oven fries, apple crisp, ice cream, salad, variety milk	
	18 Cheeseburger, oven fries, celery stick, fresh orange, variety milk	20 Three cheese green chili enchilada, Spanish rice, sweet corn, peaches, variety milk	21 Beef stew, fried bread, tropical fruit mix, variety milk	22 Beef stew, fried bread, tropical fruit mix, variety milk	23 Beef stew, fried bread, tropical fruit mix, variety milk	
<p>Serving. Mon – Friday; Breakfast:7-8 am Lunch: 10:20 am - 1pm.</p>	25 26 Ham & cheese on croissant Tatar tots or assorted cereal, fruit cup, variety milk	27 Cream of wheat or yogurt Cinnamon roll, fruit berries Variety milk	28 Waffle, syrup, baked ham or assorted cereal, toast, jelly variety milk	29 Egg omelet or yogurt wheat toast, jelly, berries/peaches, variety milk	Chef's Choice	
	Pepperoni pizza, chicken wings, oven fries, orange smile, salad bar, variety milk	Chili macaroni, breadstick, steam cauliflower, diced pears, salad bar, variety milk	Roast chicken, steam rice, gravy, carrot, wheat roll, melon cubes, salad bar, variety milk	Spaghetti w/meat sauce, breadstick, green beans, salad bar, pears, variety milk	Hot dog on bun, blackeye peas, baked chips, orange smile, salad bar, variety milk	
Dinner is served: Monday – Thursday: 5 – 6 pm.	Cheeseburger, oven fries, ketchup, pears, variety milk	Chicken alfredo, garlic toast, green peas, peaches variety milk	Beef nacho, refried beans, celery stick, dressing, orange smile, variety milk	Beef stew, cornbread, pears, variety milk		