



FRAZIER SCHOOL DISTRICT

Inspire and Empower



MIDDLE SCHOOL

MARCH 2025



Lunch menu

Frazier participates in CEP

All Student meals are Free

Adult Lunch: \$4.65



Monday	Tuesday	Wednesday	Thursday	Friday
3 Crazy Dipper Day Chicken Tenders, Cheese Sticks & Garlic Bread Stick Seasoned Green Beans Milk Choice	4 French Toast Sticks Sausage Links Crispy Tatar Tots Fruit & Vegetable Bar Milk Choice	5 Fish Sandwich Crinkle Cut French Fries Fruit & Vegetable Bar Milk Choice	6 Hot Dog on Bun Baked Beans Golden Tatar Tots Fruit & Vegetable Bar Milk Choice	7 School Made Pizza w/o Pepperoni Seasoned Mixed Vegetables Fruit & Vegetable Bar Milk Choice
10 Cheeseburger on Bun w/ Pickle Chips Potato Smiles Fruit & Vegetable Bar Milk Choice	11 Nachos Grande w/ Beef, Cheese, Salsa & Sr Cream Seasoned Corn Fruit & Vegetable Bar Milk Choice	12 Meatballs w/ Marinara Garlic Bread Stick Seasoned Mixed Vegetables Fruit & Vegetable Bar Milk Choice	13 Mandarin Orange Chicken over Rice Seasoned Broccoli Fruit & Vegetable Bar Milk Choice	14 Macaroni & Cheese Muffin Top Seasoned Peas Fruit & Vegetable Bar Milk Choice
17 Chicken Nuggets Chocolate Mini Loaf Golden Tatar Tots Fruit & Vegetable Bar Milk Choice	18 Hot Ham & Cheese on Bun Potato Chips Fruit & Vegetable Bar Milk Choice	19 Pizza Crunchers Seasoned Carrots Fruit & Vegetable Bar Milk Choice	20 Popcorn Chicken Bowl w/ Dinner Roll Mashed Potato, Gravy & Corn Fruit & Vegetable Bar Milk Choice	21 Grilled Cheese Sandwich Tomato Soup Crispy Hashbrown Fruit & Vegetable Bar Milk Choice
24 Beef Soft Taco Seasoned Black Beans Fruit & Vegetable Bar Milk Choice	25 Cream Chicken over Biscuits Mashed Potatoes & Gravy Fruit & Vegetable Bar Milk Choice	26 Chicken Parm Sandwich Potato Smiles Fruit & Vegetable Bar Milk Choice	27 Mini Ravioli w/ Meatsauce Garlic Bread Stick Seasoned Green Beans Fruit & Vegetable Bar Milk Choice	28 TEACHER IN-SERVICE DAY
31 ACT 80 DAY				

Daily Alternates may include
 Cheeseburger on a Bun
 Hamburger on a Bun
 Breaded Chicken Patty/Bun
 Spicy Chicken Patty/Bun
 Chef Salad with Chicken
 Croutons & Dinner Roll
 Cold Wraps with Chips

Additional Choices of Fresh Fruits and Vegetables offered daily may include:

Apples, Apple Slices, Oranges, Grapes, Bananas, Seasonal Fruits, Baby Carrots, Cucumber Slices and Celery Sticks

Canned/Frozen Fruits can include:

Applesauce, Mandarin Oranges
 Mixed Fruit, Peaches, Pears,
 Pineapple Tidbits

Menu Subject to Change

To qualify as a free lunch, students must take 3, 4 or 5 items, Meat/Meat Alternate, Grain/Bread, Vegetable, Fruit, Milk, of which 1 must be a fruit or vegetable. Students taking required meal components receive lunch at no cost, otherwise per regulations, ala carte prices are in effect. Smart Snacks available for purchase, from account or cash

Students are offered low fat and non fat milk choices daily and is included with all meals

The Frazier School District Food Service
 Department needs Cafeteria Workers
 Applications available at the Administration Office

Food Service Manager
 Christie Mansberry
 724-736-9507 x431
 cmansberry@fraziersd.org