



# AUGUST 2022

## Portage Area High School

Daily Entree Alternates:

Stuffed Crust Pizza (Mon.-Thurs.) Buffalo Chicken Pizza (8/26)

Chef Salad (Week of 8/22) Buffalo Chicken Salad (Week of 8/29)

Blueberry or Strawberry Yogurt Parfait

**MENU SUBJECT TO CHANGE WITHOUT NOTICE DUE TO PRODUCT AVAILABILITY**

Monday

Tuesday

Wednesday

Thursday

Friday

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Breaded Ravioli  
Stuffed Breadstick  
Corn  
Fresh Red Pepper Slices  
Apple Slices  
Dried Cherries/Dried Apple Slices

Deli Turkey & Cheese Croissant  
Pasta Salad  
Chilled Pears  
Dried Cherries/Dried Apple Slices  
Chocolate Chip Cookie

29

Cheeseburger/Bun  
French Fries  
Cooked Carrots  
Mixed Fruit  
Craisins/Dried Strawberry Apple Slices

30

Taco In A Bag  
Fresh Veggie Boat  
Applesauce  
Craisins/Dried Strawberry Apple Slices

31

Chicken Alfredo  
T-Roll  
Peas  
Fresh Cucumber Slices  
Chilled Pineapple  
Craisins/Dried Strawberry Apple Slices

Offered Daily:  
100% Juice  
Choice of Milk

What is CEP and what does it mean for me?

- CEP stands for Community Eligibility Provision.
- Under CEP, all students in Portage Area School District are eligible to receive (1) breakfast and (1) lunch at no cost.

The 5 food groups to a school lunch are:

Meat/Meat Alternative  
Grain  
Fruit  
Vegetable  
Milk

Choice 3 or more food groups.  
Pick at least ½ cup fruit and/or vegetable.



Meal Prices  
2<sup>nd</sup> Lunch - \$2.50    Adult Lunch - \$4.75  
Milk (2<sup>nd</sup>) - \$.50  
Bottled Water (Large) - \$.50  
Bottled Water (Small) - \$.30

A copy of the menu with the nutritional and allergy information is available at:  
<https://www.schoolcafe.com/PortageASD>