

CONNECTING WITH THE SCHOOL COUNSELOR



WEDNESDAY, OCTOBER 18, 2023
WEAR AND
SHARE ORANGE

to show unity against bullying, united for
kindness, acceptance, and inclusion.

Happy, Healthy Kids TIP

When your child is experiencing BIG, upset feelings, their brain cannot listen or learn in that moment. Rather than negotiating with or punishing them, help the child name their feelings. Then, practice a coping skill.

Red Ribbon Week Oct. 23-27th

Monday – Kick-off
Red Ribbon Week! **Wear Red**

Tuesday- Follow Your Dreams, Don't
Do Drugs!
**Wear Your Pajamas (appropriate for
school)**

Wednesday- Peace Out to Bullying
and Drugs! **Wear Tie Dye/Neon**

Thursday- Being Drug Free Is No
Sweat!
**Wear your favorite workout clothes
or sweatpants! (appropriate athletic
attire)**

Friday- Don't Be Tricked...Bullying and
Drugs Are No Treat!
**Wear Your School Appropriate
Costume (no scary costumes or
masks that cover the entire face)**

We are Learning!

Bullying -when someone intentionally says or does something hurtful over and over again

Responsibility – doing what you are suppose to do, and doing your best job

Making Responsible Decisions/Consequences

Let's CONNECT!

Email: veronica.hardy@acboe.net

Phone: 334-365-6277 ext. 1216