

OCTOBER 2021

Alvord ISD – Alvord Elementary

Monday

Tuesday

Wednesday

Thursday

Friday

Mini Cinnamon Waffles OR
Cereal and String Cheese

4

Hamburger/ Cheeseburger OR
Southwest Chicken Salad
Seasoned Wedges
Celery Sticks

Sausage Biscuit OR
Cereal and Toast

5

Chili and Cheese Nachos OR
Pizza Munchable
Ranchero Beans
Corn on the Cob

Kolache OR
Cereal and String Cheese

6

Chicken Nuggets OR
Turkey Bacon Ranch Wrap
Roll
Scalloped Potatoes
Green Beans with Ham

Bacon, Egg and Cheese Taco OR
Cereal and Toast

7

Tangerine Chicken OR
Hot Dog
Brown Sugar Glazed Carrots
Veggie Dippers

Strawberry Cream Cheese Bagel OR
Cereal and String Cheese

1

Cheese Pizza OR
Sloppy Joe Sandwich
Potato Smiles
French Carrot Salad

Donut OR
Cereal and String Cheese

8

Cheese Rippers OR
Pancake and Sausage links
Tater Tots
Kale Salad

No School

11

Breakfast on a Stick OR
Cereal and Toast

12

Pork Carnitas Burrito OR
Mozzarella Cheese Sticks
Elotes
Cucumbers

Chicken and Waffle Sandwich OR
Cereal and String Cheese

13

Chicken Smackers OR
Red Beans and Sausage over Rice
Biscuit
Quick Baked Potato
Caesar Side Salad

Scrambled Eggs, Bacon and Toast
OR Cereal and Toast

14

Spaghetti and Meatballs OR
BBQ Pork Sandwich
Cheesy Broccoli
Cherry Tomatoes

Dutch Waffle OR
Cereal and String Cheese

15

Pepperoni Pizza OR
Potato Crusted Fish Sticks
Texas Toast
Potato Smiles
Baby Carrots

Unrustable OR
Cereal and String Cheese

18

Hamburger/ Cheeseburger OR
Club Wrap
Seasoned Wedges
Mexicali Corn

Pancake Sausage Sandwich OR
Cereal and Toast

19

Turkey Taco OR
King Ranch Chicken Casserole
Chips and Salsa
Ranch Style Beans

Chocolate Chip Muffin OR
Cereal and String Cheese

20

Breaded Drumstick OR
Smoked Sausage Coins
Macaroni and Cheese
Texas Toast
Green Beans & Coleslaw

Sausage, Egg and Cheese Taco
OR Cereal and Toast

21

Baked Ziti OR
Chicken Sandwich
Corn on the Cob
Garden Salad

Donut OR
Cereal and String Cheese

22

Cheese Pizza OR
Frito Pie
Tater Tots
Tomato and Cucumber Salad

Mini Blueberry Pancakes OR
Cereal and String Cheese

25

Hamburger/Cheeseburger OR
Ravioli
Texas Toast
Crinkled Fries
Sugar Snap Peas

Bacon and Cheese Biscuit OR
Cereal and Toast

26

Chicken and Cheese Crispito OR
Sweet Thai Chili Chicken
Rice
Roasted Broccoli
Veggie Dippers

Cherry Frudel OR
Cereal and String Cheese

27

Chicken Smackers OR
Turkey Chef Salad
Roll
Mash Potatoes
Corn

Pancakes and Sausage Link
OR Cereal and Toast

28

Chicken and Waffles OR
Toasted Ham and Cheese Sandwich
Tomato Basil Soup
Caesar Side Salad

Cinnamon Roll OR
Cereal and String Cheese

29

Selfie Pizza OR
Cheese Nachos
Potato Smiles
Frijoles Rancheros

1% low fat unflavored milk and fat free flavored milk are available at breakfast and lunch daily.
Fresh, dried or canned fruit and/or fruit juice is also available daily.
Substitutions may sometimes need to be made with a nutritionally comparable menu item

All Alvord ISD Students Receive Breakfast and Lunch at No Charge

This institution is an equal opportunity provider