



**WADENA-DEER CREEK 5-12<sup>TH</sup> GRADES**  
**JANUARY 2026 BREAKFAST AND LUNCH MENU**  
**Students eat FREE!**

Breakfast is served 7:30am-8:15 am    **Adult breakfast:** \$2.50    Lunch is served 10:45am-1:15 pm    **Adult Lunch:** \$5.05

Yogurt Parfait and fresh fruit offered daily at breakfast

Lunch Options offered Daily: Yogurt Parfait, Deli Sandwiches or wraps. Fresh broccoli, carrots, romaine lettuce and tomato offered in addition to the menu offered daily.

1%, and fat free milk choices offered with each meal daily. Lactose free milk is available with written request from parents



Monday	Tuesday	Wednesday	Thursday	Friday
5 Assorted cereal choices, fruit  Bosco sticks or Pizza crunchers, Fruit, vegetable  <b>Boosters:</b> Rice Krispies bar, 1% milk	6 Benefit Bar, fruit  Cheeseburger or hamburger /bun Fruit, vegetable  <b>Boosters:</b> Pumpkin bread slice, 1% milk	7 Cheese omelet, toast, fruit  Popcorn chicken or popcorn shrimp, Dinner roll, Fruit, vegetable	8 French toast sticks, syrup, fruit  2 Breaded chicken tenders or 2 Spicy Breaded chicken tenders, dipping sauce, Onion rings, Fruit, vegetable	9 Scrambled eggs, toast, butter, fruit  Pizza choices, Fruit, vegetable
12 Breakfast pizza, fruit  Corn Dog or BBQ Rib/bun, Fruit, vegetable  <b>Boosters:</b> Baby carrots/ranch dip, 1% milk	13 Biscuits & gravy, fruit  Tator tot hot dish & breadstick or Sloppy Joe/bun, Fruit, vegetable  <b>Boosters:</b> Fresh orange, 1% milk	14 Waffles, syrup, sausage patty, fruit  Cheese or taco quesadilla, Fruit, vegetable  	15 Breakfast enchilada, fruit  Breaded chicken patty/bun or spicy breaded chicken patty/bun, Fruit, vegetable	16 Assorted cereal choices, fruit  Italian cheese dunkers, Fruit, vegetable  
19 NO SCHOOL  	20 Banana chocolate chip oatmeal round, fruit  Chicken nuggets or mini corn dogs, onion rings, Fruit, vegetable  <b>Boosters:</b> Fresh apple, 1% milk  	21 Cheese omelet, toast, fruit  Shepherds' Pie & breadstick or Pepperjack Enchilada Fruit, vegetable  	22 French toast sticks, fruit  Hot Ham and cheese on pretzel bun or Meatball sub, Fruit, vegetable  	23 Assorted cereal choices, fruit  Pizza choices, Fruit, vegetable  
26 Breakfast pizza, fruit  Hot dog/bun, ketchup, mustard or, Philly Roast Beef, Fruit, vegetable  <b>Boosters:</b> Rice Krispies bar, 1% milk	27 Biscuits & gravy, fruit  Walking taco, taco sauce, Fruit, vegetable  <b>Boosters:</b> Pumpkin bread slice, 1% milk	28 Waffles, syrup, sausage patty, fruit  Orange or Gen Tso chicken & rice, Fruit, vegetable	29 Breakfast enchilada, fruit  Spaghetti with meat sauce or Chicken al Fredo pasta, Garlic toast, Fruit, vegetable	30 Assorted cereal choices, fruit  Pizza choices, Fruit, vegetable

\*Menu is subject to change due to availability of items\* Questions? Comments? Call or email Sue Motzko Food Service Director 218-632-2396; [smotzko@wdc2155.k12.mn.us](mailto:smotzko@wdc2155.k12.mn.us)

YOU MUST HAVE MONEY IN YOUR ACCOUNT OR PAY CASH FOR ANY ALA CARTE PURCHASES. Please check with cashier before making any purchases

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