

November 25 is National Parfait Day! Enjoy a low-fat yogurt parfait for breakfast, snack or lunch. Top with fruit and nuts to get in two more food groups. Look for seasonal flavors of yogurt or a fruit that's in season to add variety throughout the year.

BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast Bread Fruit Milk 02	**National Sandwich Day** Pancake on a Stick Fruit Milk 03	Brk Pizza Fruit Milk 04	Cini Mini's Fruit Milk 05	NO SCHOOL 06
Breakfast Bread Fruit Milk 09	Pancake on a Stick Fruit Milk 10	**Veterans Day** NO SCHOOL 11	Cini Mini's Fruit Milk 12	Ham, Egg, Cheese Bar Fruit Milk 13
Breakfast Bread Fruit Milk 16	Pancake on a Stick Fruit Milk 17	Brk Pizza Fruit Milk 18	Cini Mini's Fruit Milk 19	Ham, Egg, Cheese Bar Fruit Milk 20
Breakfast Bread Fruit Milk 23	Pancake on a Stick Fruit Milk 24	**National Parfait Day** **NO** **SCHOOL** 25	NO SCHOOL 26	NO SCHOOL 27
Breakfast Bread Fruit Milk 30				



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NOVEMBER 2026



November is National Peanut Butter Lovers Month. Peanut butter can be enjoyed in a granola bar, mixed into yogurt to make a fruit dip or spread on bread for a classic peanut butter sandwich.

LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Corndogs Fruit Veggie Milk 02	**National Sandwich Day** **Bean & Cheese Burrito** **Fruit, Veggie** **Milk** 03	Chicken Alfredo W/ Breadstick Fruit/Veggie Milk 04	Cheeseburgers Fruit Veggie Milk 05	NO SCHOOL 06
Popcorn Chicken Fruit Veggie Milk 09	Chicken Chimichanga Fruit Veggie Milk 10	**Veterans Day** **NO SCHOOL** 11	Pulled Pork Sandwich Fruit Veggie Milk 12	Pizza Fruit Veggie Milk 13
Mini Corndogs Fruit Veggie Milk 16	Quesadilla Fruit Veggie Milk 17	Country Gravy W/ Biscuit Fruit/Veggie Milk 18	Chicken burgers Fruit Veggie Milk 19	Pizza fruit Veggie Milk 20
Chicken Nuggets Fruit Veggie Milk 23	Bean & Cheese Burrito Fruit Veggie Milk 24	**National Parfait Day** NO SCHOOL 25	NO SCHOOL 26	NO SCHOOL 27
Corn Dogs Fruit Veggie Milk 30				



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