

Monday
Tuesday
Wednesday
Thursday
Friday

Cook's Choice
Or
WG Cereal
Fruit
100% Juice
Milk

5

WG Muffin
Or
WG Cereal
Fruit
100% Juice
Milk

6

WG Biscuit & Sausage/gravy
Or
WG Cereal
Fruit
100% Juice
Milk

7

Breakfast on a Bun
Or
WG Cereal
Fruit
100% Juice
Milk

1

WG Cinnamon Roll
Or
WG Cereal
Fruit
100% Juice
Milk

2

Cook's Choice
Or
WG Cereal
Fruit
100% Juice
Milk

12

Cook's Choice
Or
WG Cereal
Fruit
100% Juice
Milk

13

EARLY RELEASE DAY

WG Biscuit & Sausage/gravy
Or
WG Cereal
Fruit
100% Juice
Milk

14

EARLY RELEASE DAY

Cook's Choice
Or
WG Cereal
Fruit
100% Juice
Milk

15

EARLY RELEASE DAY

Cook's Choice
Or
WG Cereal
Fruit
100% Juice
Milk

9
16
19
20
21
22
23
26
27
28
29
30

Remember To Start Each Day With A Healthy Breakfast

Fat Free Chocolate Milk, 1% White Milk, 100% Fruit Juice and Assorted Fruits Are Offered Daily

*ALL MENUS ARE SUBJECT TO CHANGE

**THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER