

JANUARY 2025

Hines Middle School Menu


BREAKFAST - \$0.00 (Before morning bell)

Lunch – \$0.00 SY24-2025 & 0¢-reduced Extra Milk – 45¢ Juice is .45¢

Lunch includes: Entrée with Salad bar options, fruit, vegetable, breads grains, Oregon Milk (Nonfat - 1%)

Grab N' Go options offered daily. Menu is subject to change. Some items may contain nuts.

Students with a food allergy such as fluid milk intolerance, must be documented by a licensed doctor and a faxed or written copy sent to the kitchen & office when a student is needing a substitution and or participating in the breakfast or lunch programs.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<p>HAPPY NEW YEAR BACK TO SCHOOL THURSDAY, JAN 2ND & FRIDAY 3RD</p>		<p>FRIDAY SCHOOL BREAKFAST Assorted Grain, Fruits & Milk LUNCH Pretzel w/ Cheese Sauce <i>Salads & Sands Daily</i> Fruit, Veggie, Milk</p>	<p>2 BREAKFAST Assorted Grain, Fruits & Milk LUNCH Hamburger w/ FF <i>Salads & Sands Daily</i> Fruit, Veggie, Milk</p>
<p>6 BREAKFAST Egg & Cheese E-Muffin Cereal, Grain, Fruits & Milk LUNCH Crispy Chicken Burger w/ Sweet Potato Fries <i>Salads & Sands Daily</i> Fruit, Veggie, Milk</p>	<p>7 BREAKFAST Chocolate Oat Bar Cereal, Grain, Fruits & Milk LUNCH Chicken & Cheese Quesadilla w/ Seasoned Rice <i>Salads & Sands Daily</i> Fruit, Veggie, Milk</p>	<p>8 BREAKFAST Bagel w/ Cream cheese Cereal, Grain, Fruits & Milk LUNCH Homemade Meat Lasagna w/ TX Toast Green Beans <i>Salads & Sands Daily</i> Fruit, Veggie, Milk</p>	<p>9 BREAKFAST Assorted Grain, Fruits & Milk LUNCH Corn Dog Baked Beans <i>Salads & Sands Daily</i> Fruit, Veggie, Milk</p>
<p>13 BREAKFAST Vanilla Parfait w/ BB & Cracker Cereal, Grain, Fruits & Milk LUNCH Cheese Burger Tater Tots <i>Salads & Sands Daily</i> Fruit, Veggie, Milk</p>	<p>14 BREAKFAST Breakfast Pizza Cereal, Grain, Fruits & Milk LUNCH Bean & Cheese Burrito w/ Corn <i>Salads & Sands Daily</i> Fruit, Veggie, Milk</p>	<p>15 BREAKFAST Cinnamon Roll w/ Juice Cereal, Grain, Fruits & Milk LUNCH Pepperoni Pizza Pasta Salad <i>Salads & Sands Daily</i> Fruit, Veggie, Milk</p>	<p>16 BREAKFAST Waffle w/ PB & Juice Cereal, Grain, Fruits & Milk LUNCH Homemade Ham & Potato Soup w/ Grilled cheese Sand <i>Salads & Sands Daily</i> Fruit, Veggie, Milk</p>
<p>20 NO SCHOOL MARTIN LUTHER KING JR. DAY</p>	<p>21 BREAKFAST Hot Sausage & Cheese E-Muffin Cereal, Grain, Fruits & Milk LUNCH Nacho w/ Beans & Cheese Salsa <i>Salads & Sands Daily</i> Fruit, Veggie, Milk</p>	<p>22 BREAKFAST Breakfast Burritos Cereal, Grain, Fruits & Milk LUNCH Baked Potato w/Homemade Chili & Cheese Seasoned Green Beans <i>Salads & Sands Daily</i> Fruit, Veggie, Milk</p>	<p>23 BREAKFAST Assorted Grain, Fruits & Milk LUNCH BBQ Pork Rib Sand w/ Cole Slaw <i>Salads & Sands Daily</i> Fruit, Veggie, Milk</p>
<p>27 BREAKFAST Pancakes Cereal, Grain, Fruits & Milk LUNCH Homemade Chicken Noodle Soup w/ Toasted Cheese Sand <i>Salads & Sands Daily</i> Fruit, Veggie, Milk</p>	<p>28 BREAKFAST Cereal Bar w/ Sunseeds Cereal, Grain, Fruits & Milk LUNCH Pizza Stick w/ Marinara Green Beans <i>Salads & Sands Daily</i> Fruit, Veggie, Milk</p>	<p>29 BREAKFAST Variety Breakfast Cereal, Grain, Fruits & Milk LUNCH Spaghetti w/ Meatballs & TX Toast Green Beans <i>Salads & Sands Daily</i> Fruit, Veggie, Milk</p>	<p>30 BREAKFAST Assorted Grain, Fruits & Milk LUNCH Turkey & Cheese Sand w/ chip & Cookie <i>Salads & Sands Daily</i> Fruit, Veggie, Milk</p>

This institution is an equal opportunity provider.

