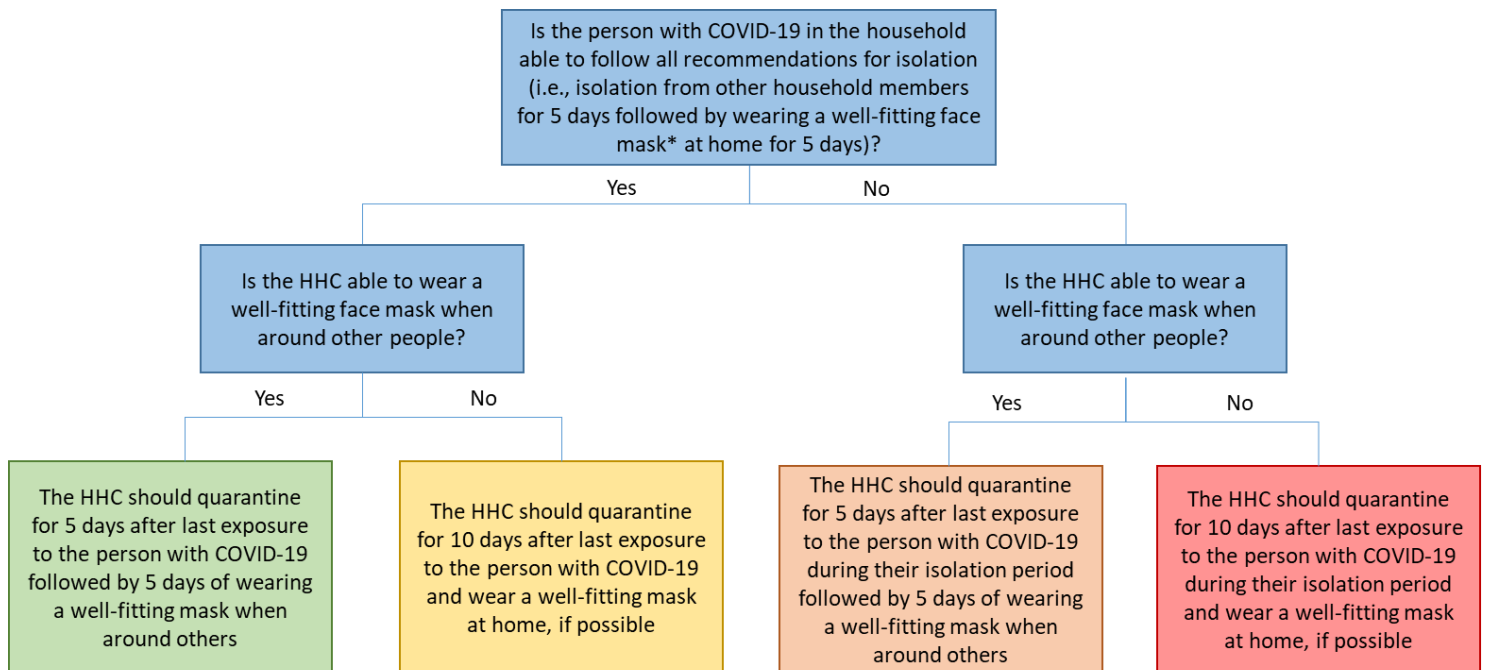


## Household Contact Exposure Flowchart for Deciding Quarantine

The flowchart below is intended to help you determine the quarantine period for household contacts (HHC) to a person who has tested positive for COVID-19. A household contact is defined as any person who lives or sleeps in the same indoor shared space as another person diagnosed with COVID-19 (either a temporary or permanent living arrangement) leading to exposure to the person with COVID-19.

### Notes for using the flowchart:

- Household contacts who are [up-to-date](#) and have received all recommended COVID-19 vaccine doses (including booster shots), or have tested positive for COVID-19 in the last 90 days by an antigen or PCR-based test, are not required to quarantine. See the [Isolation & Quarantine Recommendations for the General Public](#) for more information on recommended actions.
- The HHC should remain at home once a household member is found to have COVID-19. The HHC should continue to stay home for their own quarantine period, which starts (day 1) the day after the HHC's last exposure to the person in the household with COVID-19.
- If at any time another person in the household develops COVID-19, the quarantine period for the rest of the household members will need to re-start because of the repeated exposure, and this flowchart should be re-visited.
- Follow [these instructions](#) for safely caring for someone sick in the home.



\* <https://www.cdc.gov/coronavirus/2019-ncov/your-health/effective-masks.html>