Fall Cycle Liberty	<u>Monday</u>	<u>Tuesday</u>	Wednesday	<u>Thursday</u>	<u>Friday</u>
LCHS					
Week 1				All-American	
Daily Special	Southern Style Chicken Bowl	Meaty Cheesy Nachos	BBQ Pulled Pork Sandwich	Hamburger or Cheeseburger	Spaghetti with Meatballs
Liberty Chix	Crispy Chicken Sandwich	Popcorn Chicken	Crispy Chicken Nuggets	Chicken Tenders	Spicy Chicken Sandwich
Pizza Meal	Cheese / Pepperoni / Buffalo	Cheese / Pepperoni / Buffalo	Cheese / Pepperoni / Buffalo	Cheese / Pepperoni / Buffalo	Cheese / Pepperoni / Buffalo
Uncrustable Meal	PB&J w/ Chz Stick & Goldfish	PB&J w/ Chz Stick & Goldfish	PB&J w/ Chz Stick & Goldfish	PB&J w/ Chz Stick & Goldfish	PB&J w/ Chz Stick & Goldfish
Liberty Fresh	Mama's Italian Sub	Ham & Cheese Chef Salad	Turkey and Cheese Wrap	Totally Taco Salad	Cheeseburger Flatbread
Sides	Garden Salad / Sweet Corn	Veggie Nibble / Green Beans	Garden Salad / Baked Beans	Veggie Nibble / French Fries	Caesar Salad / Broccoli
Served Daily*	Milk, Fruit & Baby Carrots	Milk, Fruit & Baby Carrots	Milk, Fruit & Baby Carrots	Milk, Fruit & Baby Carrots	Milk, Fruit & Baby Carrots
Week 2				1st DAY OF SCHOOL	Mandarin Orange Chicken w/
Daily Special	Homestyle Salisbury Steak	Fiesta Soft Tacos w/ Salsa	Chili Cheese Dog	Italian Baked Ziti	White Rice
Liberty Chix	Crispy Chicken Sandwich	Popcorn Chicken	Crispy Chicken Nuggets	Chicken Tenders	Spicy Chicken Sandwich
Pizza Meal	Cheese / Pepperoni / Buffalo	Cheese / Pepperoni / Buffalo	Cheese / Pepperoni / Buffalo	Cheese / Pepperoni / Buffalo	Cheese / Pepperoni / Buffalo
Uncrustable Meal	PB&J w/ Chz Stick & Goldfish	PB&J w/ Chz Stick & Goldfish	PB&J w/ Chz Stick & Goldfish	PB&J w/ Chz Stick & Goldfish	PB&J w/ Chz Stick & Goldfish
Liberty Fresh	Turkey & Cheese Chef Salad	Ham and Cheese Sub	Grilled Chicken Caesar Salad	BBQ Chicken Flatbread	Cheddar & Chicken Salad
Sides	Veggie Nibbles / Sweet Peas	Seasoned		Steamed	
	Rice /Roll	Garden Salad / Black Beans	Veggie Nibbles / Tater Tots	Caesar Salad / Broccoli	Veggie Nibbles / Asian Veg
Served Daily*	Milk, Fruit & Baby Carrots	Milk, Fruit & Baby Carrots	Milk, Fruit & Baby Carrots	Milk, Fruit & Baby Carrots	Milk, Fruit & Baby Carrots
Week 3				All-American	
Daily Special	State Fair Corn Dog Nuggets	Pork Carnitas Nacho	Grilled Cheese w/ Tomato Soup	Hamburger or Cheeseburger	Homestyle Mac & Cheese
Liberty Chix	Crispy Chicken Sandwich	Popcorn Chicken	Crispy Chicken Nuggets	Chicken Tenders	Spicy Chicken Sandwich
Pizza Meal	Cheese / Pepperoni / Buffalo	Cheese / Pepperoni / Buffalo	Cheese / Pepperoni / Buffalo	Cheese / Pepperoni / Buffalo	Cheese / Pepperoni / Buffalo
Uncrustable Meal	PB&J w/ Chz Stick & Goldfish	PB&J w/ Chz Stick & Goldfish	PB&J w/ Chz Stick & Goldfish	PB&J w/ Chz Stick & Goldfish	PB&J w/ Chz Stick & Goldfish
Liberty Fresh	Turkey & Cheese Sub	Ham & Cheese Chef Salad	Chic, Bacon & Ranch Wrap	Club Chef Salad	Italian Flatbread
					Steamed
Sides	Garden Salad / Baked Beans	Veggie Nibble/Sweet Corn	Garden Salad / Sweet Peas	Veggie Nibble / French Fries	Garden Salad / Broccoli
Served Daily*	Milk, Fruit & Baby Carrots	Milk, Fruit & Baby Carrots	Milk, Fruit & Baby Carrots	Milk, Fruit & Baby Carrots	Milk, Fruit & Baby Carrots
Week 4	Cheese-filled Breadsticks w/				Breakfast for Lunch – Eggs,
Daily Special	marinara sauce	Soft Chicken Tacos w/ Salsa	Chic Fried Rice w/ Egg Roll	Creamy Chicken Alfredo	Sausage, Hashbrown Tots,
Liberty Chix	Crispy Chicken Sandwich	Popcorn Chicken	Crispy Chicken Nuggets	Chicken Tenders	Pancakes or French Toast
Pizza Meal	Cheese / Pepperoni / Buffalo	Cheese / Pepperoni / Buffalo	Cheese / Pepperoni / Buffalo	Cheese / Pepperoni / Buffalo	Spicy Chicken Sandwich
Uncrustable Meal	PB&J w/ Chz Stick & Goldfish	PB&J w/ Chz Stick & Goldfish	PB&J w/ Chz Stick & Goldfish	PB&J w/ Chz Stick & Goldfish	Cheese / Pepperoni / Buffalo PB&J w/ Chz Stick & Goldfish
Liberty Fresh	Ham & Cheese Chef Salad	Club Sub Sandwich	Turkey & Cheese Chef Salad	Buffalo Chic Flatbread	Grilled Chic Caesar Salad
Sides		Seasoned	Steamed		Veggie Nibbles / Tater Tots
Served Daily*	Veggie Nibble / Green Beans	Garden Salad / Black Beans	Veggie Nibbles / Broccoli	Caesar Salad / Sweet Corn	Milk, Fruit & Baby Carrots
•	Milk, Fruit & Baby Carrots	Milk, Fruit & Baby Carrots	Milk, Fruit & Baby Carrots	Milk, Fruit & Baby Carrots	
*Items Served Daily	Milk: Lowfat or Fat Free White,	Variety of Fresh Fruit, Canned	Additional Sides may be offered		
•	Chocolate, or Strawberry	Fruit and 100% Fruit Juice and	including Chilled Pea Salad		
		Baby Carrots			