



JANUARY 2023

Portage Area Elementary School

Daily Entree Alternates:
 Stuffed Crust Pizza (Mon. – Thurs.)
 Meat Lovers Stromboli (Fridays Only)
 Grab N Go

Offered Daily:
 100% Juice
 Choice of Milk

MENU SUBJECT TO CHANGE WITHOUT NOTICE DUE TO PRODUCT AVAILABILITY

Monday	Tuesday	Wednesday	Thursday	Friday
2 No School/ Christmas Break	3 Taco In A Bag Side Salad with Sliced Tomato Green Beans Applesauce Craisins/Dried Strawberry Apple Slices	4 Chicken Alfredo T-roll Side Salad with Sliced Tomato Mixed Vegetables Chilled Pineapple Craisins/Dried Strawberry Apple Slices	5 Orange Chicken Steamed Brown Rice Side Salad with Sliced Tomato Steamed Broccoli Apple Slices Craisins/Dried Strawberry Apple Slices	6 Mini Corn Dogs Side Salad with Sliced Tomato Pasta Salad Chilled Peaches Craisins/Dried Strawberry Apple Slices Raspberry Churro
9 BBQ Pork Patty/Bun Side Salad with Sliced Cucumbers Coleslaw Banana Craisins /Dried Apple Slices	10 Teriyaki Chicken Bowl Side Salad with Sliced Cucumbers Fresh Red Pepper Slices Applesauce Craisins /Dried Apple Slices	11 Chicken Parmesan Spaghetti Side Salad with Sliced Cucumbers Peas Mandarin Oranges Craisins /Dried Apple Slices	12 Chicken Pot Pie Biscuit Side Salad with Sliced Cucumbers Apple Slices Craisins /Dried Apple Slices	13 Pierogis/Sausage Patty Side Salad with Sliced Cucumbers Baked Beans Chilled Pears Craisins /Dried Apple Slices Chocolate Sundae Ice Cream Cup
16 No school 	17 Hard Shell Taco's Side Salad with Sliced Tomato Pasta Salad Applesauce Craisins/ Dried Apple Slices	18 Fish Sticks T-Roll Side Salad with Sliced Tomato Sweet Potato Fries Chilled Pineapple Craisins/ Dried Apple Slices	19 Breaded Mozzarella Sticks Side Salad with Sliced Tomato Fresh Veggie Boat Apple Slices Craisins/ Dried Apple Slices	20 Popcorn Chicken Side Salad with Sliced Tomato Cucumber/Tomato Salad Chilled Peaches Craisins/ Dried Apple Slices Goldfish Crackers
23 Lasagna T-Roll Side Salad with Sliced Cucumbers Cooked Carrots/Peas Apple Craisins/Dried Apple Slices	24 Chicken Cantina Bowl Tostitos Side Salad with Sliced Cucumbers Zesty Bean Salad Applesauce Craisins /Dried Apple Slices	25 Popcorn Shrimp Macaroni & Cheese Side Salad with Sliced Cucumbers Corn Mandarin Oranges Craisins /Dried Apple Slices	26 Teriyaki Beef Dippers Fried Rice Side Salad with Sliced Cucumbers Oriental Vegetable Blend Apple Slices Craisins /Dried Apple Slices	27 Philly Steak/Bun Side Salad with Sliced Cucumbers Oven Roasted Vegetables Chilled Pears Craisins /Dried Apple Slices Vanilla Chat Snax
30 Chicken Patty/Bun Side Salad with Sliced Tomato Mixed Vegetables Mixed Fruit Craisins/Dried Strawberry Apple Slices	31 Taco Dip Tostitos Side Salad with Sliced Tomato Pasta Salad Applesauce Craisins/Dried Strawberry Apple Slices			

What is CEP and what does it mean for me?

- CEP stands for Community Eligibility Provision.
- Under CEP, all students in Portage Area School District are eligible to receive (1) breakfast and (1) lunch at no cost.

The 5 food groups to a school lunch are:

- Meat/Meat Alternative
- Grain
- Fruit
- Vegetable
- Milk

Choice 3 or more food groups.
 Pick at least ½ cup fruit and/or vegetable.



Meal Prices

2nd Lunch - \$2.50 Adult Lunch - \$4.75
 Milk (2nd) - \$.50
 Bottled Water (Large) - \$.50
 Bottled Water (Small) - \$.30

A copy of the menu with the nutritional and allergy information is available at:
<https://www.schoolcafe.com/PortageASD>