

**SNACK – 3:55PM -4:10 PM**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Week1**  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** |
| **Fruits/ Vegetables** **100% Juice**  | **Juice**  | **Juice** | **Juice** | **Juice** |
| **Grains** | **Vanilla Gold Fish Grahams**  | **Birthday Grahams** | **Cheez Its** | **Sun Chips** |

Milk is offered with every meal

* Fat – Free Flavored and Unflavored Milks
* Low Fat (1%) unflavored choices
* Lactose Intolerant Milks will be provided for those in need



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| **Week 2**  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** |
| **Fruits/ Vegetables** **100% Juice**  | **100% Juice**  | **100% Juice** | **100% Juice** | **100% Juice** |
| **Grains** | **Blueberry Muffins** | **Birthday Grahams** | **Cheez Its** | **Goldfish**  |

Milk is offered with every meal

* Fat – Free Flavored and Unflavored Milks
* Low Fat (1%) unflavored choices
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| **Week 3** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** |
| **Fruits/ Vegetables** **100% Juice**  | **Juice**  | **Juice** | **Juice** | **Juice** |
| **Grains** | **Emoji Graham** | **Blueberry Muffins**  | **Cheez Its** | **Poptarts** |

Milk is offered with every meal

* Fat – Free Flavored and Unflavored Milks
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| **Week 4** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** |
| **Fruits/ Vegetables** **100% Juice**  | **Juice**  | **Juice** | **Juice** | **Juice** |
| **Grains** | **Birthday Grahamz** | **Animal Crackers** | **Cheez Its** | **Sun Chips**  |

Milk is offered with every meal

* Fat – Free Flavored and Unflavored Milks
* Low Fat (1%) unflavored choices
* Lactose Intolerant Milks will be provided for those in need



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| **Week 5** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** |
| **Fruits/ Vegetables** **100% Juice**  | **Juice**  | **Juice** | **Juice** | **Juice** |
| **Grains** | **Graham Bug Bites** | **Animal Crackers**  | **Cheez Its** | **Goldfish Grahamz**  |

Milk is offered with every meal

* Fat – Free Flavored and Unflavored Milks
* Low Fat (1%) unflavored choices
* Lactose Intolerant Milks will be provided for those in need