The Monthly Tech

March 2023

Teaching Today's Youth;
Training Tomorrow's Workforce

"Do the best you can!"

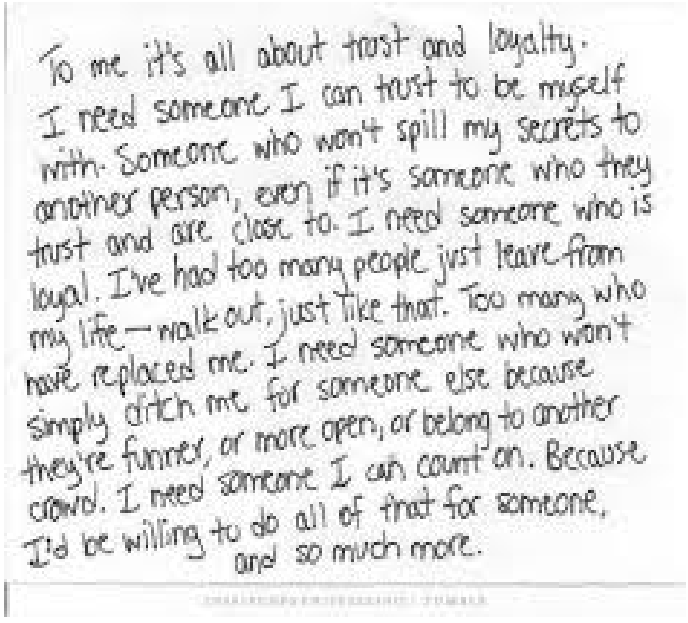
How would others describe your character?

What is trust?

Trust is to rely on another person because you feel safe with them and have confidence that they will not hurt or violate you.

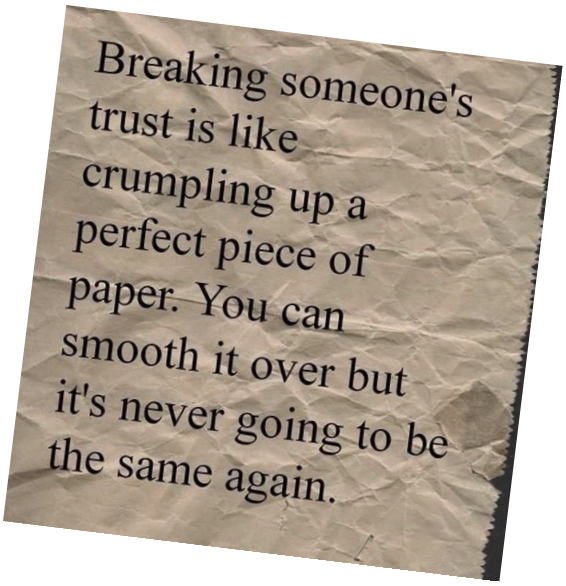
What is loyalty?

Loyalty is a sense of duty or of devoted attachment to something or someone.


To me it's all about trust and loyalty. I need someone I can trust to be myself with. Someone who won't spill my secrets to another person, even if it's someone who they trust and are close to. I need someone who is loyal. I've had too many people just leave from my life — walk out, just like that. Too many who have replaced me. I need someone who won't simply ditch me for someone else because they're funnier, or more open, or belong to another crowd. I need someone I can count on. Because I'd be willing to do all of that for someone, and so much more.


LOYALTY IS WHAT MAKES US TRUST, TRUST IS WHAT MAKES US STAY, STAYING IS WHAT MAKES US LOVE, AND LOVE IS WHAT GIVES US HOPE.
GLENN VAN DEKKEN
LOYALTY
PassItOn.com


Success is the result of perfection, hard work, learning from failure, loyalty, and persistence.
Colin Powell
BrainyQuote


Breaking someone's trust is like crumpling up a perfect piece of paper. You can smooth it over but it's never going to be the same again.


“Trust can be lost within seconds, takes a lifetime to regain, and is never as strong again afterward.”
via curiano.com

Important Dates

★ Program of Interest Interviews with instructors
March 1 - JHS - AM & PM
March 2 - IHS (AM) & THS (PM)

★ March 15 - Report Cards

★ March 23 - City of Clanton Career Fair

★ March 27-31 - Spring Break

Looking Ahead

More information to come :)

★ April 19 - ACT WorkKeys
★ April 21 - Weather Day
★ April 26 - Progress Reports
★ April 27 - LCTC Open House 6:00-7:30

★ May 4 - LCTC Honors Day 8:30/12:30
★ May 19 - MHS Graduation
★ May 20 - CCHS Graduation
★ May 22 - THS Graduation
★ May 23 - VHS Graduation
★ May 24 - JHS Graduation
★ May 25 - IHS Graduation


March Sporting Events


Chilton County High School

Baseball

03/02 Pelham- Home
03/03 Benjamin R- Home
03/04 Mcadory Y- Home
03/06 Montevallo- Home
03/09 Elmore- Home
03/14 Marbury- Home
03/21 Calera- Home
03/23 Calera- Away
03/24 Cavaliers- Away

Softball

03/06 Oak Mt- Away

Soccer

03/02 Calera- Home
03/06 Wetumpka- Home
03/10 Prattville- Away
03/14 Stanhope- Away
03/23 Calera- Away

Jemison High School

Baseball

03/03 Prattville- Away
03/07 Shelby County- Home
03/13 Sylacauga- Away
03/14 Dallas- Home
03/17 Vincent- Home

Softball

03/02: Maplesville; Away
03/07: Isabella; Away
03/14: Montevallo; Home
03/16: Sylacauga; Home

Thorsby High School

Baseball

03/16: Prattville Christian; Away

Softball

03/23: Maplesville; Away

Isabella High School

Baseball

03/03: Verbena; Home
03/16: Notasulga; Home
03/18: Reeltown; Home
03/25: Dallas County; Home

Softball

03/06: Maplesville; Away
03/07: Jemison; Home
03/13: Thorsby; Home
03/16: Fayetteville; Home
03/21: Verbena; Home

Maplesville High School

Baseball

03/06: Billingsley; Home
03/13: Autugaville; Home
03/17: Verbena; Away
03/20: Verbena; Home
03/23: Jemison; Home

Softball

03/02: Jemison; Home
03/06: Isabella; Home
03/13: Autugaville; Home
03/14: Hotville; Home
03/21: West Blocton; Home
03/23: Thorsby; Home

Verbena High School

Baseball

03/01: Jeff Davis; Home
03/02: Billingsley; Home
03/03: Isabella; Away
03/17: Maplesville; Home
03/20: Maplesville; Away

Softball

03/07: Thorsby; Home
03/14: Notasulga; Home
03/16: Central Coosa; Home
03/21: Isabella; Away

PROGRAM INTERVIEWS AND HIGHLIGHTS

For our March edition of the newsletter, we interviewed a few more of our Lecroy Career Technical Center instructors and staff to learn about their journey in their career. For this month, we interviewed:

Mr. Sosa - STEM Academy

1. ***What made you decide to become a STEM teacher?***
   Mr. Sosa was inspired to become a STEM teacher from his experience volunteering as a mentor with an after school robotics program.
2. ***Do you have any major projects in store for your class this year?***
   Mr. Sosa's capstone students have recently begun their major projects. They are working on several interesting projects, such as a retro arcade machine, raspberry pi time-lapse camera rig, & arduino controlled door chime to name a few.
3. ***What is your favorite part of being a STEM teacher?***
   Mr. Sosa's favorite part of being a STEM teacher is helping students to become makers of things instead of merely consumers of things that others have created.
4. ***What is your goal for the students in your class?***
   The goal of the program is to serve as a stepping stone for students who wish to pursue an engineering or technical degree after high school.

Mr. Gilliland - Welding

1. ***What made you decide to become a Welding instructor?***
Mr. Gilliland said he wanted to become a welding instructor because "this is where he got his start" in this very building.

2. ***Do you have any major projects in store for your class this year?***
They will be making benches for the Valley Grande restaurant

3. ***What is your favorite part of being a Welding instructor?***
" Seeing young students excel and open opportunities for themselves to go where they want to go."

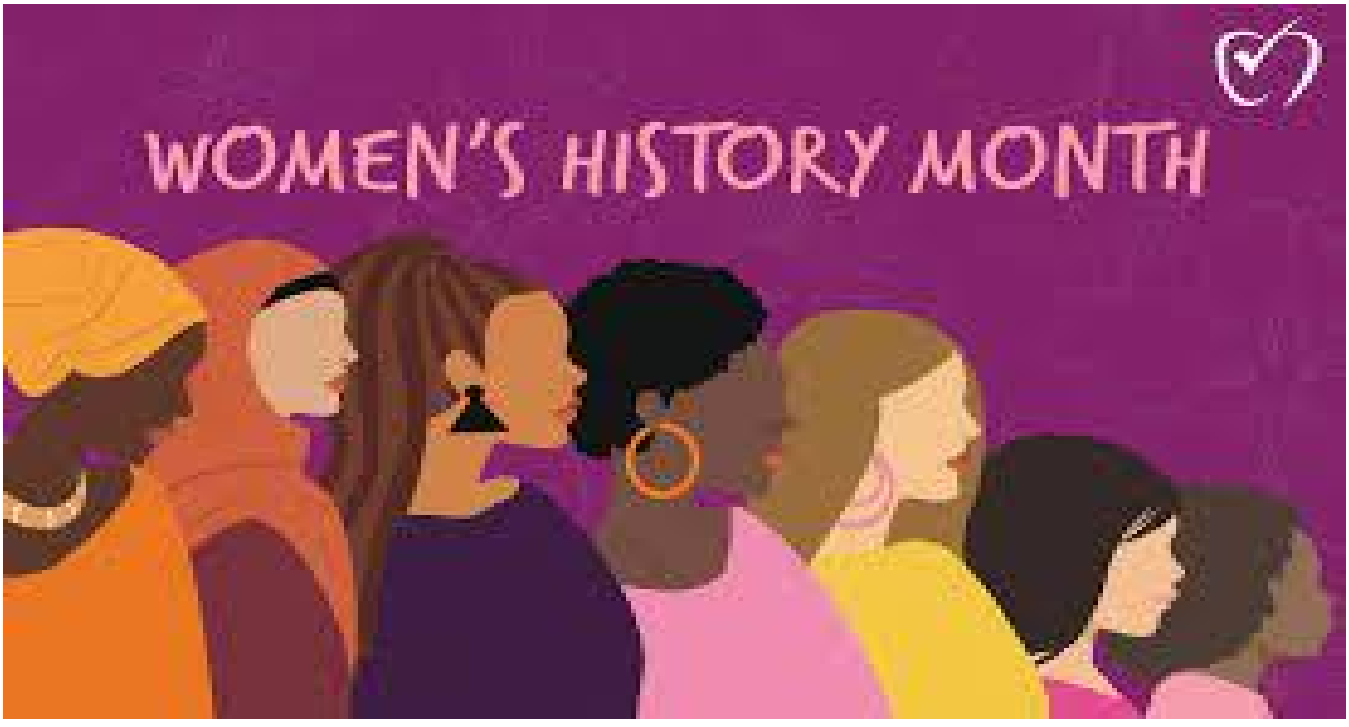
4. ***How long have you been teaching Welding classes?***
10 years

5. ***What is your goal for the students in your classes?***
The goal he has for his students is "for them to reach their full potential and to be the best version of themselves."

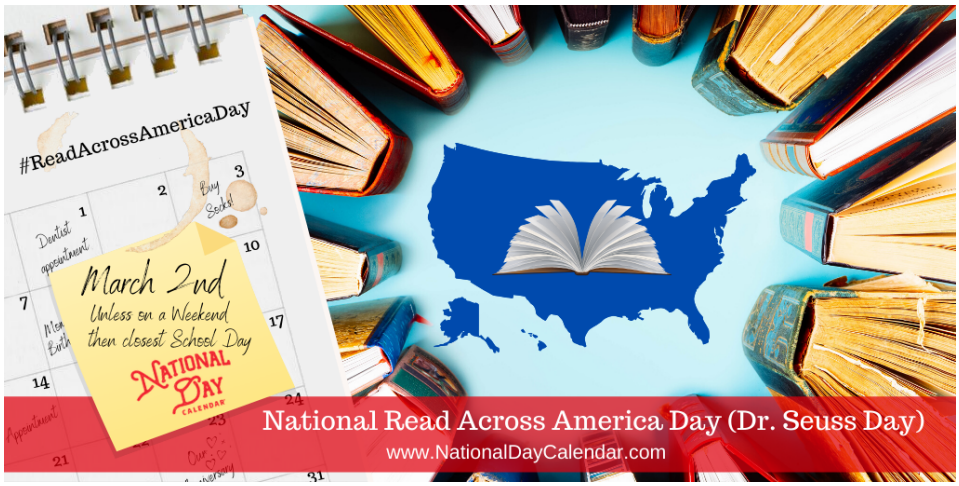
MARCH is a month to bring awareness to:

Women's History Month

Women's history month commemorates and encourages the study of vital roles for women. From science to politics, it's a chance to reflect on the trailblazing women who lead the way for change. It all began with one day in 1908 in New York City when thousands of women united and marched for better labor laws, conditions, and the right to vote. For girls, knowing women's achievements expands their sense of what is possible. For all of us, knowledge of women's strengths and contributions builds respect and nourishes self esteem.“Internationally, purple is a color for symbolizing women. Why Purple? According to the International Women's Day (IWD) organization, Purple is historically associated with efforts to achieve gender equality. Globally, purple is recognized as the color of women, which symbolizes justice and dignity.



What will you do to show kindness?



NATIONAL READ ACROSS AMERICA DAY (DR. SEUSS DAY)

Each year, National Read Across America Day is celebrated on March 2nd, the birthday of Dr. Seuss. The annual event is part of Read Across America, an initiative on reading created by the National Education Association. Since the event is designed to encourage reading in children and is fostered through the schools, when March 2nd lands on a weekend, the day is observed on the closest school day.

This motivational and awareness day calls all children and youth in every community across the United States to celebrate reading. It encourages them to read wherever they are. Great ways to inspire reading in children include:

- **Keep books everywhere you spend time. Put them in the car, in every room of the house, and tuck them in backpacks and purses. Make them easily accessible.**
- **Visit the library often. Knowing how to use the library and learning the benefits of a library fosters a love of reading as well as genuine respect for the services libraries provide.**
- **Get caught reading. Children imitate what they see the adults around them do. Whether they see you read a magazine, newspaper, or novel, let them know reading is the cool thing to do.**
- **Read to your children. No matter their age, reading aloud strengthens their vocabulary and language skills. It also opens up opportunities for discussion.**
- **Have your children read to you, too. You never know what you might learn!**

HOW TO OBSERVE #ReadAcrossAmericaDay #DrSeussDay

- **Pick up an interesting book and read it.**
- **More importantly, read with a child.**
- **Join your library.**
- **Attend a book reading.**
- **Read a book you've been meaning to read.**

- **Read a book you've read before. You may discover that it has a new meaning to you since you last read it.**
- **Try reading aloud, even if it is just to yourself. It will make great practice for reading to children. (Hint, hint.)**
- **Visit the National Day Calendar® Classroom for ways to incorporate National Read Across America Day into your classroom.**
- **Use #ReadAcrossAmericaDay or #DrSeussDay to post on social media.**

For adults, here are a couple of recommendations for books:

- **The 3-Minute Rule by Brant Pinvidic.**
- **Open Secrets of Success: The Gary Tharaldson Story by Patrick McCloskey**

NATIONAL READ ACROSS AMERICA DAY HISTORY

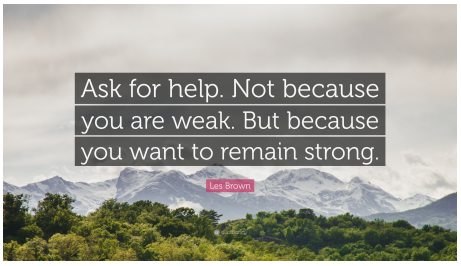
The first National Read Across America Day was held on March 2, 1998.
Read Across America FAQ

Q. Where can I find books for Read Across America Day?

A. Books are very accessible today. You can find books at:

- **Your local library – A lending library offers more than books. They provide access to music, films, newspapers, and magazines.**
- **Schools – Similar to a public library, school libraries offer a variety of books and media for students.**
- **New and used bookstores – If you can't find what you're looking for, they may be able to order it for you.**
- **Neighborhood little libraries – Although they are small, they offer easy access to books for all ages.**
- **Mobile libraries – These libraries on wheels bring books to your neighborhood on a weekly or monthly basis.**
- **Online bookstores – These bookstores sell new and used books on every subject.**
- **Digital books – Many classic books can be found free online.**

COUNSELOR'S CORNER



The Hospitality Hallway is always OPEN. The Hospitality Hallway includes personal care items as well as school related items that you may need. The Hospitality Hallway is located in the hallway near Mrs. Maddox's office. If you have any questions or any needs, please contact Mrs. Maddox (jmmaddox@chiltonboe.com) and she will provide you with the needed information and items.

IT'S THAT TIME OF YEAR...

SCHOLARSHIPS ARE AVAILABLE!!!

Mrs. Maddox has information about scholarships that are available. Come by her office or email her at jmmaddox@chiltonboe.com to get started on applying for scholarships. Now is the time to apply before they are all taken. As the old sayings go, "The early bird gets the worm!" and "If you snooze, you lose!". So, don't procrastinate! Talk with Mrs. Maddox today.

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Apply for yours today!

THANK YOU

for being the BEST tour guides!!

Tenth graders from each of the six county high schools took a field trip to the LCTC campus to tour the different departments, meet the instructors and current students. This opportunity allowed the students to gain insight in order to make a decision about their future and their possibilities for a career after high school. The students in the above pictures took leadership roles in escorting our groups to each department. Thank you to each of these students as well as each person who had a part in the tours. It would not have been as successful without everyone's participation.

Harvest of the Month

Strawberries

While strawberries are one of the most popular summertime fruits, they are actually quite different from other fruits. First of all, they are not really berries. As a matter of fact, they aren't even fruits; they are simply the enlarged end of a plant's stamen. Also, their seeds are on the outside which is opposite of all other true fruits.

Despite the misconception, strawberries are the first "fruit" to ripen in the springtime, and they are consumed in 94 percent of all American households. So even though they aren't true fruits, they are America's favorite fruit.

Nutrition Facts

Serving Size 1 cup, halves 152g (152 g)
Servings per container 1

Amount Per Serving	
Calories 49	Calories from Fat 4
	% Daily Value*
Total Fat 0g	1%
Saturated Fat 0g	0%
Trans Fat	
Cholesterol 0mg	0%
Sodium 2mg	0%
Total Carbohydrate 12g	4%
Dietary Fiber 3g	12%
Sugars 7g	
Protein 1g	
Vitamin A 0% • Vitamin C 149%	
Calcium 2% • Iron 3%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

©www.NutritionData.com

Did you know?

The average American eats more than 5 pounds of strawberries in one year!

ALFA INSURANCE

ALABAMA Ag in the Classroom
www.AlabamaAITC.org

HARVEST OF THE MONTH

Berries

The blackberry is Alabama's state fruit. It is a small, round fruit that grows on a flowering shrub or a trailing vine. Blackberries may be black, dark red or yellow, and they grow wild in Alabama. Blackberries are enjoyed by humans as well as by Alabama's critters, such as deer and squirrels. The United States is the leading producer of blackberries in the world.

Alabama is a top producer of blueberries in the United States. Blueberries grow in clusters and range in size up to that of a marble. They also have a wide variety of colors, ranging from blue to maroon to purple-black. Blueberries are native to North America, where they grow throughout the woods and mountainous regions of the United States and Canada.

Nutrition Facts

Serving Size 1 cup 144g (144 g)
Servings per container 1

Amount Per Serving	
Calories 62	Calories from Fat 6
	% Daily Value*
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat	
Cholesterol 0mg	0%
Sodium 1mg	0%
Total Carbohydrate 15g	5%
Dietary Fiber 8g	31%
Sugars 7g	
Protein 2g	
Vitamin A 6% • Vitamin C 50%	
Calcium 4% • Iron 5%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

©www.NutritionData.com

Nutrition Facts

Serving Size 1 cup 148g (148 g)
Servings per container 1

Amount Per Serving	
Calories 84	Calories from Fat 4
	% Daily Value*
Total Fat 0g	1%
Saturated Fat 0g	0%
Trans Fat	
Cholesterol 0mg	0%
Sodium 1mg	0%
Total Carbohydrate 21g	7%
Dietary Fiber 4g	14%
Sugars 15g	
Protein 1g	
Vitamin A 2% • Vitamin C 24%	
Calcium 1% • Iron 2%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

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Did you know?

Alabama is home to five native species of blueberries.

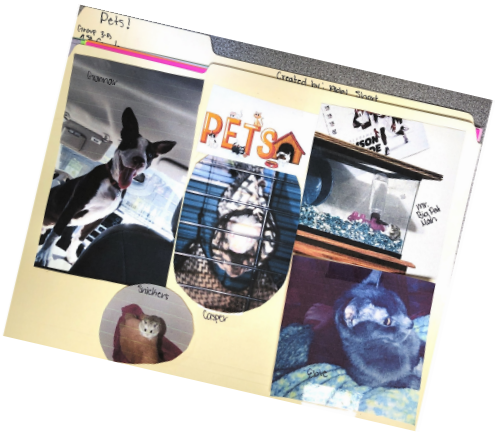
ALFA

ALABAMA Ag in the Classroom

THE MONTHLY TECH IS BROUGHT TO YOU FROM THE EDUCATION AND TRAINING DEPARTMENT

JASON FOWLER ABBY SHORT GISELLE VAZQUEZ
JERICA WELLS GRACE WILLIAMS

Showcasing our folders for our themed learning units.



SEE YOU NEXT MONTH!

SHARE YOUR IDEAS AND QUESTIONS WITH US

LCTCNEWS@CHILTONBOE.COM