



Santa Maria Joint Union
HIGH SCHOOL DISTRICT

Family Resource Center



Invites families to our

FAMILY HEALTH EDUCATION NIGHTS

Join us for a 3 week series of classes designed to teach families about healthy eating habits during all seasons, healthy relationships and mental health.

Tuesday, January 16, 2024

Tuesday, January 23, 2024

Tuesday, January 30, 2024

5:30p.m.

Lincoln Center- Room 904
829 S. Lincoln St.
Santa Maria, CA 93458



Snacks and refreshments will be provided!

For more information call 805-922-4573 ext 1918.



Santa Maria Joint Union
HIGH SCHOOL DISTRICT

Centro de Recursos Familiar



invita a las familias a

NOCHES FAMILIARES DE EDUCACIÓN DE SALUD

*Acompáñenos en una serie de clases de 3 semanas
diseñadas para enseñar a las familias hábitos de
alimentación saludables durante todas la temporadas,
relaciones saludables y salud mental.*

martes, 16 de enero, 2024

martes, 23 de enero, 2024

martes, 30 de enero, 2024

5:30p.m.

Lincoln Center- salón 904

829 S. Lincoln St.

Santa Maria, CA 93458



¡Se proporcionarán aperitivos y refrigerios!

Para más información llame al 805-922-4573 ext. 1918.