

Menus December 2024

**Bentley Bright
Beginnings**

This institution is an equal opportunity provider. Menus are subject to change.

OPS Food & Nutrition Department

We are excited to have our students back to school and eating FREE nutritious meals again this school year.

Please feel free to reach out to our department with any questions.....
989.729.5486
Joy = Hartman@owosso.k12.mi.us

Please feel free to visit our website for more information and links to online forms and menu's
<https://www.owosso.k12.mi.us/foodnutritionservices>

YOU'RE GOOD



ALL STUDENTS EAT BREAKFAST @ NO COST ALL YEAR LONG

Reindeer, also known as caribou, live in arctic and sub-arctic regions all over the world



Monday, December 2

Breakfast
WG Muffin Flat
MI Fresh Apple
Michigan Milk

Lunch
WG Chicken Drumies
WG Gold Fish Crackers
Yellow Corn
Orange Wedges
Michigan Milk

Tuesday, December 3

Breakfast
WG Breakfast Round
Peach Cup
Michigan Milk

Lunch
WG Soft Taco's
Shredded Lettuce
MI Diced Tomatoes
Shredded Cheese
Mixed Fruit
Michigan Milk

Wednesday, December 4

Breakfast
WG Breakfast Bread
Pear Cup
Michigan Milk

Lunch
Cheeseburger on a WG Bun
MI Grape Tomatoes
Fresh Apple
Michigan Milk

Thursday, December 5

Breakfast
WG Benefit Bar
Fresh Banana
Michigan Milk

Lunch
WG Mac & Cheese
MI Sliced Cucumbers
Diced Peaches
Michigan Milk

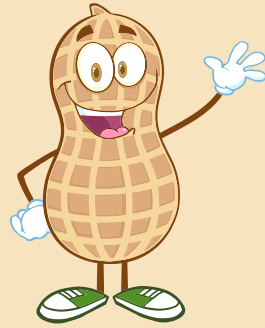
Friday, December 6

Breakfast
WG Fruity PopTart
Fresh Fruit
Michigan Milk

Lunch
Perfect WG Pizza
Tossed MI Romaine Salad
Clementine's
Michigan Milk

I am the letter

N



nut

Monday, December 9

Breakfast
WG Breakfast Bun
Apple Sauce
Michigan Milk

Lunch
WG Chicken Shapes
WG Gold Fish Crackers
Yellow Corn
MI Peach Cup
Michigan Milk

Tuesday, December 10

Breakfast
WG Benefit Bar
Michigan Apple
Michigan Milk

Lunch
WG Soft Taco
Shredded Lettuce
Diced Tomatoes
Shredded Cheese
Orange Wedges
Michigan Milk

Wednesday, December 11

Breakfast
WG Pumpkin Bread
Clementine
Michigan Milk

Lunch
WG Stromboli
Broccoli
MI Mixed Berries Cup
Michigan Milk

Thursday, December 12

Breakfast
WG French Toast Bar
Fresh Pear
Michigan Milk

Lunch
WG Rotini
WG Garlic Bread
Green Beans
Strawberry Cup
Michigan Milk

Friday, December 13

Breakfast
WG Waffle
AppleSauce
Michigan Milk

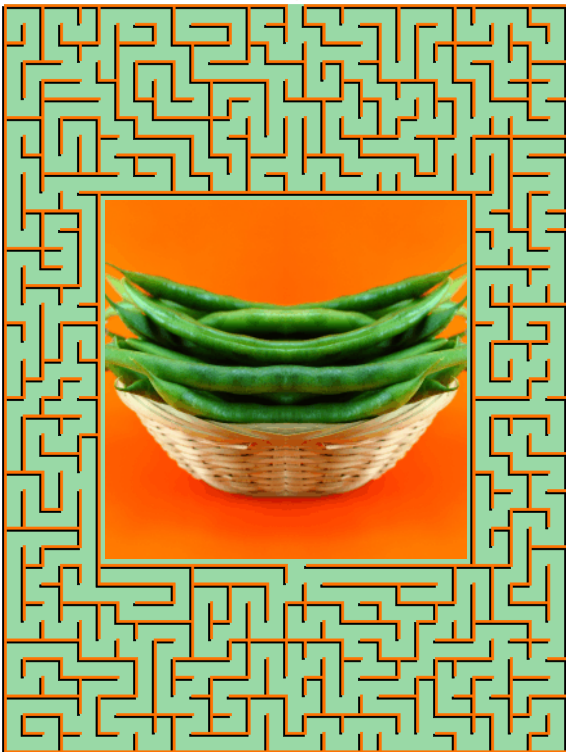
Lunch
Perfect WG Pizza
MI Tossed
Romaine Salad
Mixed Fruit
Michigan Milk



Set the beans free!

Green Beans are loaded with vitamins, minerals, and fiber. But on our holiday tables, these super heroes are too often overwhelmed with butter and gooey sauces. You can help! Find your way to the center of the maze, where fresh green beans, ready to be steamed with helpful seasonings (and, if you insist, just a touch of butter!), are waiting for you to set them free!

↪ **Start here!**



Learn more at www.CHOOSEMYPLATE.gov or http://kidshealth.org/Kid/stay_healthy/food/pyramid.html



Word of the Month

be·nev·o·lent

adj. 1. charitable; kind
2. showing love to others and a desire to promote their happiness and well-being



Monday, December 16

Breakfast

WG Mini Pancakes
Fresh Apple
Michigan Milk

Lunch

WG PopCorn Chicken
WG Gold Fish Crackers
Broccoli
MI Berry Cup
Michigan Milk

Tuesday, December 17

Breakfast

WG Breakfast Round
Peach Cup
Michigan Milk

Lunch

WG Soft Taco
Shredded Lettuce
Diced Tomatoes
Shredded Cheese
Orange Wedges
Michigan Milk

Wednesday, December 18

Breakfast

WG Benefit Bar
Round Orange
Michigan Milk

Holiday Feast

Sliced Turkey
WG Roll
Mashed Potatoes
Fresh MI Fruit
Michigan Milk

Thursday, December 19

Breakfast

WG Muffin
MI Fresh Fruit
Michigan Milk

Lunch

WG Mac & Cheese
WG Roll
MI Romaine Salad
Strawberry Cup
Michigan Milk

Friday, December 20

Breakfast

WG Cinnamon Roll
MI Fresh Apple
Michigan Milk

1/2 Day

Sack Lunch

SEE YOU IN

2025
HAPPY NEW YEAR!

Last day of school:
Friday,
December 20

Classes resume:
Monday,
January 6