

**24 STRONG****MIDDLE SCHOOL MENU****JANUARY 2026**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	5	6	7	8	9
<b>Schools offer no-cost breakfast and lunch to all students regardless of income.</b>  Low-fat or fat-free milk choice is offered with each meal. Fresh fruit bowl and water are available.	<b>Breakfast</b>		BISCUIT CHOICE OR MUFFIN W/CEREAL / JUICE / FRUIT	BISCUIT CHOICE OR BREAKFAST PIZZA / JUICE / FRUIT	BISCUIT CHOICE OR BREAKFAST PIZZA / JUICE / FRUIT
<b>ADULT PRICES</b> Breakfast \$2 Lunch \$4	<b>Lunch</b> choose one entree or salad, if offered	<b>PLD</b>	<b>SLOPPY JO OR BURRITO</b>	<b>CHICKEN SANDWICH OR HAM AND CHEESE SANDWICH</b>	<b>PIZZA OR SPAGHETTI W/ GARLIC TOAST</b>
<b>ALA CARTE SALES</b> may vary by school. Check with your School Manager to determine local offerings.	<b>Sides</b> select at least one fruit or vegetable		BAKED SWEET POTATO W/CINNAMON BROWN SUGAR MARGARINE, ROMAINE SALAD, BROCCOLI W/CHEESE SAUCE, STRAWBERRY SHORTCAKE FRESH FRUIT BOWL	POTATO TOTS, LETTUCE LEAF, TOMATO, PICKLES, CORN & BLACK BEAN SALSA, CANTALOUPE, APPLESAUCE CUP, FRESH FRUIT BOWL,	SPINACH SALAD, CORN ON THE COB, CALIFORNIA BLEND VEGETABLES, PEACH SLICES, DRAGON PUNCH, FRESH FRUIT BOWL,
	<b>Salad Plate or Bar</b>		FAJITA CHICKEN WITH SALAD BAR	DICED HAM W/BOILED EGG	DICED TURKEY WITH SALAD BAR
		12	13	14	15
	<b>Breakfast</b>	BISCUIT CHOICE OR MINI PANCAKES W/SYRUP / JUICE / FRUIT	BISCUIT CHOICE OR BREAKFAST PIZZA/ JUICE / FRUIT	BISCUIT CHOICE OR CEREAL W/MUFFIN / JUICE / FRUIT	BISCUIT CHOICE OR CHEESE TOAST W/CEREAL / JUICE / FRUIT
	<b>Lunch</b> choose one entree or salad, if offered	CHICKEN NUGGETS OR DELI SUB	<b>COUNTRY FRIED STEAK OR CHICKEN TENDER ROLL</b>	TURKEY WRAP W/CHIPS HAMBURGER W/CHIPS	<b>BBQ SANDWICH OR HOT HAM AND CHEESE</b>
	<b>Sides</b> must select at least one fruit or vegetable	FRENCH FRIES, BAKED BEANS VEGGIE DIPPERS, CREAMY COLE SLAW ORANGE WEDGES PEAR HALVES	MASHED POTATOES / BROCCOLI W/ CHEESE SAUCE FRUIT COCKTAIL FRESH FRUIT CUP	LETTUCE TOMATO PICKLE CUP CARROT CELERY W/DIP VEGGIE FRIES FROZEN ICE	CORN REFRIED BEANS SALAD VEGGHIES W/DIP APPLESAUCE CUP PEACHES FRESH FRUIT BOWL
	<b>Salad Plate or Bar</b>	TUNA SALAD	DICED HAM W/BOILED EGG	TUNA SALAD	DICED HAM W/BOILED EGG
					PIMENTO CHEESE SANDWICH OR PBJ SANDWICH



**24** STRONG

# MIDDLE SCHOOL MENUS

JANUARY 2026

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## ADULT PRICES

Breakfast \$2

Lunch \$4

**ALA CARTE SALES** may vary by school. Check with your SN Manager to determine local offerings.

Extra Milk \$0.60

Extra breakfast entrée \$1.75

Extra lunch entrée \$2

Extra side dishes \$0.50

Rice Krispie treat \$1

Cookie \$1

Soft pretzel \$1

Cheese Sauce Cup \$0.50

Flavored water \$1.75

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		19	20	21	22	23
<b>Breakfast</b>		BISCUIT CHOICE OR BREAKFAST PIZZA / JUICE / FRUIT	BISCUIT CHOICE OR CEREAL W/MUFFIN / JUICE / FRUIT	BISCUIT CHOICE OR CHEESE TOAST & CEREAL / JUICE / FRUIT	MANAGER'S CHOICE JUICE / FRUIT	
<b>Lunch</b> choose one entree or salad, if offered	<b>HOLIDAY</b>	BBQ SANDWICH HOT DOG	CHICKEN STIR FRY W/ EGG ROLL OR CHEESE BITES W/ MARINARA	CHICKEN SANDWICH OR HOT HAM & CHEESE	TURKEY CLUB PIZZA	
<b>Sides</b> unlimited, but must select at least one fruit or vegetable		GARDEN SALAD, COLE SLAW, WHOLE KERNEL CORN ORANGES RIP SLUSHIE	CORN ON THE COBB ROMAINE SALAD VEGETABLE FRIED RICE, ORANGE WEDGES, TROPICAL FRUIT SALAD	SPINACH SALAD BAKED FRENCH FRIES CARROTS W/ DIP GELATIN W/FRUIT SLICED PEACHES	CORN VEGGIES W/ DIP BLACKEYE PEAS SALAD TANGERINS APPLE SAUCE	
<b>Salad Plate or Bar</b>		DICED HAM W/BOILED EGG	GRILLED CHICKEN	DICED HAM W/BOILED EGG	GRILLED CHICKEN	
	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	
<b>Breakfast</b>	BISCUIT CHOICE OR MINI PANCAKES / JUICE / FRUIT	BISCUIT CHOICE OR BREAKFAST PIZZA / JUICE / FRUIT	BISCUIT CHOICE OR CEREAL W/MUFFIN / JUICE / FRUIT	BISCUIT CHOICE OR CHEESE TOAST & CEREAL / JUICE / FRUIT	MANAGER'S CHOICE JUICE / FRUIT	
<b>Lunch</b> choose one entree or salad, if offered	TACOS (2) OR PIZZA	CHICKEN FAJITA OR CRISPITO	CHICKEN BISCUIT OR PANCAKES W/SAUSAGE PATTIES (2)	CHILI W/GRILLED CHEESE HOT DOG	CORN DOG BBQ SANDWICH	
<b>Sides</b> unlimited, but must select at least one fruit or vegetable	LETTUCE, TOMATO SHREDDED CHEESE / STEAMED WHOLE KERNEL CORN / VEGGIES W/DIP /PEACH HALVES / FRESH STRAWBERRIES W/ WHIPPED TOPPING	REFRIED BEANS GARDEN SALAD, JUICE BAR / BAKED APPLES	TATER TOT CASSEROLE / CHEESE Grits / YOGURT PARFAIT / WANGO-MANGO JUICE CUP / GRAPEFRUIT WEDGES	ROMAINE SALAD, PEAS AND CARROTS, WHOLE KERNEL CORN, GELATIN W/ FRUIT, PEACH SLICES, FRESH FRUIT BOWL	FRENCH FRIES COLE SLAW BAKED BEANS VEGGIUES W/ DIP SALAD APPLE SAUCE CUP FRUIT COCKTAIL	
<b>Salad Plate or Bar</b>	PIMENTO CHEESE SANDWICH OR PBJ SANDWICH	CHEF SALAD		CHEF SALAD	PIMENTO CHEESE SANDWICH OR PBJ SANDWICH	