

Covington County Schools

K-12 BREAKFAST MENU---NOVEMBER 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 EGG & CHEESE SANDWICH Trix Cereal Bar Fresh Fruit Juice Milk	2 PANCAKE-SAUSAGE DOG Yogurt Fresh Fruit Juice Milk	3 FRENCH TOAST STICKS Variety Cereal Fresh Fruit Juice Milk
6 MINI MAPLE WAFFLES Yogurt Fresh Fruit String Cheese Juice Milk	7 CHICKEN BISCUIT Fresh fruit Grape Jelly Juice Milk	8 WARM CINNAMON TOAST BAR Variety Cereal Fresh Fruit Juice Milk	9 SAUSAGE, EGG & CHEESE BITES Variety Cereal Fresh Fruit Juice Milk	10 VETERAN'S DAY HOLIDAY **NO SCHOOL**
13 BREAKFAST PIZZA Yogurt Fresh Fruit Juice Milk	14 CHOCOLATE CHIP FRENCH TOAST MINIS Variety Cereal Fresh Fruit Juice Milk	15 SAUSAGE & CHEESE BAGEL Yogurt Fresh Fruit Juice Milk	16 MINI BERRY WAFFLES Variety Cereal Fresh Fruit Juice Milk	17 CHEESE TOAST Cheese Grits Fresh Fruit Juice Milk
20 BAGEL WITH STRAWBERRY CREAM CHEESE Variety Cereal Fresh Fruit Juice Milk	21 SAUSAGE BISCUIT Yogurt Fresh Fruit Grape Jelly Juice Milk	22 CINNI MINIS Variety Cereal Fresh Fruit String Cheese Juice Milk	23 BREAKFAST BURRITO Yogurt Fresh Fruit Juice Milk	24 A variety of condiments and milk are offered daily.
27	28	29	30	
NO SCHOOL---THANKSGIVING BREAK				

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To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20-Complaint-Form-0508-0002-508-11-28-17Rev2Final.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by: 1.) Mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue SW, Washington, D.C., 20250-9410; or 2.) Fax: (833) 256-1665 or (202) 696-7442; or 3.) Email: program.intake@usda.gov. This institution is an equal opportunity provider.