

# JANUARY 2023

This Institution is an Equal Opportunity Provider

EGJH & TVHS Breakfast & Lunch menu

A variety of condiments are available.

Fat free & 1% milk are offered daily.

\*\*MENU items are subject to change\*\*

Monday

2

Tuesday

**HAPPY NEW YEAR!!!**

3

Wednesday

**2023!!**

4

Thursday



Friday

**SEE YOU ON MONDAY!**

6

Frudel  
Ravioli w/breadstick  
Green Beans  
Garden Salad  
Sun butter & jelly

9

Ham & Cheese Combo  
Corn on a stick  
Mixed Veggies  
Garden Salad  
Sun Butter & jelly

10

Breakfast Sandwich  
Taco Stick w/salsa cups  
Refried Beans  
Garden Salad  
Sun Butter & Jelly  
EGJH-Domino's Pizza

11

WG Waffles  
Tangerine Chicken w/rice  
Sliced Carrots  
Garden Salad  
Sun Butter & jelly

12

WG Donut Holes  
Chicken Nuggets  
Corn  
Garden Salad  
Sun Butter & Jelly  
TVHS Domino's Pizza

13

**MARTIN LUTHER KING DAY  
NO SCHOOL**

16

Breakfast taco  
Popcorn Chicken  
Baked Fries  
Garden Salad  
Sun Butter & jelly

17

Breakfast Sandwich  
Mac & Cheese  
Roll & green beans  
Garden Salad  
Sun butter & jelly  
EGJH-Domino's Pizza

18

WG Carrot Muffins  
Cheese Nachos with meat  
Salsa  
Garden Salad  
Sun butter & jelly

19

WG Iced Donuts  
Pizza Sticks  
Cucumber slices  
Garden Salad  
Sun butter & jelly  
TVHS-Domino's Pizza

20

Oatmeal Benefit Bar  
Mini Corn dogs  
Scalloped Potatoes  
Garden Salad  
Sun Butter & jelly

23

Pancake sausage on a stick  
Chicken Quesadilla  
Refried Beans  
Garden Salad  
Sun butter & jelly

24

Breakfast Sandwich  
Grilled Cheese & tomato Soup  
Pickle spear  
Garden Salad  
Sun butter & jelly  
EGJH-Domino's Pizza

25

Ham & Cheese Combo  
Roasted Chicken  
Mashed Potatoes & gravy  
Sliced Carrots  
Garden Salad  
Sun butter & jelly

26

Breakfast Tornado  
Chicken Strips  
Baked Fries  
Garden Salad  
Sun butter & jelly  
TVHS-Domino's Pizza

27

WG Donut Holes  
Chicken Patty on a bun  
Tater tots  
Garden Salad  
Sun butter & jelly

30

Breakfast Pizza  
Tortellini in marinara sauce  
Breadstick  
Broccoli  
Garden Salad  
Sun butter & jelly

31

Breakfast is served with 4oz. juice and/ or fruit and 8 oz milk. Fresh or packaged fruit and or vegetables are offered daily.

Bottled water is available for purchase at all meals.

For more information please visit our website at: [www.tanq.org](http://www.tanq.org)

