

# *“Guidelines for Student illness and Absences”*

## FAQ for Parents:

**Q:** What do I do if my child is going to be absent from school?

**A:** If your child is going to be absent from school please contact the Nurse’s Office at (518) 734-3400 EXT 1131 or EXT 1181. Or email Gabrielle Gonzalez @ [ggonzalez@wajcs.org](mailto:ggonzalez@wajcs.org) or Tracy Selner @ [tselner@wajcs.org](mailto:tselner@wajcs.org).

**Q:** When should I keep my child home from school?

**A:** If your child has a fever, vomiting, diarrhea, is severely congested, or has a cough that is disruptive to the class. If your child has itchy red eyes with drainage. Please keep your child home from school.

**Q:** When can my child return to school?

**A:** In order to return to school your child should be fever free for more than 24 hours without the use of medication. Their symptoms must be improving and not disruptive to the class.

If your child is prescribed antibiotics for a contagious illness, they must be on the medication for at least 24 hours before returning to school.

If your child has a positive COVID test, they must isolate for 5 days from the day symptoms began. (The first day is day 0) They may return after the 5-day isolation if they are fever free for more than 24 hours without the use of medication and their symptoms are improving.

**Q:** What if I think my child’s symptoms are due to allergies?

**A:** If you think your child’s symptoms are due to allergies, the Nurses’ Office must have a note on file from your child’s Primary Care Provider. The note must state what your child is allergic to and their symptoms. Please discuss treatment options with your child’s provider.