

OCT. 2023



| MONDAY | TUESDAY | WED. | THURSDAY | FRIDAY |
|---|---|--|--|--|
| 2 | 3 | 4 | 5 | 6 |
| CINNAMON TOAST BAR | COOKS CHOICE | BISCUITS AND GRAVY | MINI CINNAMON DONUT | ASSORTED CEREAL |
| ASSORTED CRACKERS | MINI BENEFIT BAR | HARD BOILED EGG | SCOOBY GRAHAMS | YOGURT CUP |
| FRUIT OR JUICE | FRUIT OR JUICE | FRUIT OR JUICE | FRUIT OR JUICE | FRUIT OR JUICE |
| RIBLET SANDWICH | ITALIAN CHIX PASTA | COOKS CHOICE | HOTDOG & TATER TOTS | CHEESE BOATS |
| SMILE POTATOES | CHEDDAR BISCUIT | BROWN SUGAR SQUASH | BAKED BEANS | CHEEZIT CRACKERS |
| FRUIT AND VEGETABLE | FRUIT AND VEGETABLE | FRUIT AND VEGETABLE | FRUIT AND VEGETABLE | FRUIT AND VEGETABLE |
| 9 | 10 | 11 | 12 | 13 |
| BENEFIT BAR | STRAW BAGEL BITES | MINI PANCAKES | CHOCOLATE DONUTS | ASSORTED CEREAL |
| STRAWBERRY CHEX | GOLDFISH GRAHAMS | SUNFLOWER SEEDS | BETTY CROCKER BAR | YOGURT CUP |
| FRUIT OR JUICE | FRUIT OR JUICE | FRUIT OR JUICE | FRUIT OR JUICE | FRUIT OR JUICE |
| ************************************ | ************************************ | ************************************ | ************************************ | ************************************ |
| 16 ASSORTED POPTARTS SHORTBREAD COOKIES FRUIT OR JUICE ************************************ | 17 PANCAKE ON A STICK HARD BOILED EGG FRUIT OR JUICE ************************************ | 18 COOKS CHOICE BERRY LEMON CRISPS FRUIT OR JUICE ************************************ | 19 FALL BREAK | |
| 23 | 24 | 25 | 26 | 27 |
| BENEFIT BAR | CINNAMON BAGEL BITE | BREAKFAST SANDWICH | MINI WAFFLES | ASSORTED CEREAL |
| GOLDFISH CRACKERS | MINI BENEFIT BAR | ASSORTED SUN CHIPS | CHEEZIT CRACKERS | YOGURT CUP |
| FRUIT OR JUICE | FRUIT OR JUICE | FRUIT OR JUICE | FRUIT OR JUICE | FRUIT OR JUICE |
| ************************************ | ************************************ | ************************************ | ************************************ | ************************************ |
| 30 RICE KRISPIE BAR ASSORTED CRACKERS FRUIT OR VEGETABLE ************************************ | 31 APPLE DONUT RING BERRY GOGURT FRUIT OR JUICE COOKS CHOICE ASSORTED TREAT FRUIT AND VEGETABLE | 1 BREAKFAST PIZZA GRANOLA BAR FRUIT OR JUICE ************************************ | 2 UNCRUSTABLE ASSORTED MUFFINS FRUIT OR JUICE ************************************ | 3 ASSORTED CEREAL YOGURT CUP FRUIT OR JUICE ************************************ |

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