Amite County High School

March 2023 Lunch Menu

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| Monday | Tuesday | Wednesday | Thursday | Friday |
|  |  | Mar - 1  Chicken Fajita Wrap  Fiesta Rice 9-12  Mexicali Corn  Steamed Carrots  Sour Cream 1  Fruit  Fruit Juice  Milk | Mar - 2  Chili Cheese Fries  Green Beans  Saltine Crackers  Fish Shape Crackers  Southern Mud  Ketchup 2  Fruit Juice 7-12  Fruit  Milk | Mar - 3  Ham & Cheese on Hoagie  Fries  Baked Beans  Mayonnaise 1  Mustard 1  Ketchup 2  Fruit Juice  Fruit  Milk |
| Mar - 6  Boneless Buffalo Hot Wings  Roll  Mashed Potatoes /Cheese  Cheesy Broccoli  Fruit Juice  Fruit  Milk | Mar - 7  Cheeseburger  Sweet Potato Fries  Mixed Vegetables  Mayonnaise 1  Mustard 1  Ketchup 3  Brownies  Fruit Juice 7-12  Fruit  Milk | Mar - 8  Hamburger Steak /Gravy  Rice  Roll  Steamed Carrots  Black-Eyed Peas  Pudding  Fruit Juice  Fruit  Milk | Mar - 9  Chicken Sandwich  Fries  California Veggies  Ketchup 3  Mayonnaise 1  Mustard 1  Fruit Juice  Fruit  Milk | Mar - 10  Beefy Nachos  Corn  Salsa  Sour Cream 1  Taco Sauce 2  Cookies  Fruit Juice 7-12  Fruit  Milk |
| Mar – 13 School Holiday Mar – 14 School Holiday Mar – 15 School Holiday Mar – 16 School Holiday Mar – 17 School Holiday  Spring Break | | | | |
| Mar - 20  Chicken Tenders  Mashed Potatoes / Gravy  Lemon Glazed Carrots  Roll  Fruit Juice  Fruit  Milk | Mar - 21  Chili Cheese Fries  Green Beans  Saltine Crackers  Cookie  Ketchup 1  Fruit Juice 7-12  Fruit  Milk | Mar - 22  Macaroni & Cheese / Ham  Roll  Steamed Carrots  Collard Greens  Pudding  Fruit Juice  Fruit  Milk | Mar - 23  Beefy Nachos  Mexicali Corn  Salsa  Sour Cream 1  Taco Sauce 2  Snack Cookies  Fruit Juice 7-12  Fruit  Milk | Mar - 24  Bacon Cheeseburger  Sweet Potato Fries  Baked Beans  Mayonnaise 1  Mustard 1  Ketchup 3  Fruit Juice  Fruit  Milk |
| Mar - 27  Scrambled Eggs  Sausage Patty Hot Grits  Toast  Hashbrown  Vegetable Juice  Ketchup 1  Jelly  Fruit Juice  Fruit  Milk | Mar - 28  Double Meat Cheeseburger  Fries  Lima Beans  Ketchup 3  Mayonnaise 1  Mustard 1  Fruit Juice 7-12  Fruit  Milk | Mar - 29  Hamburger Steak /Gravy  Mashed Potatoes  Cornbread  Mustard Greens  Italian Sliced Carrots 9-12  Pudding  Fruit Juice  Fruit  Milk | Mar - 30  Pizza  Tater Tots  California Veggies 9-12  Green Beans  Ketchup 2  Fruit Juice 7-12  Fruit  Milk | Mar - 31  Beefy Nachos  Corn  Salsa  Sour Cream 1  Taco Sauce 2  Cookies  Fruit Juice  Fruit  Milk |

\*Milk served daily: fat-free Chocolate and low-fat white milk. \*

\*\*Menu subject to change due to unforeseen circumstances. \*\*

\*\*\*This institution is an equal Opportunity Provider\*\*\*

\*\*\*Students are encouraged to select five components: fruit, vegetable, grain, meat/meat alternative and milk. However, students are only required to select three components with one being a fruit or vegetable. \*\*\*